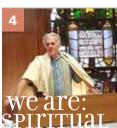


SEPTEMBER 2017 | ELUL 5777-TISHREI 5778 | WWW.ANSHEEMET.ORG















### YIZKOR AND THE POWER OF MEMORY: INDIVIDUAL AND INSTITUTIONAL

The first time that I was required to recite Yizkor was a powerful emotional experience for me. My father had died a few months before, and when the time came during the Shavuot service for Yizkor, I sat in the congregation with one of our Rabbis conducting the service. As the Hazzan chanted the words from Psalms: "Shiviti Adonai I'negdi tamid ... I have set God before me always," I found myself overcome with emotion. To be honest, I was a bit surprised. After all, as a rabbi I had conducted Yizkor services for decades. There was nothing mysterious about the ritual for me: I knew the words of the Yizkor service well, and had observed the response of those in the room. However, on that day, as a mourner, I experienced the unique power of Yizkor.



RABBI MICHAEL S. SIEGEL Senior Rabbi, The Norman Asher Rabbinic Chair msiegel@ansheemet.org

But, what of institutional memory?

Historically, the focus of Yizkor was more institutional than individual. After the First Crusade, the Jewish communities of the Rhineland were devastated. Tragically, the crusaders slaughtered thousands of Jews on their way to Jerusalem. In the aftermath, lists were created of those who had died and were read in synagogues throughout the land. In this way, people were remembered by the larger community in a ceremony on Yom Kippur and at the end of every major holiday, in what came to be known as Yizkor. To this day, we acknowledge those who led the congregation over the years: Rabbis, Cantors, and educators. The fact remains that there are many people who have served our congregation and community over the years who should also be remembered. This year we will be collecting your memories of people who have served our congregation and community with honor and we hope that you will share these stories with us so that we can ensure their memory for generations to come. We have created a digital book on our website entitled Zichronot-Memories. Please share their names and how they were involved in our community and we will ensure that they will be remembered. Please send your entries for this special endeavor

to Mimi Weisberg, mweisberg@ansheemet.org.

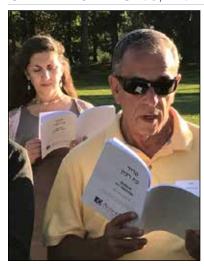
For our first entry, I remember Bob Glazier.

Bob was a man who loved this community. For Bob, the best way of reflecting that love was through communal service. He served on the boards of the Anshe Emet Synagogue and Day School (Bernard Zell Anshe Emet Day School) for a number of years. He considered the years as Chairman of the Day School his greatest honor. During those years, Bob was instrumental in creating an art fair and opening a resale shop called "The Right Place" which offered financial support to the school. Bob was a master of compromise. He was an expert negotiator and did a great deal to enhance the relationship between the Synagogue and School. He was an advocate for the teachers. Bob heard their voices and responded to their concerns in exemplary ways. One of the things that people remember about Bob is that after a difficult conversation people would emerge from the meeting smiling. This is a true tribute to the man. Bob raised his family in this community. His wife, Babette, was always ready to be involved and support his work. Their children, Josh, Adriane and

See "Rabbi Siegel," page 3

Selichot Information ... page 4
High Holy Days Parking/Security Information ... page 6
High Holy Days Worship Schedule ... page 7

# **CELEBRATIONS/EVENTS**



Shabbat on the Lake

The Something for Us group gathered for the Shabbat on the Lake program on Friday, July 28.











Walk & Talk on Sunday, July 30

### MAZEL TOV TO OUR B'NAI MITZVAH



Sasha Adams September 2, 2017 Daughter of Eve Becker & Bruce Adams



Sydney Katznelson September 9, 2017 Daughter of Lauren Wolf & Scott Katznelson



Zachary Portnoy September 16, 2017 Son of Tracy & Brian Portnoy

Has your address, phone number or e-mail changed?

Please let us know by calling the synagogue office at

773-868-5126. Thank you!

# ANSHE EMET

Michael S. Siegel, Senior Rabbi The Norman Asher Rabbinic Chair

Alberto Mizrahi, Hazzan The Arnold H. Kaplan, M.D. Cantorial Chair

David Russo Rabbi D'ror Chankin-Gould Rabbi Naomi Weiss-Weil Ritual Director

Steven Silk, President

Barbara B. Haworth, Executive Director

Rabbi Donni Aaron, Youth/Family Tefilah Educator
Cantor Elizabeth Berke, Director of Continuing Education
Kim Carter, Director of Hospitality
Maxine Handelman, Director of Family Life & Learning
Edgar Hernandez-Meza, Director of Administration
Samantha Isenstein, Youth and Young Adult Director
Amy Karp, Director of Engagement and
The Malkin Family Program Director
Laurie Orenstein, Interim Religious School Principal
Steve Strien, Director of Finance
Mimi Weisberg, Director of Development

Jerry Mayeroff, Editor, Anshe Emet Newsletter

3751 North Broadway, Chicago, IL 60613-4104 Phone: 773-281-1423; www.AnsheEmet.org

#### SPIRITUAL HOUSECLEANING

In 1995, after I sold the first company that I had run, I had a soul searching moment. As the stakes rose in the sale process, I saw the power of greed, selfishness and misstatements take hold. The buyers of our company may have been Jewish, they may have been observant, but their behavior was highly flawed. I had a crisis of purpose. I had doubts about the career that I had chosen.

Hearing my doubts, a dear friend and mentor asked me, "Why don't you write your own eulogy?" I never did, but I certainly thought about what I wanted my life to stand for.

20+ years later, as I approach our High Holy Days, I am having a similar crisis. I feel enveloped by a world that is ever more selfish, a world that devalues truth and a world with fewer random acts of kindness.

What's a Jew to do to spiritually prepare for the High Holy Days? Here is my plan:

- 1. I need to accept that I cannot control others.
- However, I must accept responsibility for my behavior and hopefully, be a role model, at least for my sons Alex and Gabriel.
- 3. I need to focus on the causes and issues about which I am passionate and can make a difference.



STEVEN SILK
President, Anshe Emet Synagogue
steveansheemet@hotmail.com

4. I will follow the lead of my 12 year old son Gabriel.

As I wrote last month, after our friend and his surrogate grandmother, Libby Mages, died, he said, "I want to learn from Libby so I can be a better person." I need to focus on the values and behaviors of my parents, my wife Linda, Libby Mages and perhaps a few others. I need to get better. Too much to accomplish.

As I start my final year as President of Anshe Emet, join me as we build a healthier, more vibrant community. Join me as we build a community not based on selfishness, lack of truth and callousness, but one based on truth, care and acts of kindness.

L'Shanah Tovah to you and your family.

# RABBI SIEGEL ... FROM PAGE 1

Jordan, were educated in the school. According to Babette, Bob always looked at the members of the community as brothers and sisters.

It has been more than 40 years since Bob served in these roles and much has changed. The Right Place has long since closed and the school no longer has art auctions. But the work that Bob and so many others did for our Anshe Emet community have secured the strong foundation on which we build. As we approach the holidays and prepare to recite Yizkor, let us make use of our institutional memories along with those of our own families

May all who are remembered this year be bound up in the bond of eternal life.

### TORAH READING HONOR ROLL

We would like to thank the following congregants who have honored us by chanting Torah for our community during the month of July (this does not include our Bar/Bat Mitzvah students).

Sanctuary and Minyan: Dan Karp, Jane Lippow, Dalia Hoffman, Sydney Finkelstein, Deena Goodgold, Nurit Hellman, Steve Silk, Lynne Schatz, Mila Zidel, Jeanette Zemsky, Suzanne Muchin, Jon Zidel, Samantha Gorelik, Sam Goodman, Adam Engle, Keith Alperin, Jay Lewkowitz, Naomi Margolis, Curt Weiss, Joe Platt, Ben Lichstein, Ricky Roth, Gary Porton, Chris Norton, Sarah Hirsen.

Rose Crown Minyan: Jamie Weisbach, Lynne Schatz, Robin Mordfin, Edi Frajman, Zach Seeskin, David Goldfinger, Rivka Leder, Avi Buchbinder, Naomi Margolis, Liz Lippow, David Kaplinsky, Barry Wimpfheimer, Joan Kripke, David Greenstein, Yedida Soloff, Chris Norton.

Youth Readers: Benjamin Matsa, Laila Norton, Talia Seidner, Lev Choplin-Pogrund, Zack Choplin-Pogrund, Maya Lessem-Elnecave, Shayna Rosenstein.

#### THANKS TO THESE PEOPLE FOR HONORING THEIR MINYAN COMMITMENT

The morning minyan meets Monday through Friday at 7:00 a.m.; Sundays and national holidays (Thanksgiving, Christmas, New Years, Memorial Day, etc.), at 8:30 a.m. We need your participation to ensure the vitality of this project. We thank these people for honoring their commitment to our morning minyan program during July.

Ben Abrams; Fran Abramson; Keith Alperin; Chuck & Sara Aron; Barry Balik; Terry Behrman; Michael Bellows; Yoel Benarosch; Barbara Binik; Cindy Brown; Elliot Cohen; Andy Cohen; Ruth Copeland; Norm Eckstein; Jonathan Efron; Marion Fainman; Jonathan Feiger; Ezra Furman; Cynthia Goldberg; Gail and Dan Golden; Sylvia Gordon; Eve Guth; Maxine Handelman; Debby Hecht; Richard Herman; Daniel Hernandez; Ron Hirsen; Sarah Hirsen; Pierre Ilion; Bruce Kaminsky; Stu Katz; Neil Kleinbort; Jay Lazar; Dani Lazar; Debby Lewis; Jay Lewkowitz; Jane Lippow; Liz Lippow; Alan Mintz; Len Mordfin; Laura Neiman Rifkin; Chris Norton; Francisco Ortiz-Perez; Shelly Parker; Gary & Fraeda Porton; Dan Pulik; John Ragir; Esther Rosenbloom; Susan Rosenstein; Ricky Roth; Jerry & Judi Salzman; Yisrael Savinger; Neil Schwartz; Carolyn Schwarzkopf; Allen Shechtman; Farrah Shechtman; Rhonda Singer; Ed Soloman; Ethan Solomon; David Spector; Jason Star; Phil Stern; Maya Tkachuk; David Weil; Stew Witkov; Stephen Wright; Lynne Zamick; Evan Zemil; Marianne Zemil; Nazish Muzaffar.

### PREPARING FOR THE HIGH HOLY DAYS: SELICHOT



RABBI DAVID RUSSO drusso@AnsheEmet.org

Jewish tradition provides us with a number of ways to prepare our spirits for the High Holy Days. One of these is the service of Selichot, or "prayers of forgiveness". We begin reciting Selichot even before the High Holy Days – this year on Saturday night, September 16, going late into the evening. The Selichot service is particularly known for its beautiful liturgy

and cantorial music. With its melodies and prayers, we put ourselves in the mood of the High Holy Days as we begin a journey of reflection and teshuva (repentance). It is a true highlight of the High Holy Days not to be missed.

Anshe Emet is honored to offer two exciting Selichot opportunities the evening of September 16th. We will begin with a meaningful evening of study with Rabbi Yehiel Poupko and Rabbi Michael Siegel, preparing us for the High Holy Day season. We then will head into the powerful Selichot service led by Hazzan Mizrahi and the Anshe Emet Festival Choir.

There will also be a service for those night owls out there, beginning at 11:00 p.m. This Selichot service will be lay-led with an emphasis on inserting niggunim (wordless tunes) into the traditional text of Selichot.

We look forward to welcoming you as we enter the beauty and awe of the High Holy Days with study, friendship and worship. All of us at Anshe Emet wish you and your families a blessed High Holy Days, and a year of health and sweetness!

David Russ

# Selichot at Anshe Emet: Preparing for the High Holy Days

Saturday, September 16, 2017 • Beginning at 8:15 p.m.

8:15 – 8:45 p.m.: Refreshments & Havdallah

8:45 – 9:30 p.m.: Rabbi Yehiel Poupko and Rabbi Michael Siegel on Preparing for the High Holy Days
Rabbi Yehiel Poupko is Rabbinic Scholar at the Jewish United Fund/Jewish Federation of Metropolitan Chicago.
He will speak on:

"Chana: The Woman of Rosh Hashanah and Yom Kippur"

Rabbi Poupko has just published *Chana: A Life in Prayer*, the first comprehensive treatment of the Biblical personality of Chana and her portrayal in the Midrash of the Rabbis. Key elements of the Rosh Hashana and Yom Kippur liturgy are based on the prayerful career of Chana. She is the only woman in TaNaKh to enter the sanctuary of the Temple and to strike a bargain with God for a child. She is recorded as having prayed more times than any other Biblical figure. Thus, it is no surprise that she is the central personality of the Rosh Hashanah service and the figure on whom Ne'ila, the closing service of Yom Kippur, is based. The focus of Rabbi Poupko's presentation will be on the contributions of Chana to the High Holy Day liturgy.

9:45 p.m.: Selichot Services in the Main Sanctuary featuring Hazzan Alberto Mizrahi & Anshe Emet's High Holy Day Choir

11:00 p.m.: Selichot Service in the Rose Crown Room A lay-led Selichot service including the traditional liturgy and singing of niggunim.

**Selichot Streaming:** Anshe Emet is providing a live streaming event of the Selichot service from the main sanctuary. Those unable to attend the live service at the Shul can watch the service at https://www.AnsheEmet.org/SelichotStreaming

## Know someone new to the neighborhood?

If you know someone new to the Chicago Jewish community, who you believe would be interested in finding out about Anshe Emet Synagogue, please contact Amy Karp at 773-868-5139, so we can speak to them about all of the wonderful religious, spiritual, educational and communal opportunities the synagogue has to offer.

RABBI D'ROR

CHANKIN-GOULD

dcgould@ansheemet.org

### INTRODUCING THE NEW "CARING COMMITTEE"

"Shimon the Righteous used to say, 'The whole world stands on three things: on Torah, on Prayer, and on acts of Chesed"

Pirkei Avot 1:2

At Anshe Emet Synagogue we live out the values of our ancestors by honoring the wisdom of the three pillars which enable our community to flourish. Torah is Learning: every day children and adults alike engage in deep study, mining our heritage for inspiration and guidance. Prayer is our connection to the Divine: with worship services of every flavor and speed, we are all invited to express gratitude and to seek solace in something greater than ourselves. And finally, Chesed, acts of kindness, form the very foundation of our community.

I am proud to say that the last of these pillars, Chesed, is thriving and growing as we speak. Anshe Emet has worked to bring together all of the various committees of volunteers who are committed to Chesed, to caring for the hearts and spirits of those in need, into one larger body. The new "Caring Committee" headed by the indelible Jan Schwartz is preparing to take this "labor of love" to new heights.

Together we have brought together leaders of the Bikur Cholim Team (a team of volunteers who provides care for members who are either ill or in need of companionship), the Shiva Committee (working to support mourners in preparing their homes at a time of grief), the Baby Meals Committee (providing fresh-cooked meals and a healthy does of TLC to members and non-members with new arrivals), the Rose Crown Minyan Chesed Committee (bringing RCM's members support in their time of need), and the Chevra Kadisha (a team of volunteers who honor the ancient tradition of ritually preparing the deceased for burial).

The leaders of these groups, and the volunteers who deliver "chesed" on a daily basis, represent the best of Anshe Emet. These are men and women who move with their hearts first. They seek to impact other members by offering companionship and care in a time of need. They open their kitchens, their hearts, and their spirits to those who are hurting, lonely, grieving, or transitioning into a new stage of life. Their kindness and care is unparalleled.

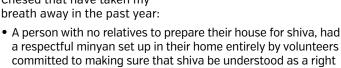
In particular I want to honor our leaders: Jan Schwartz (Caring Committee), Julie Ann Sklaver and Steven Berke (Bikur Cholim Team), Dianne Tesler (Shiva Committee), Jessica Beasak (Baby Meals), Ruth Rau (RCM Chesed), Carol Mackoff, Merle Gross, and Barry Gross (Chevra Kadisha), and Stacey Silver (Special

Projects). Our community is so blessed by their efforts.

Together, the Caring Committee, is looking out for the good of Anshe Emet.

Here are some stories of Chesed that have taken my breath away in the past year:

and not a privilege.



- An individual isolated by their illness, found consistent companionship and cheer by a volunteer who brought cheer into the darkness.
- A family overwhelmed by welcoming a new baby when no family was around to help them, was blown away by the support of warm meals, helpful advice, and supportive hugs.
- A volunteer found their spirit so moved by performing the tahara ritual (preparation for burial) that they reported feeling more connected to God, the Tradition, and fellow Jews than they had in years.

Our Caring Committee represents Anshe Emet at its best. And we need your help.

If you could consider volunteering- we need more hands on deck.

If you know someone who could use our attention and supportwe need to know who they are.

Some of our volunteers have a regular schedule of service hours, others provide periodic service when it fits into their schedules. Whatever you can provide, we would welcome your helping hands and open heart. You can email the committee at caring@ansheemet.org.

The world rests on Torah, Prayer, and Chesed. Please join me in supporting the work of Chesed, which is a cornerstone of our esteemed community.

Rabbi D'ror Chankin-Gould

## JBC CORNER

Are you interested in mentoring one of our JBC students? This may include sitting together at services occasionally, being accessible for questions and getting together for a Shabbat or holiday meal. Let Cantor Liz know – eberke@ansheemet.org. Thank you!

Cantor Elizabeth Berke

# Has your address, phone number or e-mail changed?

Please let us know by calling the synagogue office at 773-868-5126. Thank you!

# Menschen of Month

#### **Jake Bennett and Chani Harris**

Congratulations to Chani and Jake who have just completed their two year terms as Chairs of the Rose Crown Minyan. Thanks to their strong organizational skills and warm and welcoming presence the RCM continues to be a vibrant community within Anshe Emet Synagogue. Their leadership has ensured the RCM's growth and inclusive nature. Jake and Chani are friendly, caring and dedicated and we are thankful for their efforts!

On behalf of a grateful community, you have our heartfelt appreciation for your vital work!

# High Holy Days 2017/5778 Parking and Transportation Information

#### PARKING INFORMATION:

Parking is available in several locations around the synagogue but must be arranged in advance. Please note that the Cubs are playing home games on both Kol Nidre (September 29 at 1:20 p.m.) and on Yom Kippur (September 30 at 3:35 p.m.) which will affect traffic and your parking options.

- Parking in the synagogue lot will be reserved for those with a government issued handicap plate or placard.
- The Halsted Flats property just across the street at 3740 N. Halsted St. has parking available but this must be purchased in advance. You can purchase a guest parking validation at https://HalstedFlats.clickandpark.com.
  - Select Daily Parking, then click Next.
  - · Select the date, then click Next.
  - Type "Synagogue" into the access code box and click Update.
  - Select 4 or 10 hour validation and click Add to Cart.
  - You will be redirected to a Shopping Cart page where you can checkout and then print your validation.
  - Entering and Exiting the Garage: You MUST PRINT your guest parking validation in order to enter the garage!
     Please place the bar code portion of the validation by the infrared reader located by the red screen area. Once the validation is read by the entry station a ticket will be dispensed. This ticket is used to exit the facility. If you exceed the purchased period of time the exit station will request additional payment.
- For other parking options (not at Halsted Flats), visit www.SpotHero.com to help find individual spots in the area.
   You will need to do this well in advance.

#### TAXICAB INFORMATION:

The easiest way to get to and from the synagogue will be by taxi, or ride sharing services such as **Uber** or **Lyft**. Many of the taxi companies allow for advance reservations and payment. The contact information for several of the taxi companies is listed below:

Flash Cab: 773-561-4444 Yellow Cab: 312-829-4222 American United: 773-248-7600 Blue Ribbon Taxi: 773-878-5400

#### **DECALS:**

Look for a new decal for the 2017-18 year enclosed with your High Holy Day tickets. This decal should be placed on the lower right hand portion of your windshield (above your city of Chicago sticker). This decal signifies that you are a member of Anshe Emet and will speed your entry into the parking lot during certain times of the year when peak activities are underway. This decal is not a parking permit for the High Holy Days.

#### **SECURITY:**

As a reminder, all persons and bags are subject to search. So that we do not inconvenience you or create long lines at the entry desk, please limit what you bring to the synagogue. Sanctuary ticket holders should enter the building from Pine Grove; Blum ticket holders from Broadway or Grace Street; Malkov ticket holders from Grace Street.

#### **BADGES:**

If you do not already have a member badge, we strongly encourage you to get one as it will greatly speed up your entry into the building during times other than Shabbat and Holidays. Please stop by the Security Desk at the following times:

Sunday, September 10, 9:00 a.m.- 1:00 p.m.; Sunday, September 17, 9:00 a.m. - 1:00 p.m.

Please watch our website, www.AnsheEmet.org/parking for the latest parking information in the event of changes.



# CELEBRATE WITH A GIFT TO THE KIDDUSH LUNCHEON FUND!

Whether you are celebrating a special occasion like a new baby, a wedding engagement, anniversary, birthday or commemorating the loss of a loved one for Yahrzeit – share your life cycle events with the congregation by making a gift to the Kiddush Luncheon Fund.

Contact Kim Carter for details at kcarter@ansheemet.org, or 773-868-5119. Any gift amount is welcome; sponsorships of \$500 or more will be specially acknowledged in the weekly Shabbat bulletin.

## The Mitzvah of Bikur Cholim

Would you or a loved one benefit from a visit by a community member? The Bikur Cholim team at Anshe Emet performs the mitzvah of visiting the sick for the connection and continued healing of those who have become ill or impaired.

For more information about receiving a Bikur Cholim visit please contact Rabbi D'ror Chankin-Gould at dcgould@ansheemet.org. For more information to become a member please contact Julie Ann Sklaver at ja7sklaver@gmail.com.



#### HIGH HOLY DAYS 5778 WORSHIP SCHEDULE

Following is the 5778 worship schedule. Service times for Rosh Hashanah and Yom Kippur have been organized by your High Holy Days seating venue.

Please note: On Rosh Hashanah Day 1 we will all join together at the Clock Tower at Waveland Park for Tashlich/Mincha/Ma'ariv (in the event of rain Ma'ariv will be at 7:15 p.m. in Malkov). Also, please note that the Cubs are playing home games on both Kol Nidre (September 29 at 1:20 p.m.) and on Yom Kippur (September 30 at 3:35 p.m.) which will affect traffic and your parking options

#### **Selichot Service**

Saturday, September 16, 7:45 p.m. See page 4 for details.

#### **Sanctuary Schedule**

#### Wednesday, September 20: Erev Rosh Hashanah

6:40 p.m. Mincha (in Malkov) 7:00 p.m. Ma'ariv (Open Seating)

#### Thursday, September 21: Rosh Hashanah Day 1

8:30 a.m. Shacharit (Open Seating)

9:45 a.m. Torah Service, Shofar Service, Sermon, Musaf (Assigned Seating)

10:30 a.m. Teen Learning (Youth Lounge)

Tashlich/Mincha/Ma'ariv - Clock Tower at Waveland Park 5:30 p.m.

(in the event of rain Ma'ariv will be in Malkov)

#### Friday, September 22: Rosh Hashanah Day 2

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf (includes Blum ticket

holders – Open Seating)

**Optional Study Session** 11:00 a.m. 12:00 p.m. **Optional Study Session** 

#### Friday, September 29: Kol Nidre

5:45 p.m. Sharp: Kol Nidre (Doors open at 5:00 p.m.)

#### Saturday, September 30: Yom Kippur

Shacharit (Open Seating) 8:30 a.m.

10:00 a.m. Torah Service, Sermon, Musaf (Assigned Seating)

2:00 p.m. Yizkor (estimated time; after Musaf) 3:00 p.m. **Break with Multiple Learning Opportunities** 4:15 p.m. Mincha (Open Seating for all ticket holders) 5:45 p.m. Neilah (Open Seating for all ticket holders)

7:15 p.m. **Shofar Blowing** 

#### **Young Families Service Worship Schedule**

#### Thursday, September 21: Rosh Hashanah Day 1

8:45 - 9:30 a.m. Families with children 5 and younger (Blum)

#### Friday, September 22: Rosh Hashanah Day 2

8:45 - 9:30 a.m. Families with children 5 and younger (Blum)

#### Saturday, September 30: Yom Kippur

8:45 - 9:30 a.m. Families with children 5 and younger (Blum) 6:00 p.m. Family Neilah Service - Conclusion (Blum)

Register for Young Families tickets at www.ansheemet.org/YFHHD5778

#### **Young Adult Ticket Availability**

The High Holy Days are right around the corner! Once again this year, Anshe Emet Synagogue is offering High Holy Days tickets for young adults (ages 21-36), who are not members of the synagogue.

The ticket is valid for all of the High Holy Days 5778 in Blum Community Hall only. Cost is \$50 per ticket through Thursday, September 9 and \$72 through September 17. No tickets will be sold after that time

Please visit http://tinyurl.com/YADHHD5778 to purchase your ticket today.

Tickets are required for security and admission to all services. You will be asked to display them at the door. Times listed are approximate.

#### **Blum Community Hall Schedule**

#### Wednesday, September 20: Erev Rosh Hashanah

6:40 p.m. Mincha (in Malkov)

Ma'ariv (Open Seating in Sanctuary) 7:00 p.m.

#### Thursday, September 21: Rosh Hashanah Day 1

8:30 a.m. Shacharit (Open Seating in Sanctuary) 9:45 a.m. Torah Service, Sermon and Musaf

10:30 a.m. Teen Learning (Youth Lounge)

5:30 p.m. Tashlich/Mincha/Ma'ariv - Clock Tower at Waveland Park

(in the event of rain Ma'ariv will be in Malkov)

#### Friday, September 22: Rosh Hashanah Day 2

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf (In Sanctuary for

all Blum and Sanctuary ticket holders)

#### Friday, September 29: Kol Nidre

5:45 p.m. Sharp: Kol Nidre (Doors open at 5:00 p.m.)

11:00 a.m. Optional Study Session 12:00 p.m. Optional Study Session

#### Saturday, September 30: Yom Kippur

Shacharit (Open Seating in Sanctuary) 8:30 a.m.

Torah Service, Sermon and Musaf (Assigned Seating) 10:00 a.m.

Yizkor (estimated time; following Musaf) 2:00 p.m.

3:00 p.m. Break and Multiple Learning Opportunities (estimated time) 4:15 p.m. Mincha (Open Seating in Sanctuary for all ticket holders) 5:45 p.m. Neilah (Open Seating in Sanctuary for all ticket holders)

7:15 p.m. Shofar Blowing (Sanctuary)

#### **Malkov Chapel Schedule**

#### Wednesday, September 20: Erev Rosh Hashanah

6:40 p.m. Mincha (in Malkov)

7:00 p.m. Ma'ariv (No 2nd Floor Media Center Service)

#### Thursday, September 21: Rosh Hashanah Day 1

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf

9:45 a.m. Additional Malkov Chapel style service beginning with

Torah Service (2nd Floor Media Center)

10:30 a.m. Optional Teen Learning (Youth Lounge)

Tashlich/Mincha/Ma'ariv - Clock Tower at Waveland Park 5:30 p.m.

(in the event of rain Ma'ariv will be in Malkov)

#### Friday, September 22: Rosh Hashanah Day 2

Shacharit, Torah Service, Sermon, Musaf 8:30 a.m. (No Additional 2nd Floor Media Center Service)

**Optional Study Session** 11:00 a.m. **Optional Study Session** 12:00 p.m.

Mincha/Ma'ariv 5:30 p.m.

#### Friday, September 29: Kol Nidre

6:00 p.m. Mincha (Doors open at 5:00 p.m.)

6:15 p.m. Kol Nidre 6:30 p.m. Ma'ariv

#### Saturday, September 30: Yom Kippur

8:30 a.m. Shacharit

9:45 a.m. Torah Service, Yizkor, Sermon, Musaf

(Yizkor will be held after Torah service)

Additional Malkov Chapel style service beginning with 9:45 a.m.

Torah Service (2nd Floor Media Center)

2:45 p.m. **Break with Mulitple Learning Opportunities** 

4:45 p.m. Mincha 6:00 p.m. Neilah

7:15 p.m. **Shofar Blowing** 

# ANSHE EMET YOUNG FAMILIES SEPTEMBER HAPPENINGS



MAXINE SEGAL HANDELMAN Director of Family Life & Learning mhandelman@ansheemet.org

Anshe Emet has lots happening for families with children 8 years old and younger!

# CELEBRATE THE HIGH HOLY DAYS WITH ANSHE EMET'S YOUNG FAMILIES

Celebrate the High Holy Days with Anshe Emet's Young Families. First and second days of Rosh Hashanah, September

21 and 22, and Yom Kippur, September 30, families with children in K and younger are invited to the Young Families Service, 8:45 a.m. Anshe Emet members with tickets to other services are welcome to Young Family Services as well. Not an Anshe Emet member? Please join us for Young Family Services. Go to www.ansheemet.org/yfhhd5778 to request your tickets. Services for children first grade and up will take place throughout the day.

Youth High Holy Day registration is all on line this year! Please simply go to https://tinyurl.com/AEYHHDReg2017 to register. It will take five minutes or less, and then you're done! Our goal is to get everyone registered in advance, which will shorten the lines and help create a smooth and meaningful High Holy Day experience for all ages.

#### SHALOM SHABBAT/SHACHAR

**Shalom Shabbat,** the well-loved service for children 4 and under and their parents, meets every Shabbat of the month at 10:00 a.m. **Shachar**, for families with children in grades K-2, meets every Shabbat of the month at 11:00 a.m. (except September 30, which is Yom Kippur). If your child is interested in reading a Torah excerpt in Hebrew or English, please contact Max Handelman at mhandelman@ansheemet.org.

#### FRIDAY NIGHT KABBALAT SHABBAT DAVENING AND DINNER

The Anshe Emet Family First Friday Kabbalat Shabbat services and dinners will be September 1 at 5:45 p.m. Choose from two services: the young family service for families with kids K and under, and the spirited and extended Kabbalat Shabbat [Welcoming Shabbat] service for older elementary school students (grades 1-7). Everyone comes together for a delicious community dinner. Please register your family for dinner at http://tinyurl.com/FamilyDinnerSeptember2017.

On October 6 we will be having dinner in a sukkah near you! If you would like to host families in your sukkah, or your family would like to be hosted, please visit https://tinyurl.com/octobersukkahdinners2017.

#### DON'T MISS ANYTHING!

Join our list serv by e-mailing AEYF-subscribe@yahoogroups. com to get the latest word on what's happening for your family.

Join our Facebook group, so you can stay in the loop on all the events happening (and who knows what else) https://www.facebook.com/groups/AESYF/!

# Has your address, phone number or e-mail changed?

Please let us know by calling the synagogue office at 773-868-5126. Thank you!

# WHAT'S HAPPENING IN ANSHE EMET YOUTH?

Welcome Back! We hope you had a fabulous summer and cannot wait to hear all about it.

#### **MEMBERSHIP**

It's that time of the year to join or renew your AE Youth Membership. Please register online. Membership includes discounted programs throughout the year. Kadima and USY membership offers access to CHUSY regional



SAMANTHA ISENSTEIN

Youth and Young Adult Director
sisenstein@ansheemet.org

programs and conventions as well as AE Youth events for the school year. Go to tinyurl.com/aeyouth2017!

#### KADIMA (GRADES 6-8)

Kick off Kadima with Knockerball! Sunday, September 10, 12:00 - 1:30 p.m.

#### SHMUSY (GRADES 9-12)

**Kick Off:** SHMUSY will be kicking off the year with the first lounge night! Tuesday, September 12 at 7:00 p.m.!

**USY Shabbat Dinner**: Come join us for Kabbalat Shabbat services and dinner at Rabbi Russo's house!

When: Friday, September 8 at 6:00 p.m.

Where: Rabbi Russo's house!

RSVP: Please email Samantha at sisenstein@ansheemet.org no later than Tuesday, September 5 to ensure we have enough food.

**SHMUSY New Year's Bash** will be Saturday, September 23. Meet at 7:30 p.m. for Havdallah and then an awesome off site program.

SHMUSY Basketball: Interested in playing on our SHMUSY Basketball team? We play against other USY CHUSY Region chapter. Games start in December and go through March but registration is now open! Open to all Jewish 8th-12th Graders, so bring your friends. Email Samantha Isenstein to learn more and to sign up!

For more information on what is going on at our lounge nights, check out our Facebook group! Or add yourself to our Remind Group text by entering the 81010 and put in the message @shmusy to be texted reminders about upcoming events!

Anshe Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin



CENTER FOR JEWISH LIFE

## JOSEPH AND BELLE BRAUN ANSHE EMET RELIGIOUS SCHOOL



LAURIE GOLDBERG ORENSTEIN Interim Principal, Joseph and Belle Braun Anshe Emet Religious School lorenstein@ansheemet.org

Dear Friends:

I am thrilled to be settling into my role as the Interim Religious School Principal here at Anshe Emet for the coming school year. I have felt the warmth and kindness of this wonderful community and I am looking forward to working closely with each of you as the year progresses. My main goal of the year is to provide the staff, parents and children with the

support and leadership needed to make for a successful school year. In other words, I am here for you and look forward to ensuring success on all ends.

The Joseph and Belle Braun Anshe Emet Religious School has a dedicated and loyal faculty of teachers (both returning and new to the team) that are not only prepared but enthusiastic to work closely with your students to engage them in learning and fun over the next year. Overall, the programming is rich with variety and depth utilizing best practices in today's Jewish Education with an emphasis on ensuring an atmosphere where children love to learn. All of this while a team of dedicated leaders is working hard to shape the future of our religious education for the years to come.

There is so much to look forward to and I personally will look forward to meeting each of you in the days to come.

#### **Key September dates:**

#### September 10: First day of Religious School

9:00 - 9:45 a.m. Opening Assembly Parents and students: 10:30 a.m. - 12:00 p.m. Sweet September Sunday (Family program with parents) JK/SK

September 14: First Thursday of Religious school

September 17: New Families Breakfast, 9:15 - 10:15 a.m.

September 21 and 28: No Religious school

B' Shalom

Laurie Goldberg Orenstein

# HaZaK PROGRAM FOR RETIRED ADULTS

#### $\textbf{HOKHMAH (WISDOM)} \bullet \textbf{Z} \textbf{IKNAH (MATURITY)} \bullet \textbf{K} \textbf{ADIMAH (LOOKING AHEAD)}$

HaZaK is an Anshe Emet daytime program for mature adults with active minds. We offer discussions on a variety of Jewish-related topics with Rabbi Siegel, Hazzan Mizrahi, Rabbi Russo, Rabbi Chankin-Gould. Elie Berkman, and others.

HaZaK meets at Anshe Emet Synagogue every Monday, from 1:00 – 2:00 p.m. Here's a look at the upcoming schedule:

September 4: No HaZaK, Labor Day September 11: Rabbi David Russo September 18: Cantor Liz Berke September 25: Elie Berkman

# RAYMOND ARBETMAN CENTER FOR JEWISH EDUCATION



Watch for more details and registration information in the October Newsletter, or visit our website at https://www.ansheemet.org/adulted.

# Preview of Continuing Education

Rabbi Siegel is going to teach the new Melton Rachel Wasserman Scholars Curriculum The Star and the Crescent, on Monday nights, beginning in October – start date TBD.

**Reading Jewish Lives.** Jewish Lives is a prize-winning biography series dedicated to



CANTOR ELIZABETH
BERKE
Director of Continuing Education

Director of Continuing Education eberke@ansheemet.org

illuminating the range and depth of the Jewish experience from antiquity to the present. We will read four of these biographies as a community, engage in small group discussions, and enjoy livestreamed presentations by the authors. The Jewish Lives Series is published by Yale University Press and the Leon D. Black Foundation. The first book in this intiative is *Einstein: His Space and Times* by Steven Gimbel. This book is being offered for free, and participants in the discussion groups will have a discount code for the additional books listed below.

Save the date for the first author event on **Wednesday**, **November 15!** Additional three biographies: Steven Spielberg, Rabbi Akiva, and Yitzhak Rabin. For more information about Jewish Lives, please visit www.JewishLives.org.

In tandem with this series, Jane Shapiro is teaching 4 sessions based on the Rabbi Akiva book, starting November 27.

Judaism 101. Looking to learn some basics of Judaism? Forgot what you learned in Religious School? Using the Miller Introduction to Judaism Curriculum from the American Jewish University we will acquaint or re-acquaint you with Jewish life and learning. Sunday mornings, 9:00 - 10:30 a.m. beginning October 15. Facilitator: Cantor Liz Berke; Taught by: Cantor Liz and other exemplary community educators. A meaningful gift has subsidized this class for the Anshe Emet community.

For further information and fees consult the Raymond Arbetman Center for Jewish Education brochure online or in the October Newsletter

The next session for Introduction to Jewish Philosophy is Shabbat, October 7.

Cantor Elizabeth Berke



# Follow Rabbi Siegel on Facebook!

Want to know what the clergy is up to? Now you can follow Rabbi Siegel on Facebook.

Rabbi Siegel is at

http://www.facebook.com/Rabbi.Michael.Siegel

And look for the Synagogue page at www.facebook.com/ansheemet

# September 2017

Sunday Monday Tuesday Wednesday



for all the days of your life

Babysitting for children 18 months and older is available in room 104 every Shabbat morning from 9:30 a.m. - 12:30 p.m. as a free service of Anshe Emet Synagogue.

12 ELUL 3	13 ELUL	4	14 ELUL 5	15 ELUL	6
<b>8:30 a.m.</b> Morning Minyan	Labor Day Synagogue Office Closed 8:30 a.m. Morning Minyan		7:00 a.m. Morning Minyan 7:45 a.m. Text on Tuesdays 6:30 p.m. Connecting the Expecting	7:00 a.m. Morning Minyan	
19 ELUL 10	20 ELUL	11	21 ELUL 12	22 ELUL	13
8:30 a.m. Morning Minyan 9:00 a.m. Religious School First Day 9:00 a.m. Opening Assembly for parents and students 10:30 a.m. JK/SK Sweet September Sunday (Family program with parents) 9:15 a.m. Walk & Talk	<b>7:00 a.m.</b> Morning Minyan <b>1:00 p.m.</b> HaZaK		7:00 a.m. Morning Minyan 7:45 a.m. Text on Tuesdays 6:30 p.m. Sisterhood Mikvah Event 6:30 p.m. Connecting the Expecting	<b>7:00 a.m.</b> Morning Minyan	
26 ELUL 17	27 ELUL	18	28 ELUL 19	29 ELUL	$\overline{20}$
8:30 a.m. Morning Minyan 9:00 a.m. Religious School	7:00 a.m. Morning Minyan 1:00 p.m. HaZaK		<b>7:00 a.m.</b> Morning Minyan <b>7:45 a.m.</b> Text on Tuesdays	Erev Rosh Hashanah 7:00 a.m. Morning Minyan 6:40 p.m. Mincha (in Malkov) 7:00 p.m. Ma'ariv (Open Seati	ng)
4 TISHREI 24	5 TISHREI	<b>25</b>	6 TISHREI 26	7 TISHREI	<b>27</b>
8:30 a.m. Morning Minyan 9:00 a.m. Religious School 9:15 a.m. Walk & Talk	7:00 a.m. Morning Minyan 1:00 p.m. HaZaK		7:00 a.m. Morning Minyan 7:45 a.m. Text on Tuesdays 7:00 p.m. Sisterhood: Wine, Women & Walking with God	7:00 a.m. Morning Minyan	

# ELUL 5777-TISHrei 5778

Thursday	Friday	Saturday	
	10 ELUL	11 ELUL	2
	7:00 a.m. Outdoor Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 5:45 p.m. First Friday, Family Services, followed by Dinner 6:30 p.m. Shabbat Evening Service 7:15 p.m. YAD Service, followed by Dinner	8:30 a.m. Tefilla Yoga 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Sasha Adams becomes a Bat Mitzvah Torah: Deuteronomy 21:10 - 25:19 [Ki Teitzei] Haftarah: Isaiah 54:1 - 54:10	9:30 a.m. Rose Crown Minyan 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 1:15 p.m. Shabbat Mincha
	±± 7:05 p.m.		
16 ELUL 7	17 ELUL	18 ELUL	9
7:00 a.m. Morning Minyan 7:00 p.m. Shireinu 7:30 p.m. Al Anon	7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:30 p.m. Shabbat Evening Service 6:30 p.m. Shabbat as You Are and Potluck 6:30 p.m. Lakeview Minyan Service and Potluck	8:30 a.m. Tefilla Yoga 9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Sydney Katznelson becomes a Bat Mitzvah Torah: Deuteronomy 26:1 - 29:8 (Ki Tavo) Haftarah: Isaiah 60:1 - 60:22	9:30 a.m. Rose Crown Minyan 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 1:15 p.m. Shabbat Mincha
	åå 6:53 p.m.		
23 ELUL 14	24 ELUL 15	25 ELUL	16
7:00 a.m. Morning Minyan 9:00 a.m. Maj & Mimosas 4:00 p.m. Religious School 6:30 p.m. Sisterhood Book Club 7:00 p.m. Shireinu 7:30 p.m. Al Anon	7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:30 p.m. Shabbat Evening Service	8:30 a.m. Tefilla Yoga 9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service: Zachary Portnoy becomes a Bar Mitzvah Torah: Deuteronomy 29:9 - 31:30 (Nitzavim-Vayeilech) Haftarah: Isaiah 61:10 - 63:9	9:30 a.m. Rose Crown Minyan 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 1:15 p.m. Shabbat Mincha 7:45 p.m. Selichot (See page 4 for details)
	₫₫ 6:40 p.m.		
1 TISHREI 21	2 TISHREI 22	3 TISHREI	23
Rosh Hashanah Synagogue Office closed 8:30 a.m. Shacharit (Open Seating) 9:45 a.m. Torah Service, Shofar Service, Sermon, Musaf (Assigned Seating) 4:00 p.m. YAD Apples & Honey Event 5:30 p.m. Tashlich/Mincha/Ma'ariv - Clock Tower at Waveland Park See complete schedule on page 7	Rosh Hashanah - Day 2 Synagogue Office closed 8:30 a.m. Shacharit, Torah Service, Sermon, Musaf (includes Blum ticket holders - Open Seating) 11:00 a.m. Optional Study Session	Shabbat Shuvah 8:30 a.m. Tefilla Yoga 9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Torah: Deuteronomy 32:1 - 32:52 [Ha'Azinu] Haftarah: Hosea 14:2-10; Micah 7:18- 20; Joel 2:15-27	9:30 a.m. Rose Crown Minyan 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 1:15 p.m. Shabbat Mincha
	±± 6:28 p.m.		
$_{ m 8\ TISHREI}$	9 TISHREI 29	10 TISHREI	30
7:00 a.m. Morning Minyan 7:30 p.m. Al Anon 9:00 a.m. Maj & Mimosas 4:00 p.m. Religious School 7:00 p.m. Shireinu 7:30 p.m. Al Anon	Erev Yom Kippur/Kol Nidre 7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 5:45 p.m. Sharp Kol Nidre (Doors open at 5:00 p.m.) See complete schedule on page 7	Yom Kippur 8:30 a.m. Shacharit (Open Seating) 10:00 a.m. Torah Service, Sermon, Musaf (Assigned Seating) Torah: Leviticus 16:1 - 16:34; Numbers 29:7 - 29:11 Haftarah: Isaiah 57:14 - 58:14 2:00 p.m. Yizkor (estimated time; after Musaf)	3:00 p.m. Break with Multiple Learning Opportunities 4:15 p.m. Mincha 5:45 p.m. Neilah 7:15 p.m. Shofar Blowing See complete schedule on page 7
	±± 6:16 p.m.		

#### ANSHE EMET SISTERHOOD



#### **SAVE THE DATE**

Annual Sisterhood in the Sukkah event will be on Tuesday, October 10.

#### SISTERHOOD NOMINATIONS OPEN

The Anshe Emet Sisterhood is seeking nominations to the Sisterhood Board. Nominations are being taken for officers and board members. Please contact Lynne Schatz, Nomination Committee Chair to self nominate or nominate someone for the positions of president, treasurer, secretary, membership vice president, programming vice president or general board member. Lynne can be reached at LynneSchatz@gmail.com.

#### **PROGRAMS**

#### **COLLEGE CONNECTION**

Help Anshe Emet keep in touch with your student during the school year. We mail fun, holiday packages (real mail)! Send your name, your student's name, full college mailing address and email to aecollegeconnection@gmail.com.

The Sisterhood book group begins our fall session on September 14.

Although many of our members have been in the group since its inception in 2002, we welcome newcomers. We are fortunate to have Rachel Jacobsohn as our facilitator, who always brings insights into the selections. If you are interested in joining us, please contact Judy at Hgmet1@aol.com. We meet from 6:45-8:45 p.m. at sites TBA at Anshe Emet. Upcoming books include:

Thursday, September 14: Underground Railroad, Colson Whitehead. The Underground Railroad offers the story of a covert, loose organization that worked to help slaves in the Confederacy get to freedom. Whitehead tells an age-old story - the efforts of a runaway slave to escape - in a way that feels like little else out there, bringing new life to a story that none of us can ever afford to forget.

Thursday, November 2: Exit West, Hohsin Mamid. When Nadia and Saeed fall in love in a distant unnamed city, they are just like any other young couple. Early in Exit West, Hamid explains that geography is destiny, and in the case of his two young lovers, geography dictates that they must leave. Hamid offers up a fantastical device to deliver his refugees to places.

#### **Sisterhood Book Discussion Group: Fall 2017**

I am a 2017-2018 Sisterhood member and plan to
participate in the three discussions. I have enclosed a check
made payable to Anshe Emet Sisterhood for \$75.
• •

I am not a member of the Sisterhood and plan to participate in the three sessions. I have enclosed a check made payable to Anshe Emet Sisterhood for \$95.

e-mail (please print clearly) \_

Phone (Home/cell)

■ Please send this form and check made out to Anshe Emet Bridge Sisterhood, or bring it to the first meeting.

Thursday, December 7: A Gentleman in Moscow, Amor Towles. In the year 1922, Count Alexander Ilyich Rostov has been sentenced to House arrest at the famed Moscow Hotel Metropol. Once of the landed elite of Nizhy Novgorod, the Count must live out the rest of his days in one small hotel room. As the Bolsheviks have persevered following their revolution, no long are there ruling classes in Russia, only comrades. It is under these conditions that Count Rostov has become a former person who can no longer step outside of the Metropol. Using this premise, Amor Towles has woven prose to create an enchanting story that makes up the Count's changed course of

#### SISTERHOOD MONDAY NIGHT MAH JONGG

If you are interested in coordinating the Sisterhood's Mah Jongg program, please contact Helene Greenwald at hgreenwa@ gmail.com. For information about Monday Night Mah Jongg email Helene Greenwald at hgreenwa@gmail.com.

The Night Ministry volunteers will continue their meal service with the Night Ministry this year. Contact Janine Landow-Esser to volunteer or donate. Janine811@gmail.com.

The Gift Shop is open Sundays, 9:00 a.m. to 12:00 p.m., when Religious School is in session. Big Back to School Sale. 20% off all items (except klaffs)

Check for upcoming notices and events at www.AnsheEmet.org; look for Sisterhood under Programs.

**Elizabeth Cline, Communications** 

## **Amazon Shopper?** Help Support Anshe Emet



People who shop using Amazon.com can select to support Anshe Emet financially by shopping through AmazonSmile.

Amazon donates 0.5% of the price of eligible AmazonSmile purchases to the charitable organizations selected by their customers, and Anshe Emet is one of

AmazonSmile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when customers shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the price of eliqible purchases to the charitable organizations selected by customers.

For information and to shop, visit smile.amazon.com, search for and select Anshe Emet Synagogue (Chicago) as your designated charity.

If you are not currently receiving Anshe Emet's weekly e-mail and would like to receive it, please call our offices at 773-281-1423 and provide your e-mail address.











### MEN'S CLUB MENSCHEN/MENTION

Two of our Men's Club Board members, Gregg Pollack and Ion Norton, attended the annual International Federation of Jewish Men's Clubs Convention in Washington, D.C. on July 19 to 23. The convention is open to all Men's Club members. The Cantor's Concert at the convention this year featured our own Hazzan Alberto Mizrahi as well as 4 additional renowned cantors from across the country. The keynote speakers included former Congressman Barney Frank, Professor Ron Wolfson, Rabbi David Saperstein, and Rabbi Mike Uram. Additional seminar topics included: family financial management, investing, retirement planning, insurance, a tikkun olam project, and ways to attract new members. Of course, there also was lots of good food.

I am especially pleased to announce that we are now the awardwinning Anshe Emet Men's Club. At the FJMC convention our Yom HaShoah program won an **FJMC Torch Award** for development of new, adapted or enhanced club programming and practices. This is a particularly great accomplishment because it is the most competitive category, and our program received special praise for being very interesting and impressive. We also won the prestigious FJMC Quality Club award. This award is given for meeting or exceeding the very rigorous standards of FJMC for Men's Club administration in 5 areas, quality programming in 11 categories, and local, regional, and international participation. The FJMC Convention is open to all Men's Club members so think about attending next year.

Speaking of quality programming, Men's Club hosted another of our famous Men, Meat, and Midrash events at Milt's Kosher BBQ

on Tuesday evening, August 8. Rabbi Russo led a sold-out group of us in a very stimulating discussion of the parsha of the week, "Ekev, Israel, and Making Every Moment Count." Thanks to Rabbi for making it such a fun and meaningful evening. Of course, we were forced to partake of the fine selection of Milt's kosher food and beverages.

Keep an eye out for details about our next Men's Club outing in September as we once again venture in Kayaks Along the Chicago River. Some say this is how the Israeli Navy got started.

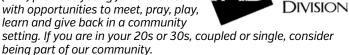
Our outstanding annual Steak and Shots in the Sukkah event is scheduled for October 9 at 6:30 p.m. in our Anshe Emet sukkah. Enjoy the Sukkot holiday with your Men's Club friends, an excellent full course steak dinner, and first class Scotch tastings. Our outstanding "Whisky Lady," Monique Houston, will be leading our single malt Scotch tasting again this year. We will be honoring Cantors Liz and Steven Berke this year for their valued service to our congregation. Registration and payment of \$36 for Men's Club members and \$40 for non-members will be available in the near future.

We always are interested in your input. Please contact us at mensclub@ansheemet.org, check our Facebook page, Anshe Emet Men's Club, or talk to me in shul if you have any ideas for activities you would like from your Men's Club or if you would like to be involved more directly. Remember, we are incomplete without you.

**Barry Balik** 

#### YAD NOTES

Anshe Emet's Young Adult Division (YAD) provides young Jewish adults with opportunities to meet, pray, play, learn and give back in a community



Young

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**NEWS AND UPCOMING EVENTS** 

Join YAD for First Friday Shabbat Services and Dinner, Friday, September 1. \$10 for members. \$18 for non-members. \$5 for First time attendees! Register at xx.

Questions about YAD events? Contact Sam Isenstein at sisenstein@ansheemet.org

Interested in joining YAD? Contact Amy Karp at akarp@ ansheemet.org.

> Anshe Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin



CENTER FOR JEWISH



Looking for a social justice project over the High Holy Days? Na'aseh has two great projects available for providing food and essentials for those in need, with lots of dates to help out. Both are family friendly!

- Ioin us on the morning of September 17 to deliver food packages to Jews in Lakeview as part of Maot Chitim. "Maot Chitim" refers to the centuries old custom of gathering wheat to provide the poor with food, along with other items for the observance of the holidays.
- Help us "staff" collection bins during our annual food and toiletry drive for I Grow Chicago and the ARK. You can sign up to help or bring donations (email us for the list of acceptable items) during the following times:
  - Wednesday, September 20, 6:00 p.m. 7:30 p.m.
  - Thursday, September 21, between 8:30 a.m. Noon & 4:00 p.m. - 5:00 p.m.
  - Friday, September 22, between 8:00 a.m. Noon
  - Friday, September 29, 5:00 p.m. 7:00 p.m.
  - Sunday, October 1, between 9:00 am Noon

To get involved with these or other initiatives throughout the year, or to subscribe to our newsletter, email us at naaseh. ansheemet@gmail.com. Na'aseh wishes you a happy and meaningful year ahead!

#### ANI MA'AMIN – I BELIEVE

I believe in Jewish community. I believe that the synagogue is the cornerstone of Jewish life. I believe that the synagogue is an extension of my Jewish home.

For 25 years, I've dedicated my professional career to the Jewish community and I am proud that at Anshe Emet we strive to provide support, belonging, engagement and education so that you believe that the synagogue is an extension of your Jewish home, as well.



AMY KARP Director of Engagement and The Malkin Family Program Director akarp@AnsheEmet.org

The synagogue is a Beit Ha-Knesset (house of assembly), Beit Ha-Midrash (house of study), and Beit Ha-Tefillah (house of prayer). I believe that it is no accident that the Hebrew word Beit (house or home) is used in each of these descriptions of the synagoque.

Our programs, services, and classes are designed to meet the needs of families with babies, toddlers, teens, college students - empty nesters and seniors. We create opportunities of engagement so that people can create friendships. We want you to feel comfortable and at home. When you walk in the front door of a home on Shabbat and you smell the challah, see the lighted Shabbat table, taste the sweetness of the Kiddush wine, so too, will you enjoy this same warmth as you come to Anshe Emet.

Come in. Join us. I can't wait to greet you!

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Anshe Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin



CENTER FOR JEWISH LIFE

## Misheberach list information

If you would like to have a name placed on the misheberach (prayer for healing) list, please contact Antoinette Nunez at 773-868-5120 or anunez@AnsheEmet.org. Names will be kept on the list for two weeks only, unless otherwise requested.















#### OUR SINCEREST CONDOLENCES TO ...

The family of Lila Grossman, beloved mother of Jan (Alan) Schwartz; loving grandmother of Sam (Stephen) Schwartz-Fenwick and family, Ginna (Jeff) Rinkoff and family, on her recent passing.

The family of Gary S. Kraus, beloved husband of Hillery; loving father of Dana (Tyler) and Jason (Katherine); proud grandfather of Miles and Oscar; caring brother of Bruce, Scott, Karen, Danny and the late Kevin, on his recent passing.

The family of Marlyn Grossman PhD, beloved spouse of Sherry E. Weingart; dear sister of Miriam (Vel) Reinfeld and Diana (Ronald) Kahn; loving sister-in-law of Linda (Jeffrey) Sonin; cherished aunt of Rachel (Beth Ferholt) Kahn, Rachel, Yehoshua, Mordecai, Bracha, Shira, Rebecca and Benjamin, on her recent passing.

**The family of of Harold Crandus,** adored father of Mindy [Gary] Sircus and Larry Crandus; cherished grandfather of Kyle (partner Beau Reynolds) Sircus and Joel (fiancee Stephanie Moelis Rivkin) Sircus; brother of Norman (Laurel) Crandus; Lois (Sidney) Eskenazi; Leonard (August Joyce) Ganek; on his recent passing.

The family of of Herbert Franklyn Horwich, loving husband of lov: devoted father of Iill (Irwin) Bernstein, Dr. David (Paula) Horwich and Penny (Brett) Keeshin; proud grandfather of Scott (Carly), Dana (Joe), Jeremy, Mark, Laney, Michael, Zachary and Adam; cherished great grandfather of Noah; dear brother of Arnold (Judy) Horwich, on his recent passing.

May their memory be for a blessing

### SIMAN TOV U'MAZAL TOV: HEARTFELT CONGRATULATIONS TO ...

Abigail and Michael Carnow (and older sibling, Dean) on the birth of their daughter, Heidi Florence Carnow.



BEGINNING WEDNESDAY, OCTOBER 11 9:00 - 10:00AM · ANSHE EMET

Designed for parents and their child(ren), ages 3-9 months, Downward Baby Yoga will meet for six sessions on Wednesdays, October 11, 18, 25 & November 1, 8, 15, from 9:00-10:00am.

- · Socialize with other parents
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- · Jewish Interactive Learning with Director of Family Life & Learnina, Max Handelman

Cost is \$60 for all sessions.

Register at: http://tinyurl.com/DownwardBabyYogaFall2017



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Anshe Emet Synagogue is grateful for your philanthropic support. Please give a contribution of \$18 or more per tribute and we will be happy to send a commemoration card to the recipient from the synagogue.

Contributions listed are those received from July 7, 2017 - August 6, 2017.

Contributions may be made by calling 773-868-5152, www.ansheemet.org/donate or by mail. Please contact Mimi Weisberg, mweisberg@ansheemet.org, 773-868-5123, for more information.

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Your generous support of the Kiddush Luncheon Fund ensures that the entire community in attendance on Shabbat shares a joyous meal, together. It also supports Bar/Bat Mitzvah families who may have financial challenges when they celebrate their simcha. Thank you!

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Contributions to the Sustaining Fund make it possible for Anshe Emet Synagogue to thrive as an inclusive community at the forefront of Judaism. The Sustaining Fund provides a significant proportion of the synagogue's annual operating expenses allowing Anshe Emet to remain financially stable and secure while continuing to provide our membership with outstanding worship, educational, and social opportunities. Support for the Sustaining Fund also ensures no congregant is turned away to financial need.

We are grateful for your meaningful gift!
Listing of Donations through August 7, 2017

#### THE TREE OF LIFE CIRCLE

Aron Ha'kodesh – The Holy Ark (\$18,000+)

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"As my ancestors planted for me before I was born, so do I plant for those who come after me." -Talmud

Days, months, decades from now your name will matter and your dollars will make a difference. Join the Anshe Emet Dor L'Dor Society and leave your Jewish legacy and values for generations to come. When you make a bequest in your will, you are a member! We don't need to know the amount; only that you have made a gift.

Please contact Mimi Weisberg, mweisberg@ansheemet.org, 773-868-5123, for more information.

### Anshe Emet Dor L'Dor Society Members

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# **Community Resources**

### Using Medications Safely: Empowering Older Adults

Medication misuse can be hard to detect in older adults because the symptoms may mimic the natural aging process or other health problems. It is vitally important to watch for warning signs and to take action if concerns are raised. The consequences of allowing possible medication misuse to continue include negative impacts on the management of other medical issues, the loss of independent living, and financial insecurity. Warning signs include:

- Sudden changes in behavior
- Withdrawal from family, friends, activities
- Rapid increase in the amount of medicine that is needed
- Very frequent refills
- "Doctor shopping" to get several prescriptions for the same medicine

How can an individual reduce his or her risk of misusing medications? By taking medications exactly as prescribed, by consulting with physicians if prescribed medications seem to be losing their effectiveness, and by doing a "brown bag check": bringing all medications in their prescription bottles and any over the counter vitamins or herbal preparations to doctor visits. Sometimes one doctor may not be aware of what another has prescribed which can result in over-prescribing and dangerous drug interactions.

If you have questions or concerns about yourself or about a family member or friend, please contact Nina Henry, Addiction Specialist at The

Jewish Child & Family Services

Jewish Center for Addiction, at 847-745-5457 or ninahenry@jcfs.org. Or contact Anshe Emet's Jewish Child & Family Services Liaison Ann Luban at 847-745-5420 or AnnLuban@jcfs.org.

# Do You Have Your Member ID Badge?

In 2012, we instituted new security measures that require all visitors to checkin with Security and receive a permanent or temporary badge to wear while in the building at all times other than Shabbat.

As a member of Anshe Emet Synagogue you are entitled to a permanent member badge, which you can show to Security as you enter. Having



your member badge expedites your entry into the building and is required for parents of Religious School students.

Please stop by the Security Desk at these times in September:

- Sunday, September 10, 9:00 a.m. to 1:00 p.m.
- Sunday, September 17, 9:00 a.m. to 1:00 p.m.

# Has your address, phone number or e-mail changed?

Please let us know by calling the synagogue office at 773-868-5126. Thank you!

# Anshe Emet Confidential Assistance Program designed to help members through tough financial times

If you are an Anshe Emet member experiencing financial hardship, we may be able to be of assistance to you during these difficult times. There are numerous community resources to which we can direct you, as well as some available funds here at Anshe Emet to help congregants in need.

If you are a congregant needing assistance with:

- Food
- Shelter (rent, utilities)
- Emergency medical expenses
- Jewish day school tuition
- Summer Camp fees
- · Study in Israel or Jewish educational program expenses

Please contact the Assistance Program Coordinator directly at assistance@AnsheEmet.org or at 773-868-5133 for further information

Please note that all inquiries and any information exchange will be completely confidential

Look for a link to a downloadable application form at http://www.ansheemet.org/Confidential\_Financial\_Assistance.

# **Amazon Shopper?** Help Support Anshe Emet

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If you have questions, please contact Megan Zimmer at mzimmer@ansheemet.org, or by phone at 773-868-5143.

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