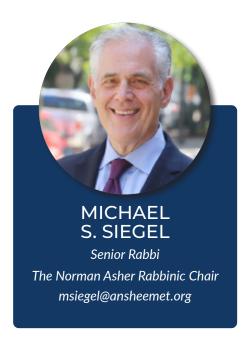
# AES BULLETIN

SEPTEMBER • OCTOBER • 2025



YOUR CENTER FOR JEWISH LIFE

### YOUR CENTER FOR JEWISH LIFE



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Rabbi Michael S. Siegel, Senior Rabbi Cantor Rachel Brook. Senior Cantor Rabbi D'ror Chankin-Gould, Rabbi Rabbi Benjy Forester, Rabbi Cantor Josh Rosenberg, Hazzan Sheini Hazzan Alberto Mizrahi, Hazzan Emeritus

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## **FOCUSING ON THE JOY AND** NOT THE OY OF JEWISH LIFE IN THE YEAR AHEAD:

## A HIGH HOLY DAYS MESSAGE FOR 5786

I have memories of sitting in High Holy Days services as a young person and trying to imagine what the world would look like the next time we gathered for the New

- What would I experience in the year ahead?
- What world events would take place that would be an utter surprise?
- Who would live and who would not?

Some years, some of my guesses were accurate and other years, less so. However, the things that have transpired since we gathered a year ago on the Yamim Noraim truly strain the imagination, much of which many of us in the Jewish community can summarize in a two letter Yiddish word: OY!

While the world around us feels so fluid and volatile, there are certain constants which are unchanging. One of those is the sound of the Shofar. The Torah refers to the holiday as Yom Trugh, the day of sounding the horn. That would make the auditory experience, the act of hearing the call of the Shofar, one of the few traditions and ancient rituals we share with our ancestors in a very similar form. I believe that the different sounds of the Shofar, which begin on Rosh Hashanah and end the final service of Yom Kippur, offer Jews a way to move from Ov to Jov! What is also clear is the seminal role our synagogue plays in all of this.

Tekiah is a long note which has been understood as a call to gather and reflect on who we are and what we represent to the world. Tekiah is a note associated with a coronation of G-d as King of the Universe. Understood more fully, we Jews are the witnesses to a great tradition, important wisdom and a remarkable way of life. The first note summons us to see ourselves not as others portray us, but by the standards we hold ourselves to as a community. At a time which feels so hostile to Jews, Anshe Emet is a place where we can come together and engage in the profound meaning of Jewish community and connection.

Shvarim, offering the three broken notes, points us toward the introspection necessary to repair that which is presently broken. It represents a call to action. It is our tradition that calls on us to look honestly and openly at what we have done right and what we have done wrong. However, the purpose of the exercise is to go beyond self-recrimination and act in ways that can change the trajectory of our lives and our communities through the healing work that comes through Teshuvah.

Our congregation not only offers the spiritual pathways through prayer and study, but also the place to address the differences within the Jewish community and find a place for respectful dialogue.

T'rugh is made up of nine staccato blasts which are understood as the sound of a cry or awakening. It is vital that we reflect on the events that have transpired over the past year with clear eved honesty, whether the rise of anti-Semitism and its connection to anti-Zionism, the upheaval in American society, the vitriol on social media, or the divisions in the Jewish community. While there is plenty of Oy to go around, it is not enough to identify problems. One of the most important lessons that our High Holy Days liturgy teaches is that human beings have agency and have the power to change their circumstances. All of these are vital issues that must be addressed by the Jews as a community and as Americans. In the coming year, Anshe Emet will continue to be a place where important issues are discussed with some of the most thoughtful leaders, and different viewpoints can be heard.

The transition from Oy to Joy comes in the form of the Tekiah Gedolah: the great Shofar blast. The sound is likened to shofrot of Sinai and the call of the Messianic era. In other words, the Tekiah Gedolah is a call of hope that comes every year despite our circumstances. As Jews have discovered in every age, the answers that we seek are as much within us as they are without. The basic aspects of Jewish life, Shabbat, study, holiday observance, and prayer, are the places where we find the joy of a fulfilled Jewish life emanates.

On the High Holy Days, I will again try and imagine what the world will look like a year from now, knowing that it is unpredictable. I also know that Jewish community matters and that, together, we have the ability to face the challenges ahead and build a better future. As we transition from 5785 to 5786, let us go forward and discover the joys in the midst of the oys.

Janet joins me, along with the entire Anshe Emet Clergy and Staff, in wishing you a Shana Tova U'Metukah: a happy and sweet New Year.



**Development Specialist** 

### ANSHEEMET.ORG

## HIGH HOLY DAY MESSAGE FROM OUR PRESIDENT **5786: A YEAR OF RENEWAL** AND GRATITUDE

As we enter this season of reflection, gratitude, and hope, I find myself especially moved by the transformation taking place within our Anshe Emet community-not only in spirit, but quite literally within the walls of our sacred home.

This past year, we have seen our campus come to life in new and exciting ways. Our physical spaces are evolving to better meet the needs of our growing and vibrant community. From classrooms to common spaces, every corner of our building is being thoughtfully reimagined-not simply for aesthetics, but to foster deeper connection, learning, and prayer.

None of this would be possible without the visionary leadership and tireless dedication of many. I want to express deep gratitude to Howard Tullman, Seymour Turner, Ruth Rau, and Lauren Coburn Levitt, who have each played a critical role in helping guide this work. Most especially, we are indebted to Rabbi Michael Siegel, whose passion for our congregation and whose leadership in this campaign has been nothing short of extraordinary.

To all those who have given generouslywhether through time, wisdom, or financial support-thank you. Your investment ensures that Anshe Emet remains not only a beacon of Jewish life today, but for generations to come.

As we look ahead to 5786, we are filled with anticipation for the next phase of our Kadima! campaign. More exciting projects lie ahead and opportunities to fortify our special home-each one designed to strengthen the core of who we are as a community.

I would also like to extend my deepest thanks to Dani Lazar for her incredible leadership and friendship, and to give thanks to David Medow for his wonderful partnership as our new Executive Vice President.

May this be a year of continued blessings, of peace, of health, and of meaningful connection. On behalf of the Board of Trustees, I wish you and your loved ones a Gut Yontif and Gut Yor, and a Shanah Tovah U'Metukah-a sweet, healthy, and fulfilling New Year.

With gratitude,

Dan Delary Fenerik



### BOARD **OFFICERS** & TRUSTEES

Sam Schwartz-Fenwick. President David Medow, Executive Vice President Deborah Brown, Vice President Marc Gould, Vice President Evan Schaffer, Vice President Mimi Wallk. Vice President Emily Pevnick, Secretary Lynne Schatz, Treasurer

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Immediate Past President Dani Lazar

## **PROGRAMS** AT AES



## **WEEKLY OFFERINGS**

### HAZAK: SENIOR LEARNING

Mondays Lunch 12:30PM (CDT) Class 1PM (CDT)

Bring a friend in person or feel free to join us online in your time zone, coast-to-coast. HaZaK is taught by Rabbi Benjy Forester.

#### CANASTA

Wednesdays Beginning September 10 · 6:30PM

Learn to play canasta in our Introduction to Canasta class with teacher Andrea Hirschfeld. Then practice your new skills during our canasta playing hours.

Introduction to Canasta: Sundays at 9AM October 19, 26, November 2, 9

Canasta Playing: Sundays at 9AM and Wednesdays at 6:30PM October 22, 29, November 5, 9, 12, 19, December 3, 10, 14, 17



## **BLOOD DRIVE** WITH VITALANT & MAGEN DAVID ADOM

Sunday, September 7 8:30AM - 2:30PM

Benefiting the people of Chicago today and ensuring blood for Israel tomorrow.

How you can help Israelis today if they need blood tomorrow? For now, Israel has enough blood to meet existing needs. But that could change instantly in the case of continued war, natural disaster, or other unforeseen emergencies. When you donate blood, you help ensure Blood Centers of America is ready to provide blood to Magen David Adom, Israel's emergency services system, whenever it might be needed. Help your local community while providing Israel with an insurance policy, too. If you are able, please consider donating blood at our upcoming drive.

**SCAN HERE** TO SCHEDULE





**ANNUAL ANSHE EMET COMMUNITY BBO** 

Sunday, September 7 · 12PM

Join us for Anshe Emet's Annual Summer BBQ!

Come celebrate a fabulous Summer and great year ahead at Anshe Emet's Annual Community BBQ. Welcome new members and enjoy the company of old friends. Savor the tastes and smells of great food under the late summer sun.

## ANSHEEMET.ORG/EVENTS



## **NEW MEMBER** DINNER



Monday, October 13 · 5:30PM

Join us for an opportunity to meet other members new to the Anshe Emet Community as well as Anshe Emet Clergy and Staff.

There is no cost for new members, but please be sure to RSVP!



### TALMUD TUESDAYS WITH

RABBI BENJY



Begins Tuesday, October 21 · 7:30PM

Calling all Talmud-lovers and Talmud-curious individuals! The Talmud is an incredible corpus of rabbinic thought, filled with laws, stories, and disagreements on every page. Join us for this Beit Midrash style class as we study Talmud throughout the year, sharpening our understanding of both its content and structure. Learners of all levels welcome. Dates include: Tuesdays, October 21, November 4, 18, December 2, January 13, 27, May 5, 19, June 2, 16.



## SOMETHING **FOR US**



Friday, October 24 · 7:15PM

Join our Shabbat service led by AES clergy, followed by a dinner for the Something For Us (55+) group.





**TESHUVA THROUGH ART:** A JEWISH SPIRITUAL JOURNEY OF REFLECTION AND RENEWAL WITH

**CANTOR BROOK** & RENA GROSSER

Thursday, September 18

As the High Holy Days approach, we are called into a sacred season of introspection, renewal, and transformation. Teshuva Through Art invites participants into a unique spiritual experience that blends Jewish tradition with the power of creative

Rooted in the themes of Rosh Hashanah and Yom Kippur-remembrance, accountability, forgiveness, and return-this immersive workshop series offers a space to explore the inner landscape of the soul through guided art-making, text study, and reflective practice. In person only.



### **ELUL LEARNING AT AES**

#### **ELUL KOHELET CLASS** WITH JACOB CYTRYN

Saturdays, Sept. 6, 20 27, & Oct. 4 · 1PM

Study together one of the core texts of Sukkot and the entire High Holy Day cycle, Megillat Kohelet (Ecclesiastes). Tackling three chapters each week on Shabbat after kiddush lunch, we'll engage with the original text in Hebrew and translation, informed by the contributions of academic Bible scholarship and contemporary religious and spiritual commentaries. All learners are welcome. In person only.



between Rabbi Jeffrey Salkin and Rabbi Michael Siegel. The first session will focus on Jewish Prayer and the second on the High Holy Day Machzor. Virtual only.

Join us online for a two-part Elul conversation

**ELUL LEARNING WITH** 

RABBI JEFFREY SALKIN

Tuesdays, September 2 & 16 · 7PM

## **AES MUSIC CENTER**



#### **RACHEL BROOK**

Senior Cantor The Arnold H. Kaplan, M.D. Cantorial Chair rbrook@ansheemet.org



#### **AES JAM BAND:** THE FRIDAY NITE LIGHTS LED BY JEREMY BERKUN

Are you an instrumentalist looking for a fun place to play music with others? Join the AES Jam Band on Sundays from 12:30PM-2PM starting September 14 as Jeremy Berkun leads us in Jewish music both new and old. Previous music experience required (able to read music/chords and minimum 3 years of proficiency on your instrument). This group is open to participants ages 13+.

Please reach out to Aviva Lupovitch at alupovitch@ansheemet.org if interested.

#### **ELUL SONG SESSION:** SINGING UNDER THE STARS WITH CANTORS **BROOK & ROSENBERG**

Thursday, September 4 · 7PM

Renew your spirit and prepare for the High Holy Days through song with our Cantors. Bring your voices and join us outside as we open our hearts during the month of Elul.



INTRODUCING JEREMY BERKUN **OUR SHABBAT** HANOAR MUSICIAN AND JAM BAND LEADER!

Jeremy Berkun is a senior at Northwestern University, where he is studying Music with a minor in Jewish Studies. Originally from Aventura, Florida, Jeremy has been deeply involved in Jewish life and musical leadership throughout high school and college. He currently serves as the Vice President of Northwestern Hillel and is an active member of several campus music ensembles. With a passion for Jewish music and building community through song, Jeremy is thrilled to bring his energy and experience to Anshe Emet both in services and with the synagogue's Jam Band!

### **AES ENSEMBLES**

#### K-4TH GRADE YOUTH **CHOIR** LED BY CANTOR

**ROSENBERG** 



Anyone who loves to sing in Kindergarten through 4th grade is invited to join for rehearsals on Sundays, 12:15PM-1PM, when religious school is in session. We'll lead musical moments throughout the year for the Anshe Emet community, including on Erev Rosh Hashanah, Neilah, Friday evening Shabbat services, and more! Older kids in the group will have solo and small group opportunities as well.

#### **KOL HANOAR: 5TH-8TH GRADE CHOIR** LED BY



**CANTOR RACHEL BROOK** 

Inviting all aspiring choir members to join Cantor Brook for rehearsals this fall, in preparation to perform in our annual Kaplan Concert on Sunday, December 7. We will be holding rehearsals once a week in the month leading up to the Kaplan concert.

#### **SHIREINU: ANSHE EMET'S VOLUNTEER CHOIR** LED BY TORY MAY

If you love to express yourself through music and you love to sing, then Shireinu is for you! Rehearsals are on Thursdays from 6-7PM starting September 4. Please contact Tory May at vmay@ansheemet.org.

#### HANNUKAT HASUKKAH OCTOBER 6TH: SONG SESSION WITH JOEY BECKER AND EMMA JACOBSON

Join us at Anshe Emet as we inaugurate the new Karole Frank Sukkah Garden and bring in Sukkot together with a special song session lead by Joey Becker and Emma Jacobson.

## YAD AT AES / RITUAL

YOUNG ADULT DIVISION IS FOR MEMBERS AGES 22-36 YEARS OLD.



SARA VENTURA Young Adult & **Development Specialist** sventura@ansheemet.org



## YAD CHALLAH BACK: A RETRO SHABBAT REWIND



Friday, September 5 · 6PM

From tie-dve challah and a mac and cheese bar to classic toys, ice cream sundaes, and root beer floats, we'll celebrate the joy of simpler times. Together, we'll look back on the moments that shaped us and look ahead to the future with intention and connection. Join us for community services starting at 6PM and dinner at 7PM. \$15 Anshe Emet Members / \$20 Anshe Emet Non-Members.

## YAD SHABBAT **SHAKSHUKA** IN THE SUKKAH



Friday, October 10 · 6PM

Join us for our Sukkot YAD Shabbat! We will be joining the Anshe Emet community Friday Night services at 6PM, and then having a YAD Shabbat dinner at 7:15PM in the Sukkah! We will be enjoying two different types of Shakshuka and a make your own Gin and Tonic bar (alcoholic & non-alcoholic options available). \$20 Anshe Emet Members / \$25 Anshe Emet Non-Members.

## YAD PICKLEBALL: **WEDNESDAYS**



Pickleball is the fastest growing sport in the United States, and YAD is proudly contributing to this growth! Our fall season starts Wednesday, October 29 and goes through to Wednesday, December 10. This is a great way to make friends and practice your Pickleball skills! We have two leagues each Wednesday, a 6:30PM league for beginners and 7:30PM league for intermediate/advanced players. Scan the code above to join!

## YAD **BASKETBALL: THURSDAYS**



Interested in YAD Basketball? Join us every Thursday for the right amount of friendly pick-up basketball competition. Learn more and sign up by joining the Facebook group. Scan the code above to join!





LULAV & ETROG SET ORDERS: As in previous years, we have partnered with a supplier to provide high-quality Lulav and Etrog sets. Please

scan the code below to purchase your set. The last day to order is Tuesday, Sept. 15.



IN-PERSON MORNING MINYAN: We are happy to announce that, beginning this fall, morning Minyan will be in-person (hybrid) on the following days:

- Sundays 8:30AM (virtual only)
- Mondays 7AM-8AM followed by a 20-minute "Mishna Mondays" class led by Rabbi Benjy (hybrid)
- Thursdays 7AM-8AM (hybrid)
- Fridays 7AM-8AM (hybrid)

This is a great way to start your day, and we always have some muffins and coffee for you to enjoy! Please consider joining us.

SHABBAT MORNING TORAH READING: We are always looking for Torah readers for Shabbat morning in the sanctuary! If you are interested in reading, please scan the QR code and add your name by the date and Alivah that work for you. Then email me to let me know you signed up.

> SCAN TO HELP **READ TORAH**



## RELIGIOUS SCHOOL / TEENS



## **TACOS** & TEACHERS



Tuesday, September 4 · 5:30PM

Join us at Anshe Emet for dinner with the Religious School community. Meet your teachers for the upcoming school year and see friends old and new!

### FIRST DAY OF RELIGIOUS SCHOOL

Sunday, September 7

We accept students at any time of year! Interested in enrolling? Email Mardi Caminer at mcaminer@ansheemet.org

## 8TH GRADE LAKEVIEW **SERIES**



This year we are offering two 8th grade series throughout the 2025-26 school year. We are partnering with Temple Sholom for both of our series. All Jewish 8th graders are invited to join for one or both unique 4-week series.

We will learn about the different denominations of Judaism and about Israel. The sessions occur on four consecutive Sundays lasting from 9:30AM-11AM. During the first series, the group will be travel to Temple Sholom, Anshe Emet and Anshe Sholom to learn about Reform, Conservative and Orthodox Judaism. For our second series. we are partnering with the iCenter to build our understanding of Israel. Please note, if you would like to register multiple teens, you will need to submit the form multiple times.

Series 1 Dates | 9:30-11AM: October 26, November 2. November 9. & November 16

Series 2 Dates | 9:30-11AM: January 11, January 25, February 1, & February 8

### IT'S NEVER TOO LATE TO JOIN BBYO!

### **BBYO** Info Session



Tuesday, September 16

#### Highlights from this year:

- 21 Madrichim in the Religious School
- Over 30 teens engaged with our Am Yisrael High learning opportunity for high schoolers
- 56 AES teens are members of BBYO
- · Over 25 teens joined for our Purim Undernighter
- 2 Tikkun Olam Opportunities
- 3 events with teens from **Bright Star Church**





## AM YISRAFI HIGH



Am Yisrael High is a module-based learning experience for 9th-12th graders that will cover topics such as Israel, religion and science, and entrepreneurship. There are also two around the world learning sessions offered throughout the year. Each lesson will run from 11:30AM to 12:30PM on certain Sundays. Please see below to save the dates!

#### Module 1:

The State of the Jewish State: Being a Teen Zionist Today | October 26; November 2, 9

Around the World 1 | January 11

#### Module 2:

Religion and Science: The Best of Frenemies | January 25; February 1, 8

Around the World 2 | March 15

#### Module 3:

Shark Gefilte Fish Tank: Teen Jewish Entrepreneurs! | April 19, 26; May 3

### SNACKS UNDER THE SUKKAH



#### Sunday, October 5 · 2:30PM

Join us for a meaningful and fun Sukkot outing! We'll visit the SelfHelp Home to learn about their history, write Sukkot cards to the residents, then spend time chatting and having snacks with the residents under the sukkah. It's a great chance to bring joy to others, celebrate the holiday, and connect across generations.

## **YOUTH & YOUNG FAMILIES**



## YOUNG FAMILY **SHABBAT** IN THE SUKKAH



Friday, October 10 · 4:45PM

Come celebrate Shabbat Sukkot outside in the Anshe Emet sukkah! We'll sing, dance, pray, and leishev basukkah (dwell in the Sukkah) with a family-friendly dinner.

See the schedule below:

4:45PM: Snacks

5PM: Young Family Service 5:30PM: Dinner in the Sukkah



### DAY OFF **PROGRAM**

Throughout the 2025-2026 school year, Anshe Emet will be hosting three fun-filled programs on days when CPS is closed for children in Kindergarten through 4th grade. We will be crafting, playing outside and more! Breakfast, lunch, and snacks will be provided. These programs are from 9AM to 5PM. There is an option for members to drop their children off at 8:30AM at an additional cost. Our first program is Monday, October 27, 2025.



NOAH'S ARK ANIMAL **SHOW** 



Sunday, October 26 · 12PM

Join us for a wild and wonderful animal adventure! After reading Parashat Noach about Noah's Ark, join us to see some of these amazing animals with your own eyes. Children in Junior Kindergarten through 3rd grade are invited for a dairy lunch and an exotic animal show. Religious School students will be taken directly from class to the program.



Looking for a way to meet other families with babies under 1 year old? Join us Friday mornings from 9:30AM-11AM at Anshe Emet! In partnership with JBaby, we bring in experts in the field to sing, stretch, engage in sensory play and more! Classes occur August-May and fill up fast! \$12 a class per family - thanks to a generous JBaby grant!



#### **Brand New Program!**



TINY TASTES OF TRADITION



Sundays • 9:30AM-10:30AM

Jewish Cooking for Littles! Join chef Micah Siva to dive into cooking with your little one (2-4 years old). Micah Siva is a chef, recipe developer, dietician and author of Nosh with Micah. This class will be full of sensory play and incorporate Jewish traditional foods. Sign up for one, two or all three sessions! Spots are limited. October 26, November 9, December 14.



Cohort 44

Cohort 44



CONNECTING THE EXPECTING

Are you expecting your first child this upcoming year? Anshe Emet's and JBaby's Connecting the Expecting program brings you a community of other new parents to engage with as you start your family. Open to expectant single moms and couples (LGBTQ couples welcome) who are expecting the birth or adoption of their first baby, in which at least one member of the couple is Jewish. Cohort 44 starts October 21 and is for families expecting in December, January and February!

## **AES AFFINITY GROUPS**





CJE'S MY GO-TO PLACE: ASK AN **FXPFRT: OPFN ENROLLMENT** 

Tuesday, September 16 · 1PM

Are you ready for Medicare Open Enrollment? Join CJE SeniorLife for a primer on Medicare with Esther Craven, Certified Senior Health Insurance Program Counselor. Esther will give a timely presentation on Medicare basics with tips on navigating Medicare's Annual Open Enrollment: October 15-December 7. This is an in person only event.



### JCC COMMUNITY DAYS

Wednesday, October 22 · 12PM

JCC Chicago and CJE Senior Life present Community Days: Programs offering enrichment for mind, body and spirit. Support for this program has been graciously provided by The Albert and Lucille Delighter and Marcella Winston Foundation, a Supporting Foundation of the Jewish Federation of Metropolitan Chicago.



AES SISTERHOOD WISHES OUR 140+ MEMBERS AND THE ENTIRE COMMUNITY A **MEANINGFUL 5786!** 

#### HIGH SCHOOL GRAD CONNECTION FOR HANUKKAH IS BACK!

High School Grad Connection aims to keep AES young adults connected to Anshe Emet. The AES Sisterhood, in collaboration with AES, will send gifts this fall to celebrate Hanukkah. Our young adults, who have completed high school up to age 23, are eligible to receive a package. There is no charge for this treat. Please help us connect with your high school grads!

To participate, send an email to Marla Gordon at marlasg@aol.com no later than Friday November 14 and provide: Your name / Recipient's name / Recipient's address

#### **UPCOMING EVENTS**

Our Annual Meeting in the Sukkah will take place on Sunday, October 12, 2025, at 6PM. Note the later time because of the Chicago Marathon. Join us for conversation, entertainment and enjoy a delicious meal, too. This event is free to members and \$36.00 for non-members.

#### ONGOING PROGRAMS

We continue our monthly Pickleball Game on Wednesday evenings with Men's Club. Members play for free and all equipment is provided by AES.

Our Sisterhood Book Group is getting ready for its fall session. The first title will be Orbital by Samatha Harvey on Thursday, September 4th in person at AES. If you are interested, please contact Judy Metzger at hgmet1@ aol.com. Please note. AES Sisterhood Book Group decided unanimously to NOT read any book by an author, translator or illustrator who has signed the letter requesting the boycott of Israel and Israeli authors.

#### ARE PLANNING ADDITIONAL ENGAGING PROGRAMS. SO, BE SURE TO CHECK FUTURE AES COMMUNICATIONS

Sisterhood is an affiliate of Women's League for Conservative Judaism-website wlcj.org. Women's League offers a wide range of online educational programs, including Zoom conversations with Masorti congregations in Israel. Your membership automatically provides access to this impressive resource.

Marcie Marcovitz President

**Deborah Gubin** Vice-President



TO LEARN MORE CHECK THE **AES WEBSITE AND YOUR** WEEKLY MONDAY THIS WEEK @ ANSHE EMAILS

#### PICKLEBALL\_

Wednesdays, September 3 & October 22 • 6PM-8:30PM

Men's Club has open pickleball for Men's Club and Sisterhood members in the synagogue gym - usually each month on the first Wednesday (note October exception). Experienced players and beginners are welcome. We provide the equipment, so you just come ready to play. For more information, contact Barry Balik at bmbguy03@ vahoo.com. No charge.

#### **HEARING MEN'S VOICES (HMV)**

Wednesday, September 10 • 7PM

Join us for a brief presentation and discussion about Fostering Healthy Relationships in the Jewish Community. We will discuss the ways in which men can promote safety by intervening when interactions between men embrace negative stereotypes or become denigrating and harmful to others. This program will be facilitated by Jeff Blumenfeld, volunteer for SHALVA who has worked in social services for over 25 years as an educator, therapist. and program director for JCFS Chicago. If you have any questions, or would like to propose a future topic, please contact Jay Lewkowitz at jaylewkowitz@gmail.com.

#### **AUTUMN NATURE WALK BY THE LAKE**

Sunday, September 14 • 10AM-12PM

SOCIALIZE • EXERCISE • REVITALIZE. Come along with us for an exceptional outdoor experience at the Lake. We'll meet at Anshe Emet and proceed to the Clock Tower and hike to the Bird Sanctuary at Montrose Harbor. The distance is approximately 1.5 miles each way. Bring a lunch and schmooze after our walk. There is no cost, but please register so we can plan accordingly. Questions? Contact Jay Lewkowitz at jaylewkowitz@gmail.com.

#### STEAK & SHOTS IN THE SUKKAH

Thusday, October 9 • 6:30PM

Join us for great food, masterfully prepared by resident grillmaster, Gil Matar. The event also includes expert presentation and tasting of fine whiskeys. This year we are honoring Rabbi Michael & Janet Siegel. For more information, contact Larry Kosova at Ikosova@yahoo.com.

Kol Tuv.

Barry Seeskin

President, Anshe Emet Men's Club

## **HIGH HOLY DAYS** AT AES



#### WELCOME TO THE HIGH HOLY DAYS AT ANSHE EMET SYNAGOGUE.

We look forward to seeing you in the synagogue this year as we come together as one community for meaningful, spiritual, and uplifting worship services. Please remember, our Anshe Emet clergy and staff are here to serve you, so be sure to check our website, give us a call, or drop by our offices for more information or help with any of your questions.

We can't wait to see you during the Chagim!

## **WELCOME CENTER** AT AFS

Our ANSHE EMET WELCOME CENTER. located via the Broadway Street entrance, will once again be open for ALL guests to enter through, other than those with tickets in hand for the Main Sanctuary and Balcony. Guests who have received their Sanctuary and Balcony tickets in the mail, and do not need to pick their tickets up at Will Call, or checkin for Youth Programming, are still invited to enter through the Pine Grove St. entrance.

YOUTH PROGRAMMING AND CHILDCARE REGISTRATION and check-in will also take place at the ANSHE EMET WELCOME CENTER located at the Broadway Street entrance.

Learn more online!

ANSHEEMET.ORG/HHD



## YOM KIPPUR STUDY BREAK WITH YOSSI KLEIN HALEVI

Thursday, October 2 · 2:30PM

See our recorded interview between Rabbi Michael Siegel and Yossi Klein Halevi during the 2:30PM break on Yom Kippur. This special event will also be livestreamed.

In-Person in the Blum Community Hall and livestreamed online.



## **Anshe Emet Ushers**

It takes a dedicated team to create the meaningful, organized, and inclusive environment we cherish at

Anshe Emet during the High Holy Days. By volunteering as an usher, you'll help fulfill the mitzvah of hachnasat orchim—welcoming others into our sacred space. Now is the time to step up and serve! Sign up for one or more ushering shifts and be a part of what makes our community so special. Questions? Reach out to Carol Karlinsky at ckarlinsky@ansheemet.org or call 773.868.5126.

WE'RE SO GRATEFUL FOR YOUR SUPPORT-AND WE CAN'T DO IT WITHOUT YOU!

## GENERAL INFORMATION

This year, Anshe Emet will hold in person services in the following spaces: Main Sanctuary, Blum Community Hall, 4th Floor Bernard Zell Gym (for Minyan T'Ruah services), and Malkov Chapel (for Minyan Rimon). Descriptions of services can be found on the worship service schedules listed on pages 11 through 12 of this bulletin. The Main Sanctuary will also be available for viewing via livestream with closed captioning on the AFS website

## **INCLUSIVE ACCOMMODATIONS**

Anshe Emet is committed to offering inclusive accommodations to all members of its congregation. The Kehilla Kedosha Committee (Inclusion Committee) is proud to offer the following accommodations for congregants during the High Holy Days:

- A quiet room
- Preferred accessible seating available in most services
- Assistive listening devices in the Main Sanctuary
- ASL Interpreter in Blum Social Hall
- Large print mahzorim
- Printed copies of sermons available at the concierge desk
- Livestream with captioning during the Main Sanctuary services
- Fidgets at every point of entry

We kindly request you refrain from wearing strong fragrances as some community members have allergies.

## Parking at AES

The Anshe Emet parking lot is reserved for people who display a valid handicap placard from the State of Illinois. We suggest using public transportation, or other ridesharing services.



## **HIGH HOLY DAYS** AT AES

## Sanctuary and Balcony Services

All Sanctuary services will be livestreamed and live captioned.

#### **EREV ROSH HASHANAH • Monday, September 22**

7PM - Ma'ariv (Open Seating)

#### ROSH HASHANAH DAY 1 • Tuesday, September 23

8:30AM - Shacharit (Open Seating)

9:45AM - Torah Service (assigned seating resumes) followed by Sermon at ~11:15AM

5PM - Community Tashlich with Mincha & Ma'ariv (at the Waveland Clocktower)

#### ROSH HASHANAH DAY 2 · Wednesday, September 24

8:30AM - Shacharit (Open Seating)

9:45AM - Torah Service (Open Seating) followed by Sermon at ~11:15AM

#### **KOL NIDRE • Wednesday, October 1**

5:30PM - Doors open

5:45PM - Kol Nidre Service

(assigned seating; candle lighting 6:14PM)

#### YOM KIPPUR • THURSDAY, OCTOBER 2

8:30AM - Shacharit (Open Seating)

10AM - Torah Service (assigned seating resumes) followed by Sermon at ~11:30AM

1:30PM - Yizkor

2:45PM - Recorded Conversation with Yossi Klein Halevi in Blum Community Hall (also available online)

4PM - Mincha (Open Seating)

5:40PM - Neilah (Open Seating)

7:10PM - Shofar

## **Blum Community Hall Services**

Blum Services will include an ASL interpreter.

#### **EREV ROSH HASHANAH • Monday, September 22**

There are no Erev services in Blum.

There is open seating in the Sanctuary and Balcony.

7PM - Ma'ariv (Sanctuary; open seating)

#### **ROSH HASHANAH DAY 1 • Tuesday, September 23**

8:30AM - Shacharit (Sanctuary; open seating)

9:45AM - Torah Service followed by Sermon at ~11:15AM (Blum)

5PM - Community Tashlich with Mincha & Ma'ariv (at the Waveland Clocktower)

#### ROSH HASHANAH DAY 2 · Wednesday, September 24

There are no 2nd day services in Blum.

There is open seating in the Sanctuary and Balcony.

8:30AM - Shacharit (Sanctuary; open seating)

9:45AM - Torah Service followed by Sermon at ~11:15AM (Sanctuary; open seating)

#### **KOL NIDRE • Wednesday, October 1**

5:30PM - Doors open

6PM - Kol Nidre Service (candle lighting 6:14PM)

#### YOM KIPPUR • Thursday, October 2

8:30AM - Shacharit (Sanctuary; open seating)

10AM - Torah Service followed by Sermon at ~11:30AM (Blum)

1:30PM - Yizkor (Blum)

2:45PM - Recorded Conversation with Yossi Klein Halevi in Blum Community Hall (also available online)

4PM - Mincha (Sanctuary; open seating)

5:40PM - Neilah (Sanctuary; open seating)

7:10PM - Shofar

## Family Services

Young Family services are held in the Blum Social Hall except where otherwise indicated.

#### ROSH HASHANAH DAY 1 • Tuesday, September 23

8:45AM - Young Family Service (for families w/children 5 and under)

5PM - Community Tashlich with Mincha & Ma'ariv (at the Waveland Clocktower)



## Minyan T'Ruah Services

Minyan T'Ruah services are held in the 4th Floor Gym except where otherwise indicated. Combined Services may differ in style.

#### **EREV ROSH HASHANAH • Monday, September 22**

7PM - Ma'ariv (Malkov Chapel; combined w/Minyan Rimon)

#### ROSH HASHANAH DAY 1 • Tuesday, September 23

8:30AM - Shacharit

9:45AM - Torah Service

5PM - Community Tashlich with Mincha & Ma'ariv (at the Waveland Clocktower)

#### ROSH HASHANAH DAY 2 · Wednesday, September 24

8:30AM - Shacharit

9:45AM - Torah Service

#### **KOL NIDRE • Wednesday, October 1**

5:30PM - Doors Open

5:50PM - Mincha

6:15PM - Kol Nidre

#### YOM KIPPUR • Thursday, October 2

8:30AM Shacharit

- 10AM - Torah Service

11:15AM - Yizkor

2:45PM - Recorded Conversation with Yossi Klein Halevi in Blum Community Hall (also available online)

4:10PM - Mincha (4th Floor Gym; combined w/Minyan Rimon)

5:40PM - Neilah (4th Floor Gym; combined w/Minyan Rimon)

7:10PM - Shofar (4th Floor Gym; combined w/Minyan Rimon)

## Minyan Rimon Services

Minyan Rimon services are held in the Malkov Chapel except where otherwise indicated Combined Services may differ in style..

#### **EREV ROSH HASHANAH • Monday, September 22**

7PM - Ma'ariv (Malkov Chapel; combined w/Minyan T'ruah)

#### **ROSH HASHANAH DAY 1 • Tuesday, September 23**

8:30AM - Shacharit

9:45AM - Torah Service

5PM - Community Tashlich with Mincha & Ma'ariv (at the Waveland Clocktower)

#### ROSH HASHANAH DAY 2 · Wednesday, September 24

8:30AM - Shacharit

9:45AM - Torah Service

#### **KOL NIDRE • Wednesday, October 1**

5:30PM - Doors open

6:15PM - Kol Nidre

#### YOM KIPPUR • Thursday, October 2

8:30AM - Shacharit

10AM - Torah Service

11:15AM - Yizkor

2:45PM - Recorded Conversation with Yossi Klein Halevi in Blum Community Hall (also available online)

4:10PM - Mincha (4th Floor Gym; combined w/Minyan T'ruah)

5:40PM - Neilah (4th Floor Gym; combined w/Minyan T'ruah)

7:10PM - WW (4th Floor Gym; combined w/Minyan T'ruah)

#### ROSH HASHANAH DAY 2 · Wednesday, September 24

8:45AM - Young Family Service (for families w/children 5 and under)

#### YOM KIPPUR • Thursday, October 2

**8:45AM** - Young Family Service (for families w/children 5 and under) **6:15PM-7PM** - Family Neilah Service (ALL ages welcome)



## **HIGH HOLY DAYS** AT AES

## Youth HHD Programs & Services

#### **COMMUNITY BBO**

Sunday, September 7

All families are welcome to join us for the Community BBQ. We will have crafts for the kids to reflect and celebrate the month of Elul, leading up to our High Holy Days.

#### YOUNG FAMILY SERVICES

For Families with children 5 and under at 8:45AM in Blum Community Hall on Rosh Hashanah Day 1, Rosh Hashanah Day 2 & Yom Kippur.

#### **FAMILY SERVICES**

We will have family-friendly Tashlich at the Waveland Clocktower on Tuesday, September 23 at 5PM and a Family Neilah Service on Thursday, October 2 at 6:15PM.

On Rosh Hashanah Day 1, Rosh Hashanah Day 2 & Yom Kippur families are able to sign their children up for Youth Programming which includes services for children in 1st through 6th grade.

CHILDCARE AND YOUTH **PROGRAMS** ARE AVAILABLE TO ANSHE EMET MEMBERS ONLY AND FAMILIES MUST REGISTER IN ADVANCE.

Tuesday, September 23 & Wednesday, September 24: Rosh Hashanah and October 2: Yom Kippur

18 months through Kindergarten: Childcare classrooms will open at 9AM and close at 1:30PM. Guests to read stories, blow shofar and more will be visiting!

We are offering educational programs for 1st through 12th graders focused on High Holy Day learning and Reflection! Classrooms are open 9:30AM-1:30PM with programming occurring 10AM-1PM.

Lunch will be provided each day for children 18 months through 6th grade. 7th through 12th graders will have lunch on Rosh Hashanah Day 1 and Day 2.

#### FOR 8TH THROUGH 12TH GRADERS, WE ARE OFFERING:

Teen focused programs sprinkled throughout the morning:Guest speakers, study with Rabbi Benjy and more!

A Bagel Brunch will be provided on Rosh Hashanah Day 1 and Day 2.

MADRICHIM PLACEMENTS: Support the synagogue and work with youth programing. Options are available 9:30AM-1:30PM.

On Kol Nidre (October 1), we will have childcare available for children 18 months through 5th grade from 5:30PM-8:30PM



SIGN UP FOR **HHD YOUTH** PROGRAMMING



SIGN UP FOR HHD MADRICHIM PROGRAM

#### Sukkot

**Family Services** 

Tuesday, October 7 (Sukkot Day 1) 10AM & 11AM

Youth Programs to learn more about Sukkot

Wednesday, October 8 (Sukkot Day 2)

Young Family Shabbat in the Sukkah

Friday, October 10

Come celebrate Shabbat Sukkot outside in the Anshe Emet sukkah! We'll sing, dance, pray, and leishev basukkah (dwell in the Sukkah) with a family-friendly dinner. See the schedule below:

4:45PM: Snacks

5PM: Young Family Kabbalat Shabbat Service 5:30PM: Dinner in the Sukkah

Shemini Atzeret/Erev Simchat Torah

& Simchat Torah

Tuesday, October 14 (Shemini Atzeret)

**Family Services** 

10AM & 11AM

**READiculous** 

4:30PM Young children are invited to join as kids in 2nd grade and older (pre-b'nai mitzvah) are invited to read Torah in this annual Family event

**Community Dinner** 

5:30PM

3rd and Up Program before Hakafot

**Youth Programs** 

Wednesday, October 15 (Simchat Torah)



#### **ARK High Holy Day** Collections

As we enter the High Holy Days, we are reminded that one in five Jewish households in the Greater Chicagoland area struggles to make ends meet. Anshe Eats is deeply grateful to partner with The ARK, an organization that provides kosher food, personal care items, and household essentials to more than 2,500 Jewish families each year.

From September 22 through October 17, we invite you to join us in this meaningful effort by donating non-perishable kosher items such as canned tuna, canned vegetables, peanut butter, soup, pasta, and rice. Donation bags will be available for pick-up starting September 22, and clearly labeled black bins will be placed in the Welcome Center and in front of the concierge table for your convenience.

THANK YOU FOR HEI PING US SUPPORT **OUR COMMUNITY WITH COMPASSION AND** DIGNITY DURING THIS SACRED SEASON.





### ANSHEEMET.ORG/HHD

#### **Erev Sukkot**

Monday, October 6, 2025

5PM Hanukkat HaSukkah

ceremony

#### Sukkot, Day 1

Tuesday, October 7, 2025

9:30AM Sanctuary Service

9:30AM Rose Crown Minyan Service

10AM Youth Service11AM Youth Service12PM Kiddush Lunch

#### Sukkot Day 2

Wednesday, October 8, 2025

9:30AM Sanctuary Service

9:30AM Rose Crown Minyan Service

10AM Youth Programs11AM Youth Programs12PM Kiddush Lunch

#### Sukkot Day 3

Thursday, October 9, 2025

7AM Morning Minyan

with Rose Crown Minyan (hybrid)

6:30PM Men's Club Steak & Shots

#### Sukkot Day 4

Friday, October 10, 2025

7AM Morning Minyan

with Sisterhood (hybrid)

8:45AM Parsha Class 4:45PM Young Family

Shabbat in the Sukkah

6PM Community Shabbat Service

7PM YAD Shabbat Dinner:

Shakshuka in the Sukkah

#### Sukkot Day 5

Saturday, October 11, 2025

9:30AM Sanctuary Service

9:30AM Rose Crown Minyan Service

10:15AM Shalom Shabbat

11AM Shachar

11AM Shabbat HaNoar12PM Kiddush Lunch1:30PM Sukkot is Awesome

#### Sukkot Day 6

Sunday, October 12, 2025

Chicago Marathon

8:30AM Morning Minyan (virtual only) 6PM Sisterhood Annual Meeting

in the Sukkah

#### Sukkot Day 7

Monday, October 13, 2025

7AM Morning Minyan

with Men's Club (hybrid)

5:30PM New Member Dinner in the Sukkah

#### Shemini Atzeret

Tuesday, October 14, 2025

9:30AM Sanctuary Service with Yizkor

(~11:45AM) and Geshem service

9:30AM Rose Crown Minyan Service

with Yizkor

10AM Youth Service11AM Youth Service12PM Kiddush Lunch

#### **Erev Simchat Torah**

Tuesday, October 14, 2025

4:30PM Readiculous

5:30PM Community Dinner

6PM 3rd and Up Program before Hakafot

6:30PM Sanctuary Service with Honors6:30PM No Frills Service with Mishkan

8:30PM Reception

#### Simchat Torah

Wednesday, October 15, 2025

9:30AM Combined Service in Sanctuary

(all together for honors)

10:30AM Hakafot (all together)

11AM Sanctuary Torah Service:

Everyone gets an Aliyah!

11AM Rose Crown Minyan Torah Service

with individual aliyot

11AM Youth Programming

(for 2yrs. - 5th Grade)

12PM Final Aliyot with Honors

12:30PM Combined Sanctuary/

Rose Crown Minyan Musaf

6PM Kiddush Lunch:

BBQ in the Sukkah Garden



### 5786/2025 SIMCHAT TORAH HONOREES



ALLISON HOFFMAN ● Kallat HaTorah
To be honored on Simchat Torah, October 15



**RUTHIE CHARENDOFF** • *Kallat Bereshit*To be honored on Simchat Torah, October 15

## YOUR **DONATIONS**

CHARITABLE GIVING is an important part of Judaism, and we are deeply grateful for your support of our Anshe Emet Community, Together, we can continue to maintain and build our exceptional variety of daily and special event programs, create innovative new projects and initiatives, further establish our position as a premiere Conservative synagogue, and plan for tomorrow so that generations to come may experience all that Anshe Emet has to offer.

THE SUSTAINING FUND is our congregation's annual significant fundraising campaign which provides support to the creation and continuance of our exceptional programming and meaningful worship. It also allows us to offer membership to all, regardless of ability to pay.

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In Memory of: RICHARD KOSMACHER: Melissa, Gabe & Evan

#### CANTOR LIZ BERKE

In Honor of: CANTOR LIZ BERKE: Joy Horwich JULIA LAWSON & JULIÁ FORAN'S WEDDING: Fred Lawson & Debbie Rechter-Lawson CANTOR LIZ BERKE: Joseph Wooden In Memory of: DAN WOLF: Mitchell Kaufman IRVING ULMAN: Anonymous RICHARD KOSMACHER:

#### RABBI D'ROR CHANKIN-GOULD

Sara Chod Stuart Langer Jordan Rosenberg In Honor of: RABBI CHANKIN-GOULD: Balsam Household RABBI CHANKIN-GOULD: Jessica & David Caine RABBI CHANKIN-GOULD: Tal & Jacqueline Gilbert **OUR WEDDING: Rachel Ginsberg** 

Melissa, Gabe & Evan

& Barry Langer BARRY LANGER & RACHEL GINSBERG: Stuart & Michelle Langer

In Memory of:

LAUREN ELIZABETH ROSENBLATT: Fran Abramson THE 10TH YAHRTZEIT OF SYLVIA BALIK: Barry Balik

DAN WOLF: Mitchell Kaufman HON. MARVIN P. LUCKMAN & KATHY LEIGH: Laura Luckman Kelber RICHARD KOSMACHER: Melissa, Gabe & Evan RABBI BENJY FORESTER

#### In Honor of:

RABBI BENJY FORESTER: Adina Beiner WEDDING OF SHAINA KAPLAN & ARI JAFFE: Bennett Kaplan & Faye Kroshinsky **RABBI FORESTER FOR HIS KINDNESS & ELOQUENCE AT LORRAINE** CHAPMAN'S MEMORIAL: Gershon & Louise Locker In Memory of: BONITA KAMMER: Daniel A Balsam B. LEE SKILKEN: Beth Catlett RICHARD KOSMACHER: Melissa, Gabe & Evan

WE THANK YOU.

Contributions listed were received between June 4, 2025 - July 28, 2025.

## AES B'NAI MITZVAH

#### SEPTEMBER 2025



**MARTÍN SON-ABEND-DANA** Son of Karen Dana Cohen & Adam Sonabend September 1, 2025



**REID POLLAK** Son of Jillian Cole & Jason Pollak September 6, 2025 (Mincha)



**JACOB** & SAMUEL ROTH Sons of Lauren Roth & Martin Roth September 13, 2025



**BENJAMIN BRAUN** Son of Marcela Braun & Eduardo Braun September 20, 2025 (Mincha)

#### OCTOBER 2025



**STEVIE & GOLDIE SHALIT** Daughters of Rebekah Shalit & Ilan Shalit October 4, 2025



**NOA TESHER** Daughter of Melissa Tesher & Ariel Tesher October 18, 2025



**EZRA STEVENS** Son of Alexandra Shinewald & Todd Stevens October 25, 2025



**LIV GOODMAN** Daughter of Jennifer Goodman & James Goodman October 25, 2025 (Mincha)

#### BEREAVEMENT GROUP

#### October 27

(No September session due to the High Holy Days) 7:30PM via Zoom

Please join us online for our monthly support group for adults who have experienced the death of a loved on within the past two years.

Learn more and join us at ansheemet.org/ bereavementgroup.

#### MISHEBERACH LIST

If you would like to have a name placed on the misheberach (prayer for healing) list, contact Victoria May at vmay@ansheemet.org or 773.868.5120. Names will be kept on the list for two weeks unless otherwise requested.

If you have added a name to this list, and circumstances have changed, please make sure to notify Tory May so our announcements remain up to date. Thank you.

#### SINCEREST CONDOLENCES

Anshe Emet expresses its sincerest condolences to the families of:

Jerry Horton **Delores Zemsky** Robert Grannick Marci Goldstein Adams **Harold Chaiten** Ayala Rothmann



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We look forward to seeing you in the synagogue this year as we come together as one community for meaningful, spiritual, and uplifting worship services.

Learn more inside on pages 10-14!