

SEPTEMBER 2018 | ELUL 5778-TISHREI 5779 | WWW.ANSHEEMET.ORG













#### TRAVERSING THE PATH OF THE NEW YEAR: OBSTACLES AND ALL

How do we prepare for a New Year?

What steps do we need to take to ensure that we will be able to embrace all of the possibilities that this gift of time offers us?

As our Rosh Hashanah liturgy makes clear, Jews look backward before moving forward. Our tradition calls on us to reflect on the past year.

As we prepare for a New Year, I want to share a story entitled "The Mountain and the Cliff," which was created by David Holtz.

Once upon a time, in the Old Country, there lived a man and his young son. The man was a merchant, someone who sold a little of this and a little of that just to keep food on his family's table. Once each month he would bring out his sturdy wagon, load it up with goods for sale and head off on a trip to sell his goods to the people living in other towns. And when he went on these trips, his son always went along.

On one particular day, their trip started out like any other. Early in the morning, the father loaded his wagon with a little of this and a little of that. The father and son looked ahead and saw in front of them a tremendous pile of rocks, which had rolled off the top of the mountain, right into the middle of the road. Rocks of all sizes! The horse had stopped because it didn't know what to do. The road appeared impassable and it appeared as though they would have to go back.

But the boy turned and said quickly, "Don't worry, Father, I'll get rid of all those rocks, and then we'll be on our way." And with that he jumped down from the wagon and began to work. He pushed rocks, he pulled rocks, he rolled rocks over the cliff. He worked for two hours, and when he was done all of the rocks were gone – except one. After all the boy's hard work, the biggest rock, the one that had been at the bottom of the pile, was still sitting in the middle of the road. No matter how much he tried, he could not move it.

The boy walked wearily back to the wagon, wiping his arm across his forehead. He looked up and said, "I'm sorry, Father, but I can't move that last rock, and we can't get around it. I'm afraid we'll

have to go back."

His father looked down and asked, "Have you really done everything you could?"

Surprised by the question, the boy thought for a moment. Then his face lit up with inspiration, and he

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RABBI MICHAEL S.

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ran to the back of the wagon and got out a long piece of cloth, for they sold fabric. He went to the rock, wrapped the cloth around it, took a deep breath, and began to pull. He pulled until his muscles bulged, but the rock didn't budge.

Disappointed, he walked back, slumped against the wagon, and said, "I'm sorry, Father, it's no use. We'll have to go back."

His father tilted his head to one side as he looked at his son and asked again, "Have you really done everything you could?"

Though he was very tired, the boy thought for a moment. Suddenly, his shoulders straightened as an idea came to him. He ran to the back of the wagon and took out a long piece of wood, for they sold lumber. He went to the rock, placed one end of the board underneath it, and began to lean on the other end. He pushed down with all his weight, he pushed until his eyes bulged, but the rock didn't budge.

He stared at the rock for a moment more, then turned slowly and trudged back to the wagon. Once more he said: "I'm sorry, Father, I just can't move that rock. We'll have to go back."

And once again his father looked at him and asked, "Have you really done everything you could?"

This time the boy got angry. "Yes! Yes, I have! I have been pushing and pulling and rolling and throwing rocks for two hours. I've used the lumber. I really have done

See "Rabbi Siegel," page 6

High Holy Days Worship Schedule, Security and Parking Information ... pages 4-5 Sukkot, Shemini Atzeret, Simchat Torah Informations ... pages 6-7

## THIS IS WHAT COMMUNITY IS ALL ABOUT

Ecclesiastes wrote, and the Byrds later sang, "To everything there is a season, and a time to every purpose under Heaven." Everyone has a busy season. Accountants have April, Chicago boatyards have May and October, milliners have Derby Day in the Spring, and synagogues have the High Holy Days, or HHDs as we call them in the trade.

As I write this, everyone at Anshe Emet is busy getting ready to bring you the best holiday experience we can muster. Rabbi Michael Siegel, Rabbi David Russo and Rabbi D'ror Chankin-Gould are pulling together the themes of their sermons, working and re-working them to make them as meaningful, accessible and inspiring as they can possibly be. Hazzan Alberto Mizrahi is working with Hazzan Liz Berke, Ritual Director Naomi Weiss-Weil and all the people who will be leading services, reading Torah, chanting haftaroth, and providing musical support to build a musical experience to enhance your synagogue experience. Our professional staff, led by Boni Fine, are working on the multitude of logistics needed to move thousands of people in and out of multiple services multiple times, while our amazing maintenance crew is doing a positively heroic job of keeping our aging infrastructure up to museum-quality polish and shine.

All of this work, all of this effort, all of this stress, and all of this sweat is worth it the moment we see you walk through our doors.

Think about the effort you may put into making a big holiday dinner for your extended family. You know it's all worth it when you've greeted your guests, fed them well, and enjoyed sharing old memories and making new ones together. That's precisely the feeling that Anshe Emet Synagogue strives for as we

prepare for the High Holy Days. We want to see you, catch up with you, engage you, and feed your soul in a way that will inspire you either personally, spiritually, or religiously. That's what family is for, and that's what community is all about.

We hope you'll be both a quest and, as a member, a host for High Holy Day Services at Anshe Emet Synagogue. We hope to see you and your family. We hope to spark fond memories and create new ones. We hope we create an atmosphere that will meet your religious and spiritual needs. We hope to sing with you, learn with you, visit with you, and pray with you.

Most of all, we hope that the new year, 5779, brings good health, joy, fulfillment and meaning to you and to your extended family. We at Anshe Emet feel like part of that extended family, and we hope that's how you feel about us.

L'shana tova!

David Russo

Rabbi

Art Friedson

Elizabeth Berke

Hazzan Sheni

ART FRIEDSON

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President, Anshe Emet Synagogue

# MAZEL TOV TO OUR B'NAI MITZVAH



**Aaron Bacon** September 1, 2018 Son of Rebecca and Wade Bacon



Bravden Kleeberg September 1, 2018 Son of Amy Frankel and Evan Kleeberg



**Ava Florence Lichstein** September 1, 2018 Daughter of Miriam and Benjamin Lichstein



Ari Rose Kendall September 15, 2018 Daughter of Lisa Sectzer Kendall and Joel Kendall



**Chloe Krasman** Daughter of Erin and Michael Krasman

**Photo Not Available** 

lake Levinson September 22, 2018 September 29, 2018 Son of Robin Mitchell and Robert Levinson



Michael S. Siegel, Senior Rabbi The Norman Asher Rabbinic Chair

Alberto Mizrahi, Hazzan The Arnold H. Kaplan, M.D. Cantorial Chair

Ritual Director

Art Friedson, President

Boni Fine, Executive Director

D'ror Chankin-Gould Naomi Weiss-Weil

Rabbi Donni Aaron, Youth/Family Tefilah Educator Kim Carter, Director of Hospitality

Maxine Handelman, Director of Family Life & Learning Edgar Hernandez-Meza, Director of Administration Samantha Isenstein, Youth and Young Adult Director

> Amy Karp, Director of Engagement and The Malkin Family Program Director

Laurie Orenstein, Interim Religious School Principal Emily Schoerning, PhD, Director of Educational Innovation

Steve Strien, Director of Finance Mimi Weisberg, Director of Development

Jerry Mayeroff, Editor, Anshe Emet Newsletter

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### MANY WAYS TO ENGAGE DURING SUKKOT

September has arrived, which means that it will soon be time to gather the *arba'ah minim*, or four species, for Sukkot: etrog, palm, myrtle, and willow. As Leviticus states, "On the first day you shall take the product of hadar trees, branches of palm trees, boughs of leafy trees, and willows of the brook, and you shall rejoice

before the Lord your God seven days." (Leviticus 23:40). Our tradition teaches that the four plants signify unity. Each is different (size, shape, etc.), but they are brought together to form the lulav, the symbol of this joyful holiday. Much as a community is composed of people with all sorts of characteristics and experiences, who share in each other's triumphs and sorrows side by side. Anshe Emet is blessed with a fabulous community; here are some great ways to engage with Sukkot together!

#### JOIN US FOR SERVICES

You can find a full service schedule on page 7. Whether you intend to come to everything or can only make it for the prayer for rain, we'd love to celebrate with you!

#### SUKKOT IS AWESOME

On Shabbat, September 27, join us from 1:00-4:00 p.m. for games, sports, study, and more!

#### SUPER SUKKAH SUNDAY

Families with children 4-8 years old are specially invited to join us on Sunday, September 30 from 11:30 a.m.-1:00 p.m. for fun, interactive Sukkot activities. Brought to you by Anshe Emet and Bernard Zell.

#### **EVENTS FOR ALL AGES**

- September 23: Join the Sisterhood for Brunch & Munch in the Sukkah at 1:00 p.m.
- September 26: Starting at 6:30 p.m., the Men's Club will reprise the ever-popular Steak & Shots in the Sukkah, this year honoring our amazing security team.
- September 27: Make s'mores in the Sukkah with YAD.

#### ENJOY A MEAL IN ANSHE EMET'S SUKKAH

Bring your own potluck meal and sit in our sukkah during community open sukkah times.

#### VISIT A SUKKAH, HOST IN A SUKKAH

Take part in Seat Me in the Sukkah for Shabbat dinner on September 28, as our community hosts one another in their homes. Be sure to check our website for updated information on other Sukkot-related events. We can't wait to share the joy of the holiday with you! As our Sages said, "Anyone who has never seen the rejoicing at the place of water drawing, has never seen rejoicing in all his days." [Mishnah Sukkah 5:1]





RABBI D'ROR CHANKIN-GOULD dcgould@ansheemet.org

### THE "COLLECTIVE" VIEW

#### **Shanah Tovah!**

The way in which we honor the Jewish new year, Rosh Hashanah, is quite different from the way we honor the secular new year on January 1st. On Rosh Hashanah we are reflective and somber, on January 1st we are raucous and giddy. On Rosh Hashanah we

eat apples and honey, on January 1st we toast champagne. On Rosh Hashanah we gather for prayer and reflection, on January 1st we party with our friends.

But there's a more interesting difference. January 1st is all about you as an individual- what "new year's vows" will you make to improve your life? Rosh Hashanah is all about us as a community: what do we have to celebrate, what do we need to fix, what are our values, and where are we headed? Everything in our prayers and in our reflections draws us back to a sense of collective identity and indeed responsibility.

That "collective" view has permeated the way that Anshe Emet, over the last two years, has engaged in long-term visioning for 21st century Jewish education. The LaAtid Task Force, chaired by Dani Lazar, and led by Core Team members Sam Schwartz-Fenwick and Jason Star, has asked us to consider "what do we need to do to engage all our children?"

The vision which came about focuses on sharing knowledge, building community, celebrating diversity, and honoring flexibility. To meet the needs of all the learners in our community, to understand every child as our child, requires of us to try new methods.

This year, for the first time we will be bringing all of our families together, religious school and day school families, through three exciting "family days" where people from different parts of our community can come together.

This year, for the first time we will be offering four exciting pilots

of High School learning which recognize that different students need different days, times, topics, and modes of learning.

This year, for the first time, we will be teaching core content in the Joseph and Belle Braun Religious School in different modalities: the same core texts for our 4th graders (Jonah, Esther, and Ruth) will be offered to learners and families where they can choose how to learn (art, drama, text discussion, or perhaps an obstacle course?)

And I am especially delighted to announce, in light of our deep value of the collective, of including each and every one of our children, an exciting new aspect of religious school this year: our partnership with Keshet.

For the past 35 years, Keshet has integrated students, campers, residents, and employees with disabilities into over 70 sites in the Chicago area and throughout the Midwest. Globally, Keshet has trained over 15,000 staff members, proving the tools necessary for successful inclusion. Keshet's local leadership, comprised of nearly 100 lay leaders from all walks of life, provide the inspiration, direction, and funding required to fulfill the organization's mission: to do whatever is necessary to allow individuals with disabilities to achieve their potential.

We are thrilled that Keshet will be working directly with our educators, offering on-site support and inclusion training. A representative of Keshet will be present every Sunday of religious school, providing resources to both our teachers and our *madrichim* (teacher's aides). Additionally, we will be able to offer our teachers specific professional development opportunities with Keshet, enhancing their ability to further the success of each individual student.

We look toward the new year with hope, gratitude, and the spirit of innovation. Each of our new educational ventures will be invaluable in furthering Anshe Emet's commitment to , community, by helping to ensure that every person finds their place within our walls.



## HIGH HIGH HOLY DAYS 5779/2018 WORSHIP SCHEDULE

The following is the 5779/2018 worship schedule. Service times for Rosh Hashanah and Yom Kippur have been organized by your High Holy Day seating venue.

Please Note: On Rosh Hashanah Day One we will all join together at the Clock Tower at Waveland Park for Tashlich/Mincha/Ma'ariv (in the event of rain Ma'ariv will be at 7:00 pm in Malkov Chapel). ALSO – there are scheduled Cubs games on both Rosh Hashanah Day One (September 10) and Day Two (September 11). Both games are at 7:05 p.m., which may affect traffic and your parking options.

#### **SELICHOT SERVICE**

Saturday, September 1, 8:30 p.m.

#### **SANCTUARY SCHEDULE**

#### Sunday, September 9: Erev Rosh Hashanah

6:40 p.m. Mincha (Malkov Chapel)

7:00 p.m. Ma'ariv (Open Seating, Sanctuary)

#### Monday, September 10: Rosh Hashanah Day 1

8:30 a.m. Shacharit (Open Seating, Sanctuary)
9:45 a.m. Torah Service, Shofar, Sermon, Musaf
[Assigned Sanctuary Seating Resumes]

10:30 a.m. Teen Learning (Youth Lounge)

5:30 p.m. Tashlich, Mincha, Ma'ariv

(Clock Tower at Waveland Park)

#### Tuesday, September 11: Rosh Hashanah Day 2

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf

(Open Seating, Sanctuary)

11:00 a.m. & 12:00 p.m. Optional Study Sessions

#### Tuesday, September 18: Kol Nidre

5:15 p.m. Doors Open

6:00 p.m. SHARP start to Sanctuary Service

(Assigned Sanctuary Seating)

#### Wednesday, September 19: Yom Kippur

8:30 a.m. Shacharit (Open Seating, Sanctuary)

10:00 a.m. Torah Service, Sermon, Musaf (Assigned Sanctuary Seating

Resumes) Yizkor to be held after Musaf

3:00 p.m. Break (Discussion in Sanctuary)
4:15 p.m. Mincha (Open Seating, Sanctuary)
6:00 p.m. Neilah (Open Seating, Sanctuary)

7:35 p.m. Shofar

#### **FAMILY SERVICE WORSHIP SCHEDULE**

(Morning Young Family Services are intended for families with children in kindergarten and younger.)

#### Monday, September 10: Rosh Hashanah Day 1

8:45 a.m. - 9:30 a.m. Young Family Service

#### Tuesday, September 11: Rosh Hashanah Day 2

8:45 a.m. - 9:30 a.m. Young Family Service

#### Wednesday, September 18: Yom Kippur

8:45 a.m. - 9:30 a.m. Young Family Service

6:45 p.m. - 7:30 p.m. Family Neilah Service

(This service is intended for families with children in 1st to 5th grade)

Register for Young Families tickets at https://tinyurl.com/YFHHDTickets2018

#### YOUNG ADULT TICKET AVAILABILITY

The High Holy Days are right around the corner! Once again, Anshe Emet Synagogue is offering High Holy Days tickets for young adults (ages 21-36), who are not members of the synagogue.

The ticket is valid for all High Holy Days 5779 in Blum Community Hall only. Cost is \$80. No tickets will be sold after September 4.

Please visit https://tinyurl.com/YADHHDTickets2018 to purchase your ticket today.

Tickets are required for security and admission to all services.

You will be asked to display them at the door. Times listed are approximate.

#### **BLUM COMMUNITY HALL SCHEDULE**

#### Sunday, September 9: Erev Rosh Hashanah

7:00 p.m. Ma'ariv (Open Seating, Sanctuary)

#### Monday, September 10: Rosh Hashanah Day 1

8:30 a.m. Shacharit (Open Seating, Sanctuary)
9:45 a.m. Torah Service, Shofar, Sermon, Musaf
[Held in Blum for Blum Ticket Holders]

10:30 a.m. Teen Learning (Youth Lounge)
5:30 p.m. Tashlich, Mincha, Ma'ariv
(Clock Tower at Waveland Park)

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#### Tuesday, September 11: Rosh Hashanah Day 2

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf [Open Seating, Sanctuary; THERE IS NO SERVICE IN BLUM]

11:00 a.m. & 12:00 p.m. Optional Study Sessions

#### Tuesday, September 18: Kol Nidre

5:15 p.m. Doors Open

6:00 p.m. SHARP start to Blum Service

#### Wednesday, September 19: Yom Kippur

8:30 a.m. Shacharit (Open Seating, Sanctuary) 10:00 a.m. Torah Service, Sermon, Musaf

(Held in Blum for Blum Ticket Holders) Yizkor to be held after Musaf

3:00 p.m. Break (Discussion in Sanctuary)
4:15 p.m. Mincha (Open Seating, Sanctuary)
6:00 p.m. Neilah (Open Seating, Sanctuary)

7:35 p.m. Shofar

#### MALKOV CHAPEL SCHEDULE

#### Sunday, September 9: Erev Rosh Hashanah

6:40 p.m. Mincha (Malkov Chapel)

7:00 p.m. Ma'ariv (No Media Center Service)

#### Monday, September 10: Rosh Hashanah Day 1

8:30 a.m. Shacharit

9:45 a.m. approx. Additional Malkov Chapel-style Service beginning

with Torah Service (2nd Floor Media Center) 10:30 a.m. Teen Learning (Youth Lounge)

5:30 p.m. Tashlich, Mincha, Ma'ariv (Clock Tower at Waveland Park)

#### Tuesday, September 11: Rosh Hashanah Day 2

8:30 a.m. Shacharit, Torah Service, Sermon, Musaf 11:00 a.m. & 12:00 p.m. Optional Study Sessions [NO MEDIA CENTER SERVICE]

#### Tuesday, September 18: Kol Nidre

5:00 p.m. Doors Open

6:15 p.m. Mincha (Malkov Chapel) 6:30 p.m. Kol Nidre (Malkov Chapel) 6:45 p.m. Ma'ariv (Malkov Chapel)

Additional Malkov Chapel-style Service

(2nd Floor Media Center)

#### Wednesday, September 19: Yom Kippur

8:30 a.m. Shacharit

9:45 a.m. Torah Service, Sermon, Yizkor, Musaf (Malkov Chapel) 10:00 a.m. approx Additional Malkov Chapel-style Service beginning

with Torah Service (2nd Floor Media Center) 3:00 p.m. Break (Discussion in Sanctuary)

5:00 p.m. Mincha (Malkov Chapel) 6:15 p.m. Neilah (Malkov Chapel)

7:35 p.m. Shofar



# HIGH HIGH HOLY DAYS 5779/2018 YOUTH PROGRAMMING

As always on the High Holy Days, we have youth programming for ages 18 months through 12th grade available to all regular ticket holders (Main Sanctuary, Blum Community Hall and Malkov Chapel).

Visit tinyurl.com/AESHighholiday2018children to register children from 18 months through 8th grade.

Visit tinyurl.com/AESHighholiday2018teen to register children from 9th to 12th grade.

## **Youth Programming Schedule**

#### Rosh Hashanah Day 1, Day 2 and Yom Kippur:

18 month through 8th grade - 9:30 a.m. - 1:30 p.m. 9th - 12th grade - 10:30 a.m. - 12:30 p.m., (RH1 and YK only)

#### **Kol Nidre:**

18 month through 8th grade - 6:00 p.m. - 9:00 p.m.

For Youth Services during Sukkot, Shemini Atzeret and Simchat Torah, see page 9.

### HIGH HOLY DAYS 5779/2018 PARKING/SECURITY INFORMATION

#### PARKING INFORMATION:

Parking is available in several locations around the synagogue but must be arranged in advance. Please note that the Cubs are playing home games on both Rosh Hashanah Day I (September 10 at 7:05 p.m.) and Rosh Hashanah Day II (September 11 at 7:05 p.m.) which may affect traffic and your parking options.

- Parking in the synagogue lot will be reserved for those with a government issued handicap plate or placard.
- The Halsted Flats property just across the street at 3740 N.
   Halsted St. has parking available on non-Cubs game days
   [Yom Kippur only] but this must be purchased and printed
   in advance. You can purchase a guest parking validation at
   https://HalstedFlats.clickandpark.com.
  - Select Daily Parking, then click *Next*.
  - Select the date, then click Next.
  - Type "Synagogue" into the access code box and click Update.
  - Select 4 or 10 hour validation and click Add to Cart.
  - You will be redirected to a Shopping Cart page where you can checkout and then print your validation.
  - Entering and Exiting the Garage: You MUST PRINT your guest parking validation in order to enter the garage!
     Please place the bar code portion of the validation by the infrared reader located by the red screen area. Once the validation is read by the entry station a ticket will be dispensed. This ticket is used to exit the facility. If you exceed the purchased period of time the exit station will request additional payment.
- For other parking options (not at Halsted Flats), visit www.SpotHero.com to help find individual spots in the area.
   You will need to do this well in advance.

#### TAXICAB INFORMATION:

The easiest way to get to and from the synagogue will be by taxi, or ride sharing services such as **Uber** or **Lyft**. Many of the taxi companies allow for advance reservations and payment. The contact information for several of the taxi companies is listed below:

Flash Cab: 773-561-4444 Yellow Cab: 312-829-4222 American United: 773-248-7600 Blue Ribbon Taxi: 773-878-5400

#### **DECALS:**

Look for a new decal for the 2018-19 year enclosed with your High Holy Day tickets. This decal should be placed on the lower right hand portion of your windshield (above your city of Chicago sticker). This decal signifies that you are a member of Anshe Emet and will speed your entry into the parking lot during certain times of the year when peak activities are underway. This decal is not a parking permit for the High Holy Days.

#### SECURITY:

As a reminder, all persons and bags are subject to search. So that we do not inconvenience you or create long lines at the entry desk, please limit what you bring to the synagogue. Sanctuary ticket holders should enter the building from Pine Grove; Blum ticket holders from Broadway or Grace Street; Malkov ticket holders from Grace Street.

#### **BADGES:**

If you do not already have a member badge, we strongly encourage you to get one as it will greatly speed up your entry into the building during times other than Shabbat and Holidays. Please stop by the Security Desk at the following times:

Sunday, August 19 from 9:00 a.m. – Noon Sunday, August 26 from 10:00 a.m. – 1:00 p.m.

Please watch our website, www.AnsheEmet.org/parking for the latest parking information in the event of changes

## CELEBRATE SUKKOT, SHEMINI ATZERET AND SIMCHAT TORAH

#### HOLIDAY INFORMATION



#### **About Sukkot**

Sukkot, beginning the evening of Sunday, September 23, is one of the three Pilgrimage festivals to Jerusalem (Passover and Shavuot are the other two). Sukkot, the Festival of Booths, occurs during the season of the reaping of the harvest in Israel.

Two mitzvot highlight Sukkot: 1. To dwell in the sukkah, and 2. To shake the lulav and etrog. They are shaken during the Hallel service on all days of Sukkot, except for Shabbat.

Sitting in the sukkah and shaking the lulav and etrog give the holiday a certain joy which causes Sukkot to be referred to as *Z'man Simchatenu*, "the season of our joy."

Since hospitality to others is a religious commandment, it is a wonderful idea to invite guests to one's sukkah. Often people invite the "Ushpizin"-imaginary guests (Abraham and Sarah, Isaac and Rebecca, Jacob, Rachel and Leah, Joseph, Moses, Aaron, and King David) who according to an ancient mystical tradition, join the family in the sukkah on successive nights during the festival. Following the first two days of Sukkot, five days of Chol Hamoed (mid-festival days) are observed.

#### **About Hoshana Raba**

The seventh day of Sukkot, or the fifth day of Chol Hamoed is known as Hoshana Raba, the great Hoshana, this year on Sunday, September 30.

The name is derived from the fact that on this day, instead of circling around the Bimah once while reciting the prayer of Hoshanah, on the fifth day of Chol Hamoed, seven processions are made with Iulav and etrog

in hand. All of the Torahs are taken out of the ark and everyone who has a lulav and etrog follows the Torah for a total of seven processionals around the synagogue.

The Rabbis tell us about the Book of Life, how God judges us on Rosh Hashanah and writes down our fate for the year to come. On Yom Kippur, God closes the book. On Hoshana Raba, the book is sealed.

# About Shemini Atzeret (The Eighth Day of Solemn Assembly).

The eighth day of Sukkot, known as Shemini Atzeret (this year on Monday, October 1), is a festival by itself. The etrog and lulav are not taken on that day, nor are meals eaten in the sukkah. Yizkor, the prayer remembering those who are no longer with us is recited. On Shemini Atzeret we also say Tefillat Geshem, the prayer for rain in Israel.

#### **About Simchat Torah**



The climax of the "Season of our Joy" is reached on Simchat Torah (The Rejoicing with the Torah), this year beginning the evening of Monday, October 1. People take part in the Hakafot, the processions with the Torah. People sing and dance with the Torah and celebrate the completion of the reading of the Torah with the final verses of Deuteronomy and begin with verses

from Genesis again right away. Children dance with smaller Torahs and wave special flags as they too march around to celebrate the reading of the Torah.

#### RABBI SIEGEL ... FROM PAGE 1

everything I could!"

His father shook his head, and said quietly, "No, you haven't, because you haven't asked me to help you." With that he climbed down from the wagon, and then he and his son walked to the rock. Together, they rolled it off the road and over the cliff. Then they climbed onto the wagon, and with a soft cluck of the father's tongue and a gentle shake of the reins, they were on their way.

This story teaches a wonderful truth as we approach the New Year. Over the course of time, there will be obstacles and challenges before us. In most cases, we will find a way to get past the challenge of the moment and move forward. However, it is also quite likely that on occasion we will be in the same position as the son and his father. When after we have tried everything, the only way forward is to ask for help. I hope that if and when that moment comes, you will call upon us at Anshe Emet.

We are a community in the best sense of the word. At Anshe Emet, you will find people who care, and are ready to do whatever we can to move to a better place. Whether it is our clergy, or a caring committee, we are here for you.

• We are here when you face a loss, when you are faced with illness, or any other of life's challenges.

- We are here to support you in joyous times as well.
- We are here to walk with you on your Jewish and spiritual journey as well to ensure that you benefit from all that our tradition offers.

In our hyper technological age many of us believe that all answers are on Google! That is only true to a certain extent. There are times when we need to feel a helping hand, hear a kind and caring voice, and have a partner to move that boulder blocking our path aside.

During the course of the upcoming year, I hope that you will remember this simple tale. When you find yourself facing an obstacle or feeling stuck, lonely, or simply desirous of setting a new course, remember the lesson of the father to his son: you have not done all that you could if you have not asked anyone else to lend a hand. Like the father, we will be here when you do.

Janet joins me in wishing you and your loved ones a *Shana Tova U'Metukah!* 

## CELEBRATE SUKKOT, SHEMINI ATZERET AND SIMCHAT TORAH

WORSHIP SCHEDULE AND SPECIAL EVENTS

#### Sunday, September 23: Erev Sukkot

6:00 p.m.: Mincha/Ma'ariv Congregational Erev Sukkot Service

### Monday, September 24: Sukkot Day One

9:30 a.m.: Sukkot Day 1 Service (Sanctuary)

9:30 a.m.: Rose Crown Minyan Sukkot Day 1 Service [Malkov]

11:15 a.m.: Youth Services (Families with younger kids
Rose Crown Room; Older kids - Youth Lounge)
6:00 p.m.: Mincha/Ma'ariv, Sukkot Evening Service

# Tuesday, September 25: Sukkot Day Two

9:30 a.m.: Sukkot Day 2 Service (Sanctuary)

9:30 a.m.: Rose Crown Minyan Sukkot Day 2 Service (Malkov)

11:15 a.m.: Youth Services (Families with younger kids - Rose Crown Room; Older kids - Youth Lounge)

#### Saturday, September 29: Shabbat Chol Hamoed Sukkot

9:00 a.m.: Parsha Class (Bennet Library)
9:30 a.m.: Sanctuary Service (Main Sanctuary)
9:30 a.m.: Rose Crown Minyan (Malkov Chapel)
10:00 a.m.: Shalom Shabbat (families with babies-4 years)
10:45 a.m.: Junior Congregation (traditional student-led Shacharit service for 3-7th graders)

11:00 a.m.: Shachar (families with K-2nd graders)
11:00 a.m.: Ruach (families with 3-7th graders)
1:00 - 4:00 p.m.: Sukkot is Awesome

#### Sunday, September 30: Hoshana Raba

8:30: Morning Service

11:30 - 1:00 p.m.: Super Sukkah Sunday

6:00 p.m.: Erev Shemini Atzeret Service (Sanctuary)

#### Monday, October 1: Shemini Atzeret

9:30 a.m.: Sanctuary Festival Service / Yizkor
9:30 a.m.: Rose Crown Minyan Festival Service / Yizkor
11:15 a.m.: Youth Service (Families with younger kids Rose Crown Room; Older kids - Youth Lounge)
5:30 p.m.: Family Dinner
6:00 p.m.: READ-iculous Service

7:00 p.m.: Erev Simchat Torah Service, Dancing, and Torah Reading (Sanctuary)

#### Tuesday, October 2: Simchat Torah

9:30 a.m.: Combined Service, Sanctuary & Rose Crown Minyan (Malkov Chapel) 10:00 - 10:30 a.m.: Youth Service



For the latest updates, please watch Shabbat Today and visit www.AnsheEmet.org.

# ANNOUNCING THE SIMCHAT TORAH HONOREES FOR 5779

EREV SIMCHAT TORAH MONDAY, OCTOBER 1

Chatan Torah: Adam Rubenfire Chatanim Torah: Marna & Dan Goldwin

Bachur Hatorah: Nitzan Aaron

SIMCHAT TORAH TUESDAY, OCTOBER 2

Chatan Torah: Alan Mintz Kallat Bereshit: Emily Feder

Please join us at Simchat Torah services to celebrate with the honorees listed above.

# **Sukkah Events/Availability**

- Sunday, September 23: Sukkah is available from 5:00 to 9:30 p.m.
- Monday, September 24: Sukkah is available from 5:00 to 9:30 p.m.
- Tuesday, September 25: Sukkah is available from 5:00 to 9:30 p.m.
- Wednesday, September 26:

Men's Club Steak & Shots in the Sukkah. Small Sukkah open to the Community from 5:00 to 9:30 p.m.

• Thursday, September 27:

YAD S'mores in the Sukkah Program Small Sukkah open to community from 5:00 to 9:30 p.m.

- Friday, September 28: Sukkah available from 6:00 to 9:30 p.m. Community Wide Seat Me in the Sukkah. Sign-up to host or be hosted at: tinyurl.com/seatmeinthesukkah
- Saturday, September 29: Join us in the Sukkah for Kiddush lunch through the end of Shabbat/Sukkot is Awesome at 4:00 p.m.
- **Sunday, September 30:** Join us in the Sukkah for Super Sukkah Sunday 11:30 a.m. 1:00 p.m.

# RAYMOND ARBETMAN CENTER FOR JEWISH EDUCATION



For details and registration information visit our website at https://www.ansheemet.org/adulted.

#### BACK TO SCHOOL...

The Raymond Arbetman Center for Adult Jewish Education has some exciting plans for the coming year, but their realization and success depend on you. We will be offering classes such as Great Books of Judaism (dinner included!) with area scholars and Rambam's Guide to the Perplexed with Prof. Norbert Samuelson. As always, we help individuals start their journey with Hebrew 1.0, and have



ELIZABETH BERKE

Hazzan Sheni eberke@ansheemet.org

weekly text and parshah study. Individuals have approached me to have classes on basic Hebrew conversation, Talmud and Pirkei Avot, which the Arbetman Center would love to offer. Do you have a group of friends who want to study together? Let me know, and we will strive to create a class that suits your interests. It is easier to offer classes when we know there is interest in a particular topic, instead of guessing at what people may want to learn.

For details on these and our weekly classes, please consult the website and look for details in Shabbat Today and the Continuing Education emails. Would you like to receive the Continuing Education emails? Please email me, eberke@ ansheemet.org, and let me know to add you to the list.

# HaZaK PROGRAM FOR RETIRED ADULTS

HOKHMAH (WISDOM) • ZIKNAH (MATURITY)
• KADIMAH (LOOKING AHEAD) •

HaZaK is an Anshe Emet daytime program for mature adults with active minds. We offer discussions on a variety of Jewish-related topics with Rabbi Siegel, Hazzan Mizrahi, Cantor Liz Berke, Rabbi Russo, Rabbi Chankin-Gould, Elie Berkman, and others.

HaZaK meets at Anshe Emet Synagogue every Monday, from 1:00 – 2:00 p.m.

In September, Hazak will only meet on September 17 due to all of the holidays. It will be led by Hazzan Elizabeth Berke.

Anshe Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life



CENTER FOR JEWISH LIFE

#### OPENING DAY & OPEN HOUSE!

#### Dear Friends,

Our whole religious school staff has been hard at work this month developing great new learning activities, not only for our students, but also for our madrichim and teachers. One of the exciting changes we will be introducing this year, thanks to the work of Laurie Orenstein, is our partnership with Keshet. Keshet is developing a unique partnership with Anshe



EMILY SCHOERNING, PhD

Director of Educational Innovation eschoerning@ansheemet.org

Emet. They will provide inclusion training to our teachers and madrichim, as well as weekly service through an on-site inclusion specialist. We will be the only religious school in the city of Chicago with this level of support from Keshet. If you would like to talk with us about how these new services can help us meet your family's needs, please get in touch!

Also, do you know a family that might be interested in our religious school, but would like to get a feel for the program before they commit? Please invite them to come with you to our first day of school. We will be having an assembly for families, as well as special programming for parents. We want to give you and your friends a chance to learn more about our educational vision for the year while enjoying an apple & honey tasting. If you know someone who hasn't registered their family for religious school and wants to come to the Open House, please have them RSVP to me at eschoerning@ ansheemet.org.

Looking forward to the new year!

huly Scholing, 1,10

#### **KEY SEPTEMBER DATES:**

September 16: Opening Day & Open House, 9:00 a.m.-12:00 p.m. September 23: Religious School & New Families Breakfast

September 27: First Thursday of Religious School

#### YAD NOTES



Anshe Emet's Young Adult Division (YAD) provides young Jewish adults with opportunities to meet, pray, play, learn and give back in a community setting. If you are in your 20s or 30s, coupled or single, consider being part

of our community.

**NEWS AND UPCOMING EVENTS** 

**Thursday, September 27:** YAD Smores in the Sukkah, 7:00-9:00 p.m.

First Friday Shabbat Services and dinner will be back in on October 5.

Questions about YAD events? Contact Sam Isenstein at sisenstein@ansheemet.org. Interested in joining YAD? Contact Amy Karp at akarp@ansheemet.org.

### ANSHE EMET YOUNG FAMILIES SEPTEMBER HAPPENINGS



MAXINE SEGAL HANDELMAN Director of Family Life & Learning mhandelman@ansheemet.org

At Anshe Emet, we are building pathways to Jewish life and community for families with young children. Whether you are expecting the birth or adoption of your first child, or your kids are approaching middle school, we welcome you into our vibrant community of young families. Find your friends and joy-filled Jewish life at Anshe Emet!

**SHALOM SHABBAT/SHACHAR Shalom Shabbat,** the well-loved

service for children 4 and under and their parents, meets every Shabbat of the month at 10:00 a.m. **Shachar**, for children aged K to 2nd grade, meets every Shabbat at 11:00 a.m. If your child is interested in reading a Torah excerpt in Hebrew or English at the Shachar service, please contact Max Handelman at mhandelman@ansheemet.org.

**FRIDAY NIGHT KABBALAT SHABBAT DAVENING AND DINNER** Anshe Emet Family First Friday Kabbalat Shabbat Davening and Dinner will return October 5, 5:45 p.m.

**HIGH HOLY DAYS.** The High Holy Days at Anshe Emet are a wonderful place for families with young children! Please join our age-appropriate, musical, engaging services for families with children in kindergarten and younger from 8:45 a.m. - 9:30 a.m. on

- Rosh Hashanah Day I (September 10)
- Rosh Hashanah Day II (September 11)
- Yom Kippur (September 19)

We also offer a Family Neilah Service from 6:45 - 7:30 p.m. on the evening of Yom Kippur for families with children in 1st to 5th grades.

These services are free, for those who wish to get a taste of the holiday with our community. https://www.ansheemet.org/high-holy-days-57792018/young-family-high-holy-days-57792018-ticket-registration

Please note, Anshe Emet members with tickets to adult High Holy Day services are also welcome to the Young Family services, and do not need to register for additional tickets.

**High Holy Day Youth Programming:** See page 7 for complete information on High Holy Days Youth Programming.

# **SUKKOT, SHEMINI ATZERET AND SIMCHAT TORAH** Join us for Family services:

- Sukkot, Monday September 24, 11:15 a.m. Families with younger children with Rabbi Donni in the Rose Crown Room, Older kids in the Youth Lounge
- Sukkot, Tuesday September 25, 11:15 a.m. Families with younger children with Rabbi Donni in the Rose Crown Room, Older kids in the Youth Lounge
- Shemini Atzeret, Monday October 1, 11:15 a.m. Families with younger children with Rabbi Donni in the Rose Crown Room, Older kids in the Youth Lounge
- Simchat Torah, Tuesday October 2 10:00-10:30 a.m. (then joining the main sanctuary for Hakafot)
- Super Sukkah Sunday September 30, 11:30 a.m.-1:00 p.m.!
   A family fun program celebrating Sukkot for kids 4-9 years
   old sponsored by Anshe Emet and Bernard Zell. Activities
   include amazing art projects, an interactive cooking experience
   prepared by The Kids Table, an apple cider press with Ben
   Harris and a super sukkah obstacle course with age appropriate
   activities. Event is free but registration is required https://
   tinyurl.com/SuperSukkahSunday2018

#### **DON'T MISS ANYTHING!**

Join our list serv by e-mailing AEYF-subscribe@yahoogroups. com to get the latest word on what's happening for your family.

Join our Facebook group, so you can stay in the loop on all the events happening (and who knows what else) https://www.facebook.com/groups/AESYF/!

#### WHAT'S HAPPENING IN ANSHE EMET YOUTH?



SAMANTHA ISENSTEIN Youth and Young Adult Director sisenstein@ansheemet.org

When we think of the Jewish New Year, we think of it as a time for reflection on the past year, new beginnings, and a fresh start. We also have the tradition of trying new things. Perhaps a new fruit on the 2nd day of Rosh Hashanah or perhaps thinking about how this new year will be different? At Anshe Emet, we have spent the last two years dreaming of what new educational opportunities we

can provide to our teens. Once they have graduated from our 8th grade program in the religious school, or their Jewish Day School, what is next for our high schoolers? Just as their high school education continues to challenge and nurture them as emerging adults, we also want to provide a Jewish education for all high school students that aids them in growing their Jewish minds, hearts, and identities.

Anshe Emet is thrilled to provide four educational opportunities through a new high school program called Tikun Chicago. This year we will be piloting four experiences for our teens to learn with phenomenal educators on four different subjects. These 6-week courses will be taught throughout the year at different points and in different modules. High Schoolers will be able to participate in one or all four of the amazing offerings.

The first session on social justice, will begin in October, with educators from the nationally renowned organization, Avodah, and partnering with Rabbi Siegel. This session will even enable the students to design their own high-impact advocacy project mentored by the Avodah fellows. The second will start in December and will be an online, live class via Zoom on Israel. Using resources from the i-center we will be learning about Israel through the lens of the Supreme Court. The third course will be on Shabbat afternoon with a focus on Jewish texts about leadership with Chicago Jewish Day School's Tamar Cytryn, Rabbi David Russo and Rabbi D'ror Chankin-Gould. The Fourth class will be an arts-based class starting in March on Thursday evenings with arts educator Rachel Signer.

We hope that one or more of these classes will speak to our teens to join in the conversation whether on Israel, social justice, our sacred texts or a hands-on art experience. For more information, contact Samantha Isenstein, sisenstein@ansheemet.org.

**NEW! DAY OFF YOUTH PROGRAMMING FOR 2ND - 6TH GRADERS!**Off on Columbus Day, Monday October 8? Anshe Emet will be providing a day off of school program! Register here: https://tinyurl.com/AESdayoff2018

**USY:** Supper in the Sukkah: Israeli Style, Wednesday, September 26.

**Kadima:** Kick the year off with Kadima's opening event with a speedboat tour of Chicago's lakefront from Navy Pier. Sunday, September 30, 12:00-3:00 p.m. \$25 including lunch!

# September 2018

Sunday Tuesday Wednesday



for all the days of your life

We are always adding new events. For the most recent calendar listings, please visit www.ansheemet.org/calendar

	caleriaar notings, proase visit www.nansneemetiorg, careriaar			
22 ELUL 2	23 ELUL 3	24 ELUL 4	25 ELUL 5	
<b>8:30 a.m.</b> Morning Minyan	Labor Day Synagogue Office Closed 8:30 a.m. Morning Minyan	<b>7:00 a.m.</b> Morning Minyan <b>7:45 a.m.</b> Text on Tuesdays	<b>7:00 a.m.</b> Morning Minyan <b>6:30 p.m.</b> 606: Wine Tasting at The Wine House (offsite)	
29 ELUL 9	1 TISHREI 10	2 TISHREI 11	3 TISHREI 12	
Erev Rosh Hashanah 8:30 a.m. Morning Minyan 6:40 p.m. Mincha 7:00 p.m. Ma'ariv	Rosh Hashanah Synagogue Office Closed 8:30 a.m. Shacharit 9:45 a.m. Torah Service, Shofar, Sermon, Musaf 10:30 a.m. Teen Learning 5:30 p.m Tashlich, Mincha, Ma'ariv [Offsite] Sanctuary times shown. See complete worship schedule on page 4	Rosh Hashanah Synagogue Office Closed 8:30 a.m. Shacharit, Torah Service, Sermon, Musaf 11:00 a.m. & 12:00 p.m. Optional Study Sessions Sanctuary times shown. See complete worship schedule on page 4	<b>7:00 a.m.</b> Morning Minyan	
7 TISHREI 16	8 TISHREI 17	9 TISHREI 18	10 TISHREI 19	
8:30 a.m. Morning Minyan 9:00 a.m. Religious School Opening Day & Open House 9:00 a.m. Men's Club Kayak the Chicago River (offsite)	<b>7:00 a.m.</b> Morning Minyan <b>1:00 p.m.</b> HaZaK	Erev Yom Kippur/Kol Nidre 7:00 a.m. Morning Minyan 7:45 a.m. Text on Tuesdays 5:15 p.m. Doors Open 6:00 p.m. Kol Nidre Sanctuary times shown. See complete worship schedule on page 4	Yom Kippur Synagogue Office Closed 8:30 a.m. Shacharit 10:00 a.m. Torah Service, Sermon, Musaf, Yizkor to be held after Musaf 4:15 p.m. Mincha 6:00 p.m. Neilah 7:35 p.m. Shofar Sanctuary times shown. See complete worship schedule on page 4	
14 TISHREI 23	15 TISHREI 24	16 TISHREI 25	17 TISHREI 26	
8:30 a.m. Morning Minyan 9:00 a.m. Religious School & New Families Breakfast 1:00 p.m. Sisterhood in Sukkah 6:00 p.m.: Mincha/Ma'ariv, Congregational Erev Sukkot Service	Sukkot Day 1 Synagogue Office Closed 9:30 a.m. Sukkot Day Morning Service 9:30 a.m. Rose Crown Minyan 11:15 a.m. Youth Services 6:00 p.m. Mincha/Ma'ariv, Sukkot	Sukkot Day 2 Synagogue Office Closed 9:30 a.m. Sukkot Day Morning Service 9:30 a.m. Rose Crown Minyan 11:15 a.m. Youth Services  Sukkot Day 3 7:00 a.m. Morning Minyan 6:30 p.m. Men's Club Steak & Sin the Sukkah		
Hoshana Raba 30	Evening Service			
8:30 a.m. Morning Minyan 9:00 a.m. Religious School 11:30 a.m. Super Sukkah Sunday 6:00 p.m. Erev Shemini Atzeret Service				

# **ELUL 5778-TISHREI 5779**

Thursday	Friday	Saturday	
Babysitting for children 1 older is available in rooi Shabbat morning 9:30 a.m 12:30 p.m. as of Anshe Emet Syn	m 104 every g from a free service	9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Aaron Bacon becomes a Bar Mitzvah Ava Lichstein becomes a Bat Mitzvah Torah: Deuteronomy 26:1 - 29:8 (Ki Tavo) Haftarah: Isaiah 60:1 - 60:22 9:30 a.m. Rose Crown Minyan Brayden Kleeberg becomes a Bar Mitzvah Avitan/Alexander Auf Ruf	9:45 a.m. Ruach Class 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 12:00 p.m. Kiddush 1:15 p.m. Shabbat Mincha 8:15 p.m. Selichot Nosh 8:45 p.m. Selichot Learning 10:00 p.m. Selichot Service 11:00 p.m. Late Night Selichot Service
26 ELUL 6	27 ELUL 7	28 ELUL	8
7:00 a.m. Morning Minyan 8:00 a.m. Post Minyan Learning 7:00 p.m. Shireinu 7:30 p.m. Al Anon	6:50 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:30 p.m. Shabbat Evening Service	9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Torah: Deuteronomy 29:9 - 30:20 (Nitzavim) Haftarah: Isaiah 61:10 - 63:9 9:30 a.m. Rose Crown Minyan	9:45 a.m. Ruach Class 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 12:00 p.m. Kiddush 1:15 p.m. Shabbat Mincha
	±± 6:55 p.m.		
4 TISHREI 13	$_{5  ext{TISHREI}}$	6 TISHREI	15
7:00 a.m. Morning Minyan 8:00 a.m. Post Minyan Learning 7:00 p.m. Shireinu 7:30 p.m. Al Anon	7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:30 p.m. Lakeview Minyan Service 6:30 p.m. Shabbat Neshamah	Shabbat Shuva 9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Torah: Deuteronomy 31:1 - 31:30 (Vayeilech) Haftarah: Hosea 14:2-10; Micah 7:18- 20; Joel 2:15-27 9:30 a.m. Rose Crown Minyan	10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 12:00 p.m. Kiddush 1:15 p.m. Shabbat Mincha
11 TISHDEL 20	91		79
7:00 a.m. Morning Minyan 8:00 a.m. Post Minyan Learning 7:00 p.m. Shireinu 7:30 p.m. Al Anon	7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:30 p.m. Shabbat Evening Service	9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Chloe Krasman becomes a Bat Mitzvah Torah: Deuteronomy 32:1 - 32:52 (Ha'Azinu) Haftarah: Il Samuel 22:1 - 22:51 9:30 a.m. Rose Crown Minyan	9:45 a.m. Ruach Class 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 12:00 p.m. Kiddush 1:15 p.m. Shabbat Mincha
	±± 6:30 p.m.		
$_{\scriptscriptstyle{18 TISHREI}}$	19 TISHREI $28$	20 TISHREI	29
Sukkot Day 4 7:00 a.m. Morning Minyan 8:00 a.m. Post Minyan Learning 4:00 p.m. Religious School 5:30 p.m. Willow House 7:00 p.m. YAD in the Sukkah 7:00 p.m. Shireinu 7:30 p.m. Al Anon	Sukkot Day 5 7:00 a.m. Morning Minyan 8:45 a.m. Lerner's of Torah w/Rabbi Siegel 6:00 p.m. Seat me in the Sukkah (offsite) 6:30 p.m. Open Sukkah 6:30 p.m. Shabbat Evening Service 6:45 p.m. Mishkan	Shabbat Chol Hamoed Sukkot 9:00 a.m. JBC 9:00 a.m. Parashat Hashavuah 9:30 a.m. Shabbat Morning Service Jake Levinson becomes a Bar Mitzvah Torah: Exodus 33:12 - 34:26 & Numbers 29:26-31 Haftarah: Ezekiel 38:18 - 39:16 9:30 a.m. Rose Crown Minyan	9:45 a.m. Ruach Class 10:00 a.m. Shalom Shabbat 11:00 a.m. Ruach/Jr. Cong. 11:00 a.m. Shachar 12:00 p.m. Kiddush 1:00 p.m. Sukkot is Awesome 1:15 p.m. Shabbat Mincha

#### ANSHE EMET SISTERHOOD



#### **BRUNCH AND MUNCH IN THE SUKKAH**

Our Annual Kick-off event will once again be in the Sukkah! Brunch and Munch in the Sukkah on September 23 from 1:00 - 3:00 p.m. will help us get ready with Sukkot with fun food and drinks! Our Annual Business Meeting will take place at this event and as always, the event is free to those who have paid their membership dues.

#### **OUTING TO THE TIMELINE THEATRE**

On October 10, the Anshe Emet Sisterhood, together with Anshe Emet Synagogue, is hosting an outing to the Timeline Theatre to see *A Shayna Maidel*. We will meet as a group prior to the show to mingle and enjoy a beverage.

#### MORE UPCOMING EVENTS

The Rosh Chodesh Series will continue with an event on November 8. December brings our Annual Latkepalooza on December 10th and the Festival of Lights street party for the Night Ministry on December 13. And stay tuned for additional series of Women, Wine and Walking With God as well as other exciting events for the fall and winter.

#### **HELP LEAD THE SISTERHOOD**

The Sisterhood is looking for new leadership! If you are looking for a way to give back to Anshe Emet Synagogue and have a desire to engage and create community, please contact Marlene Reid, current Sisterhood President at mreiddpm@gmail.com

#### **COLLEGE CONNECTION SIGN UP**

Anshe Emet wants to stay in touch with your loved ones away at school. Sign them up for the College Connection today and we'll send them Jewish holiday themed packages during the 2018-2019 school year. Email aecollegeconnection@gmail.com with the following information:

- 1. Student's Name
- 2. School
- 3. Student's Email
- 4. Shipping address
- 5. Student's telephone
- 6. Dietary restrictions/allergies
- 7. Will be on campus during the Fall session: Yes or No
- 8. Will be on campus during the Spring session: Yes or No
- 9. Will your child be on campus by Sept 1? If not, when?

The deadline to ensure delivery of the Rosh Hashanah package was August 16, but sign-ups for future holidays will be accepted throughout the year.

This program is sponsored by the Anshe Emet Sisterhood and is open to all synagogue families. Previous participants must register again to ensure we have current information.

#### **BOOK CLUB**

The Bridge Sisterhood book group begins our fall session October 4, 2018. Although many of our members have been in the group since its inception in 2002, we welcome newcomers. We are fortunate to have Rachel Jacobsohn as our facilitator, who always brings insights into the selections. If you are interested in joining us, please contact Judy at Hgmet1@aol. com We meet from 6:30-8:30 at sites TBA at Anshe Emet.

Sisterhood Book	<b>Discussion Grou</b>	p: Fall 2018
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I am a 2018-2019 Sisterhood member and plan to participate in the three sessions. I have enclosed a check made payable to Anshe Emet Sisterhood for \$75.
<ul> <li> I am not a member of the Sisterhood and plan to</li> <li>I participate in the three sessions. I have enclosed a check made</li> <li>I payable to Anshe Emet Sisterhood for \$95.</li> </ul>
Name
Address
e-mail (please print clearly)
Phone (Home/cell)
Please bring this form and check made out to Anshe Emet

# Thursday, October 4: *The Juniper Tree*, Barbara Comyns (NYRB edition and the Grimms' tale by the same title.

In their idyllic garden, Gertrude and Bernard forge a perfect triangle of friendship with Bella, the scarred mother of an illegitimate child. Then Gertrude conceives the child which has long eluded her, and the spell breaks into foreboding, menace and madness. Highly acclaimed!

#### Thursday, November 1: Train Dreams, Denis Johnson

Denis Johnson's *Train Dreams* is an epic in miniature, one of his most evocative and poignant fictions. It is the story of Robert Grainier, a day laborer in the American West at the start of the twentieth century – an ordinary man in extraordinary times. Buffeted by the loss of his family, Grainer struggles to make sense of this strange new world. As his story unfolds, we witness both his shocking personal defeats and the radical changes that transform America in his lifetime. Suffused with the history and landscapes of the American West, this novella captures the disappearance of a distinctly American way of life.

# Thursday, December 6: Less, Andrew Dean Greer (Back Bay Books, ed)

You are a failed novelist about to turn fifty. A wedding invitation arrives in the mail: your boyfriend of the past nine years is engaged to someone else. You can't say yes--it would be too awkward--and you can't say no--it would look like defeat. On your desk are a series of invitations to half-baked literary events around the world. Question: How do you arrange to skip town? Answer: You accept them all. What would possibly go wrong? *Amazon.com*.

#### **NIGHT MINISTRY**

The Night Ministry volunteers will continue their meal service with the Night Ministry this year. Contact Janine Landow-Esser to volunteer or donate. Janine811@gmail.com. Sisterhood, 3751 N. Pine Grove, Chicago,IL 60613, with the notation Night Ministry.

#### **GIFT SHOP**

The Gift Shop is open Sundays, 9:00 a.m. to 12:00 p.m., when Religious School is in session. The Gift Shop will be having a 25% off back to school sale.

Check for upcoming notices and events at www.AnsheEmet.org; look for Sisterhood under Programs.

**Elizabeth Cline, Communications** 

# AWARD-WINNING MEN'S CLUB MENSCHEN/MENTION

Men's Club started off August with another of our award-winning MEN, MEAT, AND MIDRASH programs on August 6-this one being MEN, MEAT, AND MIDRASH WITH MINTZ AND MILT'S. Due to the threatening weather we were not able to take this over to the lakefront as we originally planned. Nevertheless, our own Torah scholar and educator, Alan Mintz, led 29 Men's Club members and friends in a lively discussion at Anshe Emet about parsha Ekev and Reward and Punishment In the Biblical Narrative. Not only was this a thoroughly enjoyable learning opportunity, but we all were rewarded with great sandwiches, appetizers, and side dishes from MILT'S EXTRA INNINGS-not to mention a nice selection of Men's Club "beverages." Special thanks to Alan Mintz for preparing and leading our group.

As I write this article Men's Club will be in full swing with an outing on August 8 to see the Chicago White Sox slug it out with the New York Yankees. We are expecting 30 Men's Club members and friends to cheer the White Sox on to victory. A few extra prayers also may be needed for this event. I will let you know in our article next month if your prayers were answered. Special thanks to our own Ticket Master, Jon Norton, for making the arrangements. We also congratulate Jon for being selected as co-chair of the emerging leaders track for Federation of Jewish Men's Club's Leadership Development Institute in November.

And now to our September happenings. Men's Club heads for the river once again on Sunday, September 16, for Kayaking on the Chicago River. The registration information will be available by the time you see this article so make sure you are not up the river without a paddle.

On Wednesday evening, September 26, Men's Club again will host our hugely popular and successful **Steak and Shots** in the Sukkah. You should be seeing lots of details and registration information by now. We are especially pleased to announce that our honorees this year for our Steak and Shots in the Sukkah event are our four long-time, regular, dedicated Chicago Police officers who constitute the vital core of our Anshe Emet security detail, in order of seniority: Bob Balesh, Jessie Leader, Fred McAllen, and Ron Tanaka. Make sure that you are there to share in the celebration. The profits from this event will be donated to the charity of their choice. We also will have an expert presentation of the latest and greatest in the world of whiskeys from our favorite expert, Monique Houston, who always comes with the best selections to share with us. And of course, you would not want to miss our always outstanding full-course kosher BBQ steak dinner.

Do you have an axe to grind? You may be in luck because Men's Club is working on an outing to an axe throwing event in October. Stay tuned for more details about this rapidly growing international sport.

Permit me to take this opportunity to wish all of our Men's Club members, families, friends and extended congregational family the very best for a healthy and happy New Year! Thanks for helping to make this past year a great one, and plan on making the new year even better. If you have not already become a member of Men's Club, then please start the New Year right by joining us. Check the box on your synagogue membership form or contact Amy Karp, our dedicated staff liaison. Remember, we are incomplete without you. Also, feel free to contact us with your suggestions and questions at MensClub@AnsheEmet. org or if you would like to be more involved with our decisionmaking. You may check our Facebook page, Anshe Emet Men's Club, for further information about upcoming programs too.

Barry Balik, Men's Club President



Mark your calendars for HIAS Chicago Jews for Refugees Assembly, Sunday, October 28 at Anshe Emet! We are thrilled to be hosting this event that will both send a strong message to elected officials and the general public about our obligation to welcome the stranger, as well as to connect the network of Jewish community members and organizations who are committed to taking action for refugees and asylum seekers.

The Assembly will feature elected officials, refugee speakers, policy experts, and community leaders. It will bring together the greater Chicago Jewish community, including delegations from congregations and organizations. Together, we will demonstrate the Jewish community's deep and broad support for refugees and asylum seekers and our commitment to fight every attempt to prevent them from finding safety and welcome in our country. During this past year, Anshe Emet members, through our partnership with Refugee One, helped resettle a refugee family who arrived in February. We collected donations and furniture, food and household goods, and volunteers set up the apartment and provided regular mentoring and tutoring to help them settle in. We continue to support "our" family, and continue to support refugees throughout the Chicagoland area. For this, we offer a prayer.

Zochreinu L'Chaim: Remember Us All For Life

Remember us for life in the year to come.

As we say these words throughout the High Holidays, we join millions of voices worldwide who call out, zochreinu l'chaim – remember us that we may live.

For the world's refugees, fleeing violence and persecution in the hope of finding security and freedom, these words are particularly poignant.

Our actions have the power to help make these words of prayer a reality.

Together, we can take action to ensure that the refugees across the globe are remembered for life this year and every year to come.

We remember the world's refugees for life by lifting up the central Jewish value of welcoming the stranger – not just tolerating the stranger but actively listening to their experiences, honoring their resilience, and making their journey to safety a bit easier.

We remember the world's refugees for life by advocating for their protection under the law and their continued place in our country.

We remember the world's refugees for life by standing up for the right of all people to openly practice their faith without fear of harassment.

We remember the world's refugees for life by making connections with those who come from a background different than our own, welcoming them into the rich tapestry of cultures that make up the United States of America.

We remember the world's refugees for life by speaking out against cruelty towards strangers, refusing to be silent in the face of prejudice, misunderstanding, discrimination, and hate.

When we act boldly and with courage to create inclusive communities that honor the dignity of those whose lives are in danger, it is then that we truly write ourselves into the book of life for goodness.

Chotveinu b'sefer chaim tovim. May we all be remembered for a life of peace, safety, and liberty.

HIAS.org, 2017

# THE MEMBERSHIP DIRECTORY IS FINALLY HERE!

Anshe Emet is entering the 21st century! We are now LIVE with our membership directory which can only be accessed through the membership portal.

To access it, you have to log into the Member Portal. A new tab called "People" is now there.

The link will take you to a list of members. You can select how you want the list to be sorted or you can look for specific people. Not every member will show up



AMY KARP
Director of Engagement and The
Malkin Family Program Director
akarp@AnsheEmet.org

because not everyone has opted in. To access more information about the person, you have to click on the icon above the person's name.

The directory had an opt in/opt out selection last year. If you are not in the directory but wish to be included or OPT IN, please call me. If you want to make sure you OPT OUT, let me know and I'll make sure your name is not listed.

The directory cannot be downloaded or shared and is password protected with your membership portal.

#### **CAN YOU VOLUNTEER?**

It takes a village to make the High Holy Days a special experience for our members. If you are interested in volunteering a few hours for either Blum Community Hall or the Sanctuary, we need your help. Please let us know if you wish to help us by calling or emailing Amy at akarp@AnsheEmet.org or Marla Gordon at marlasq@aol.com.

Cing Kap

#### TORAH READING HONOR ROLL

We would like to thank the following congregants who have honored us by chanting Torah for our community during the month of July (this does not include our Bar/Bat Mitzvah students).

Sanctuary and Minyan: Fern Baker, Debby Hecht, Sarah Hirsen, Barbara Kantrow, Yanira Kaplan, Debby Lewis, Ben Lichstein, Alan Mintz, Avrum Pachter, Joe Platt, Gary Porton, Dan Pulik, Sholom Sandalow, Lynne Schatz, Barry Seeskin, Elaine Seeskin, Yedida Soloff, Ethan Solomon, Jeanette Zemsky.

Rose Crown Minyan: David Greenstein, Liz Lippow, Adam Parker, Joel Rubin, David Rubin, Bill Shulman, Yedida Soloff, Rabbi Daniel Vaisrub.

Youth Readers: Lev Choplin-Pogrund, Zack Choplin-Pogrund, Vera Cirillo, Nava Fleischer, Maya Lessem-Elnecave, Maya Matsa, Eli Puchtel, Mira Puchtel, Shayna Rosenstein, Anax Schoerning, Nava Schwarz, Dalia Schwarz, Perla Seidner, Talia Seidner, Damian Solano, Blake Talisse.

Usher-Floor Gabbai: Michael Bellows, Benita Cohen, Sydney Esbitt, Jay Goodgold, Neil Schwartz, Gary Wigoda.

### OUR SINCEREST CONDOLENCES TO ...

The family of Simon Weltman, beloved father of Varda (Scott) Diamond, Yigael (Lila) Weltman, and Eitan (Gina) Weltman; dear grandfather of Wendy (Matthew) Diamond Goodman, Tamar Diamond, Talor Weltman, Lindsey Weltman and David Weltman; great-grandfather of Daniel Goodman and Eli Goodman; brother of Jacques (Adel) Weltmann, on his recent passing.

The family of Peter Todd Caploe, beloved husband of Susan Grenrock-Caploe; loving father of Max Caploe; dear brother of Roberta and Jamie Caploe (Alan Scheflin), David and Andrew Caploe (Susan), brother-in-law of Scott Grenrock (Joanna); uncle of Hallie Scheflin, Zoe Grenrock and nephew Tucker Caploe, on his recent passing.

The family of Mildred Sickler Vrooman, beloved grandmother of Pam Zebrinos, dear mother of Carol Dulin, David Vrooman (Griselda), Karen Mitchell (Donald), and Keith Vrooman (Lynda); sister of Ralph Sickler, and Hilda Corson; grandmother to five other grandchildren, great-grandmother of 12, and one great-great grandchild, on her recent passing.

**The family of Morris Friedell**, dear father of Dr. Stanley Friedell (Ruthie); beloved grandfather of Alexandra Beacco (Lorenzo), and Samuel Friedell, on his recent passing.

#### May their memory be for a blessing

Anshe Emet Programming is generously supported by
The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin

CENTER FOR JEWISH LIFE

# THANKS TO THESE PEOPLE FOR HONORING THEIR MINYAN COMMITMENT

The morning minyan meets Monday through Friday at 7:00 a.m.; Sundays and national holidays (Thanksgiving, Christmas, New Years, Memorial Day, etc.), at 8:30 a.m. We need your participation to ensure the vitality of this project. We thank these people for honoring their commitment to our morning minyan program during July:

Ben Abrams; Fran Abramson; Chuck & Sara Aron; Barry Balik; David Bardach; Hannah Barg; Hannah Barg; Yehoshua Ben Avraham; Barbara Binik; Susan Bohm; Nitzanit Breitenstein; Rickey Briskman; Rickey Briskman; Brian & Irene Caminer; Stew Cohen; Adam Cooper; Ruth Copeland; Darah Davelaar; Steve Durchslag; Arthur Elstein; Terry Fadem; Marion Fainman; Beth Farber; Cynthia Goldberg; Gail and Dan Golden; Andrea & Richard Grostern; Debby Hecht; Lauren Henderson; Sarah Hirsen; Joy Horwich; Bruce Kaminsky; Bruce Kaminsky; Penny & Brett Keeshin; First Last; Jay Lewkowitz; Jay Lewkowitz; Jane Lippow; Jane Lippow; Gary Miller; Alan Mintz; Deborah Mizrahi; Deborah Mizrahi; Melanie & Jeff Morris; Bill Nelson; Bill Nelson; Francisco Ortiz-Perez; Shelly Parker; Gary & Fraeda Porton; John Ragir; Esther Rosenbloom; Ilan Rossoff; Ernie Rotman; Anna Rubin; Charlie Rubin; Cindy Rudman; Ed Salomon; Jerry & Judi Salzman; Jody Schneiderman; Neil Schwartz; Barry & Elaine Seeskin; Ken Shapiro; Morgan Simon; Elias Solano; Dave Spector; Jason Star; Phil Stern; Maya Tkachak; Abe Trieger; Leigh Weber; David Weil; Jacob Wilkenfeld; Michael Wood.

#### WE APPRECIATE YOUR THOUGHTFULNESS

Anshe Emet Synagogue is grateful for your philanthropic support. Please give a contribution of \$18 or more per tribute and we will be happy to send a commemoration card to the recipient from the synagogue.

Contributions listed are those received from July 10, 2018 - August 7, 2018.

Contributions may be made by calling 773-868-5152, www.ansheemet.org/donate or by mail. Please contact Mimi Weisberg, mweisberg@ansheemet.org, 773-868-5123, for more information.

#### **GENERAL DONATIONS**

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Your generous support of the Kiddush Luncheor Fund ensures that the entire community in attendance on Shabbat shares a joyous meal. together. It also supports Bar/Bat Mitzvah families who may have financial challenaes when they celebrate their simcha. Thank you!

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#### HAZZAN ALBERTO MIZRAHI

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# MAKE A DIFFERENCE

This year Na'aseh (Anshe Emet's Social Justice Committee) has partnered with The Ark and I Grow Chicago for a High Holy Day collection. Once again there will be two PODS in the parking lot that are specifically marked for each agency. Please bring items during the Holy Days and place in the appropriate POD. Lists of needed items will be published in our Shabbat Today email. Bags for collections will be available at the Synagogue.

Thank you for helping us help them!



## Misheberach list information

If you would like to have a name placed on the misheberach [prayer for healing] list, please contact Antoinette Nunez at 773-868-5120 or anunez@AnsheEmet.org. Names will be kept on the list for two weeks only, unless otherwise requested.

Has your address, phone number or e-mail changed?

Please let us know by calling the synagogue office at 773-868-5126. Thank you!

#### SUSTAINING FUND FOR THE 2018-19 YEAR OF GIVING



The entire community of Anshe Emet is grateful for your continued support! Contributions to the Sustaining Fund make it possible for Anshe Emet Synagogue to thrive as an inclusive community at the forefront of Judaism. The Sustaining Fund provides a significant portion of the synagogue's annual operating expenses and ensures no congregant is turned away due to financial need.

Thank you!

#### Listing of Donations through August 7, 2018

#### THE TREE OF LIFE CIRCLE

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The Anshe Emet Dor L'Dor Society encourages congregants to include Anshe Emet in their estate plans. We all make decisions during our life that reflect our values. Making a legacy gift by including Anshe Emet in your estate plan is a powerful way to put your values into action beyond your lifetime. Doing so helps ensure the vitality of Anshe Emet into the future and perpetuates its distinguished service to the community and to the Jewish people. Anshe Emet is proud to be a partner of Jewish United Fund's Create a Jewish Legacy program. Please contact Mimi Weisberg for more details – mweisberg@ansheemet.org; 773-868-5123.

#### Anshe Emet is grateful to our Dor L'Dor Society Members:

Anonymous
Frank Alschuler
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# **Community Resources**

# Jewish Spiritual Care Specialists Who Make House Calls

Now, more than ever, people are turning to their rabbis and religious leaders to seek consolation in times of ill health, mourning, loss and loneliness. Research shows that baby boomers, many of whom rejected religion when they were young, often engage in a spiritual reevaluation, a search for meaning. As the population advances in age, the field of spiritual care becomes a key component of health and healing.

What is spirituality? It is broad with room for many views. It is a term with many definitions: Love, light, culture, hope, soul, harmony, meaning, theology, and religion. It often refers to a connection to something greater than us. These are just a few of the concepts that come to mind when we talk about spirituality.

Most adults believe in God or a higher power. Among adults, spiritual experiences are associated with lower mortality rates, increased longevity, lower rates of heart disease and better perceived health. Religious persons have increased well-being, life satisfaction and happiness. They have greater purpose and meaning in life. Cognitive functioning declines more slowly among the religiously active. A study of cancer patients in a palliative care unit found that the majority experienced spiritual pain. Half of the patients indicated that they would like the chaplain to provide a sense of presence, listen to them, visit with them, or accompany them on their journey.

Everyone will experience illness, grief and sadness in their lives. To support these needs, Tikvah: The Jewish Chaplaincy Community Initiative was launched as a program of Jewish Child & Family Services as an adjunct to the pastoral care already provided by our area synagogue clergy. Rabbis and cantors professionally trained in chaplaincy are available to offer comfort to Chicago Jewish community members who need support and who are not affiliated with a synagogue. Tikvah chaplains can visit in a private home, hospital, senior home, skilled nursing facility or other residence. Using the tools of Jewish tradition, Jewish chaplaincy offers emotional support within a spiritual framework: it is appropriate for all stages of life, not just end-of-life.

According to Tikvah Chaplain Rabbi Joe Ozarowski: "In the end, Judaism affirms that God is with each of us in everyday life, especially in sickness and in sorrow, but both clergy and loved ones can, in their ways, help those in need of spiritual guidance." A chaplain can be a source of comfort and support during difficult times to both individuals and family members.

To learn more, or to refer someone in the community, please contact Elana Boiskin, the Tikvah Jewish Chaplaincy Coordinator, at 847-745-5405 or at ElanaBoiskin@jcfs. org. Or please reach out to the Anshe Emet JCFS liaison Ann Luban at 847-745-5420 or AnnLuban@jcfs.org.



# **Anshe Emet Confidential Assistance Program designed to help members** through tough financial times

If you are an Anshe Emet member experiencing financial hardship, we may be able to be of assistance to you during these difficult times. There are numerous community resources to which we can direct you, as well as some available funds here at Anshe Emet to help congregants in need.

If you are a congregant needing assistance with:

- Food
- Shelter (rent, utilities)
- Emergency medical expenses
- Jewish day school tuition
- Summer Camp fees
- Study in Israel or Jewish educational program expenses

Please contact the Assistance Program Coordinator directly at assistance@AnsheEmet.org or at 773-868-5133 for further information

Please note that all inquiries and any information exchange will be completely confidential

Look for a link to a downloadable application form at http://www.ansheemet.org/Confidential\_Financial\_Assistance.



# celebrate with a GIFT TO THE KIDDUSH LUNCHEON FUND!

Whether you are celebrating a special occasion like a new baby, a wedding engagement, anniversary, birthday or commemorating the loss of a loved one for Yahrzeit-share your life cycle events with the congregation by making a gift to the Kiddush Luncheon Fund.

Contact Kim Carter for details at kcarter@ansheemet.org, or 773-868-5119. Any gift amount is welcome; sponsorships of \$500 or more will be specially acknowledged in the weekly Shabbat bulletin.



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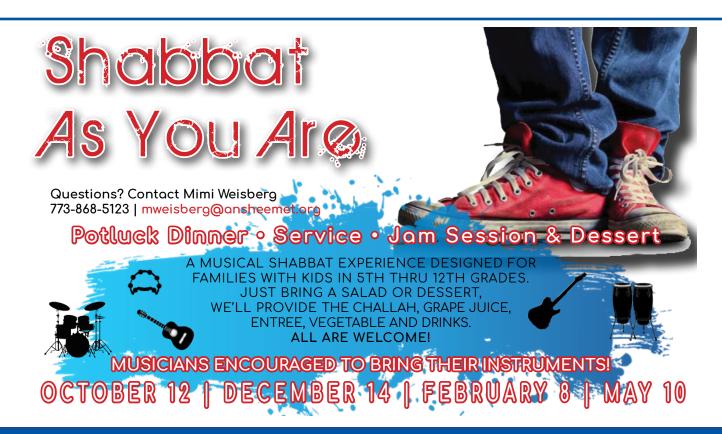
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