Someone once said: Success should never be measured against an idea... instead, measure success as the difference between where you are now and where you started.

If one wants to truly understand Barbara Haworth’s impact on the synagogue, simply measure where we were five years ago and where we are today. I look at our administrative staff and marvel at the skill level and the motivation of those working at Anshe Emet. The fact that the vast majority of the administrators were hired during Barbara’s tenure speaks well of her. The same can be said of our maintenance staff as well as our security team. There is no question that Barbara has had a powerful impact on all of those people.

We have also benefited from Barbara’s prodigious real estate background. The type of planning for capital expenses has left our building in the best shape in recent memory. We now have an accessible Malkov Chapel, thanks to Barbara and Frank Casteneda. Barbara has also focused attention on our security which makes us all feel that much safer. The fact is that Anshe Emet is a model for other synagogues in this area.

During my tenure at Anshe Emet, I have also prided myself on our ability to help people better themselves. Barbara has always understood the importance of this idea and there are numerous staff members who have moved to different positions on the staff. Barbara ensured that these transitions were successful and those hired would receive the type of training that would ensure their success. I too have benefited from working with Barbara and appreciate her input as well as her support.

If success is measured from when someone started until now, then I think it is safe to say that Barbara has succeeded greatly in her position as Executive Director. For someone who has supported the growth of each staff member, we would be remiss if we did not encourage Barbara’s choice to work in a leadership role at Jewish Council for Youth Services. While we are sorry to see Barbara go, we are very excited about her future. We wish her only the best.

RABBI MICHAEL S. SIEGEL
Senior Rabbi,
The Norman Asher Rabbinic Chair
msiegel@ansheemet.org

SAYING GOODBYE AND THANK YOU, BARBARA HAWORTH

Sukkot, Shemini Atzeret and Simchat Torah
Holiday Information ... page 6
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Simchat Torah Honorees ... page 24

Plus ... inside this issue:
Raymond Arbetman Center for Adult Jewish Education Fall Schedule
New and old members get together with staff and clergy at the Annual Anshe Emet Summer BBQ on September 27.

Mensch of the Month

Jan Schwartz
Jan serves as chair of Anshe Emet’s brand new “Caring Committee.” Under Jan’s astute leadership, Anshe Emet has brought together all those groups of volunteers who are doing Chesed, who are taking care of our congregants in need of support. This committee includes Baby Meals, Shiva Committee, Bikur Cholim Team, Chevra Kadisha, RCM Chesed, and Special Projects. Because of Jan’s passion and dedication, Anshe Emet is able to work better and harder to support our congregants in their times of greatest need.

Mazel Tov to Our B’nai Mitzvah

Mia Weinberger
October 7, 2017
Daughter of Julie and Benjamin Weinberger

Abby Kenen
October 14, 2017
Daughter of Larisa and Dan Kenen

Gabriel Shapps
October 14, 2017
Son of Kim and Greg Shapps

Miranda Green
October 21, 2017
Daughter of Barbi and Jared Green

Jacob Blackman
October 28, 2017
Son of Jill and Marc Blackman

Alicia Frajman
October 28, 2017
Daughter of Marla Clayman and Eduardo Frajman

Leah Finkelstein
October 28, 2017
Daughter of Sharon Roosevelt and David Finkelstein
THE UNEXPECTED JOY OF SOMEONE ELSE’S SIMCHA

Admit it. You have come to shul on a Shabbat, witnessed yet another 13-year-old whose family you do not know becoming a Bar or Bat Mitzvah. Admit it. You have thought, “I want to pray today but can’t we be done by noon?” I admit it, over the years, I have. During my years as President, my attitude has changed ... I have done a 180. Being more involved with our community, I know more of the families. From the bimah, I feel much closer to the action. I see the nervousness on the face of the soon-to-be-celebrated 13 year old at 9:30; I see the relief on the faces of the anxious parents as their child belts out the Shema with Torah in hand at 10:15; I see the indescribable love on the faces of the parents as Rabbi Siegel speaks to the family at 11:00. Being part of a community member’s simcha is a complete joy ... if you allow it to be.

This year, as our son Gabriel becomes a Bar Mitzvah in January, I will experience this joy as his peers celebrate their ascendance to Jewish adulthood. I will see the power of the years of learning as students at their elementary schools juxtaposed with our religious school. As for Gabriel’s class at Bernard Zell, I will experience children whom we have known since the age of 3 and 4 reveal the wonder of years of learning at Bernard Zell and Anshe Emet. We will see the power of the collaboration of these two great institutions and their superior teachers. See the picture of 4 year old Gabriel and Zachary Shashoua (who became a Bar Mitzvah on August 26) together in junior kindergarten. Mazel tov to Mollie, Jordan, Zachary, Gabe, Max, Simon, Eli, Oli, Brit, Gabi, Lizzie, Drew and Andrew and the rest of the class ... and to our son Gabriel as well.

So as you attend services on Shabbat, open your mind, open your heart to the wonder which will occur. I guarantee, whether you are an invited guest or just an attendee at the service, you will feel the joy of the day and feel proud to be a member of the institutions which have so ably prepared them.

SHALOM CHAVERIM!

Dear Friends,

As most of you know I am leaving Anshe Emet in October to become the new Chief Executive Officer of Jewish Council for Youth Services (JCYS). Many of you know JCYS well and have warmly welcomed me to “the family”. I am excited to join this wonderful organization and I am energized by the dual mission of serving the educational, recreational and social needs of Chicagoland’s youth and, through board service, building the next generation of Jewish leaders.

I want you to know how much I treasure the time I had with you and that I hope to stay in touch. I have been privileged to share in your joys and sorrows as well as the just plain “regular days”. This is a special community and I wish you all very well. I thank all of you for all the support and friendship I have received in my five and a half years here.

Instead of saying goodbye, let’s just say l’hitraot ... see you later!

With appreciation and affection,

Barbara Haworth
If there was a one-word tagline for the Sukkot holiday, it would be simcha – joy. According to our tradition, this holiday represents zman simchateinu – the time of our joy. It is in this month that we celebrate the holiday that actually has simcha in its name – Simchat Torah, the Joy, the Celebration, of the Torah.

What’s interesting is the way our rabbis teach us how we are meant to celebrate. On the one hand, this holiday is filled with individual celebrations – each person is meant to shake the lulav (palm branch) and E rog, each person is supposed to sit in the Sukkah for a meal. And yet, all these celebrations are also meant to be in the context of community – we can loan and share our lulav and E rog, we are meant to eat in the Sukkah with others, we are meant to celebrate and dance on Simchat Torah with community. Simcha – joy – is meant to be shared.

So, this October, take a close look at how you can dive into the community this Sukkot:

- Men’s Club and Sisterhood events – Meet other great adults in the Sukkah for some fun adult-oriented activities!
- Simchat Torah – Dance the night away at our READ-iculous service for kids, and our entire community!
- Open Sukkah – Have your own potluck meal in our Sukkah at the various Open Sukkah times.
- Sukkot is Awesome – On Shabbat, October 7, join us in the afternoon (1:00-4:00 p.m.) for play, sports, board games, and study.
- Na'aseh/Shalva speaker on Domestic Violence – Help us acknowledge Domestic Violence Awareness month as we hear from a speaker from Shalva on the first morning of Sukkot, Thursday, October 5, at the end of services.
- Geshem and Yizkor – On Thursday, October 12, join us both for Yizkor and a once a year opportunity to hear Hazan Mizrahi sing the beautiful and elegant prayer for rain (Geshem).

We can’t wait to celebrate Sukkot and Simchat Torah with you! Chag sameach!

Fran Abramson, LCSW
CARING COMMITTEE CORNER: A LITTLE ABOUT MINHAG

I think of the tahara room as being the oldest established “laboratory of minhagim,” customary practice. For centuries, by virtue of our strong oral tradition, Jews took on a commitment to wash and bury members of their community; there was no codification of procedures and few halachic strictures were imposed. Each community developed its own rituals to enhance meaning and add importance to the task of washing a corpse—to ennoble the act, make it something beyond a simple washing of the body as if newly born. Over time, oft-repeated steps became the practice in the community and, through usage, those customs, “minhagim,” gained the force of law. Should the ritual ever become mere codified routine, I fear it will lose its place in our Jewish future. One very wise Orthodox rabbi told a large audience that a tahara team should think of itself as a Beit Din. No opinion is needed other than that of the participants.

In 2008, Anshe Emet, established a Chevra Kadisha. Our women’s Chevra members believe that establishing our own customs increases the likelihood of continuity. We are open to adapting, adopting and developing prayers that confer honor to the deceased, just as the traditional Biblical verses intend. Whether it is our personal belief or not, we act and speak as if the soul of the departed is with us in the room. Though it is likely that all departing Jewish souls are conversant in Hebrew, that is not true for all members of our congregation. We feel that it is important for every soul at the Tahara to understand all that is being said.

Congregants who show interest in Chevra Kadisha are notified of each need and given the opportunity to simply observe or actively join us in the tahara room. To the hesitant, we explain that there is important work which does not require hands-on participation. To join Chevra Kadisha, or for more information, contact Jan Schwartz, sschwa7996@aol.com.

JBC CORNER

I am continually impressed by the thoughtfulness of our students who are on a path in Judaism. Their examination of the tradition and its many facets strengthens my connections and always gives me another way to look at our inheritance. As we are about to go into the Sukkah, which is our temporary home, I wanted to share these ideas expressed by Jessica Edmiston on the Synagogue, which can be a spiritual home for many.

Synagogue: A place both foreign and familiar. I enjoy being in synagogue and hearing the voices of children while also hearing the voices of older people, the sense of oneness and togetherness. Synagogue, is, to me, one of the touchstones of being Jewish - this is our place to indulge in being ourselves and being together - the brick and mortar representation of community and security. Synagogue, to me, is the beating heart, as long as the heart still beats, we will still be here, and we will grow, adapt, flourish, despair, unite, live - coming and going, taking a bit of that oneness with us when we leave, and bringing back something new each time we open the door and step inside, as it were. For someone who has no ‘home’, or in my case has many ‘homes’, knowing that I can go to synagogue in any state, city, country, and walk through those doors is a sense of continuation and peace.

Cantor Elizabeth Berke eberke@ansheemet.org

TORAH READING HONOR ROLL

We would like to thank the following congregants who have honored us by chanting Torah for our community during the month of August (this does not include our Bar/Bat Mitzvah students).


Rose Crown Minyan: Yedida Soloff, Yehoshua ben Avraham, Jared Green, Liz Lippow, Samantha DeKoven, David Kaplinsky, Ezra Furman, Sara Fried, Joan Kripke, Jacob Lee, Aurther Elstein, Merav Bennett, Noah Liebman, Brian Nagorsky, Robin Mordfin, Jessica Kaz, Matt Bluestone.


THANKS TO THESE PEOPLE FOR HONORING THEIR MINYAN COMMITMENT

The morning minyan meets Monday through Friday at 7:00 a.m.; Sundays and national holidays (Thanksgiving, Christmas, New Years, Memorial Day, etc.), at 8:30 a.m. We need your participation to ensure the vitality of this project. We thank these people for honoring their commitment to our morning minyan program during August.

Carolyn & Jonathan Aberman; Ben Abrams; Maya Abrams; Fran Abramson; Chuck & Sara Aron; Elizabeth Atwater; Barry Balil; Leonard Becker; Micah Becker; Nathan Becker; Terry Behrman; Yoel Benarosch; Barbara Binik; Lorie Chatlin; Stu Cohen; Lorenzo Davis; Steve Durchslag; Jonathan Erfon; Jonathan Feiger; Ezra Furman; Cynthia Goldberg; Gail and Dan Golden; Jay Goodgold; Eve Guth; Maxine Handelman; Debby Hecht; Lauren Henderson; Richard Herman; Daniel Hernandez; Sarah Hirsen; Arnie Horwich; Joy Horwich; Bruce Kaminsky; David Kaplinsky; Penny Keeshik; Larisa Kenen; Jacob Kline; Debby Lewis; Jay Lewkowitz; Jane Lippow; Liz Lippow; Liz Livinston; Sharon Markman; Scott Markman; Esther Miller; Alan Mintz; Debbie Mizrahi; Len Mordfin; Nazih Muzaffar; Chris Norton; Francisco Ortíz-Perez; Shelly Parker; Gary & Fraeda Porter; Dan Pulik; John Ragir; Esther Rosenbloom; Susan Rosenstein; Jerry & Judi Salzman; Neil Schwartz; Abby Seitz; Abe, Andrea & Zach Shashoua; Alex Sheinwald; Cheryl Siegelman; Morgan Simon; Yedida Soloff; Ed Solomon; Ehtan Solomon; Jason Star; Phil Stern; Amiel Steuerman; Maya Tkachuk; Abe Trieger; Helen Ullman; Judy Walder; David Weil; Stew Witkov; Cheryl & Brian Zachariah; Jeanette Zemsky.

Know someone new to the neighborhood?

If you know someone new to the Chicago Jewish community, who you believe would be interested in finding out about Anshe Emet Synagogue, please contact Amy Karp at 773-868-5139, so we can speak to them about all of the wonderful religious, spiritual, educational and communal opportunities the synagogue has to offer.
About Sukkot
Sukkot, beginning the evening of Wednesday, October 4, is one of the three Pilgrimage festivals to Jerusalem (Passover and Shavuot are the other two). Sukkot, the Festival of Booths, occurs during the season of the reaping of the harvest in Israel. Two mitzvot highlight Sukkot: 1. To dwell in the sukkah, and 2. To shake the lulav and etrog. They are shaken during the Hallel service on all days of Sukkot, except for Shabbat.

Sitting in the sukkah and shaking the lulav and etrog give the holiday a certain joy which causes Sukkot to be referred to as Z’man Simchatenu, “the season of our joy.”

Since hospitality to others is a religious commandment, it is a wonderful idea to invite guests to one’s sukkah. Often people invite the “Ushpizin”-imaginary guests (Abraham and Sarah, Isaac and Rebecca, Jacob, Rachel and Leah, Joseph, Moses, Aaron, and King David) who according to an ancient mystical tradition, join the family in the sukkah on successive nights during the festival. Following the first two days of Sukkot, five days of Chol Hamoed (mid-festival days) are observed.

About Hoshana Raba
The seventh day of Sukkot, or the fifth day of Chol Hamoed is known as Hoshana Raba, the great Hoshanah, this year on Wednesday, October 11. The name is derived from the fact that on this day, instead of circling around the Bimah once while reciting the prayer of Hoshanah, on the fifth day of Chol Hamoed, seven processions are made with lulav and etrog in hand. All of the Torahs are taken out of the ark and everyone who has a lulav and etrog follows the Torah for a total of seven processions around the synagogue.

The Rabbis tell us about the Book of Life, how God judges us on Rosh Hashanah and writes down our fate for the year to come. On Yom Kippur, God closes the book. On Hoshana Raba, the book is sealed.

About Shemini Atzeret
(The Eighth Day of Solemn Assembly).

The eighth day of Sukkot, known as Shemini Atzeret (this year on Thursday, October 12), is a festival by itself. The etrog and lulav are not taken on that day, nor are meals eaten in the sukkah. Yizkor, the prayer remembering those who are no longer with us is recited. On Shemini Atzeret we also say Tefillat Geshem, the prayer for rain in Israel.

About Simchat Torah
The climax of the “Season of our Joy” is reached on Simchat Torah (The Rejoicing with the Torah), this year beginning the evening of Thursday, October 12. People take part in the Hakafot, the processions with the Torah. People sing and dance with the Torah and celebrate the completion of the reading of the Torah with the final verses of Deuteronomy and begin with verses from Genesis again right away. Children dance with smaller Torahs and wave special flags as they too march around to celebrate the reading of the Torah.

CELEBRATE SUKKOT, SHEMINI ATZERET AND SIMCHAT TORAH
HOLIDAY INFORMATION

Anshe Emet Men’s Club Presents

Steak & Shots in the Sukkah

Honoring Liz & Steven Berke
For their service to the AES Community!

October 9, 2017, 6:30-9:00 p.m.
Anshe Emet Synagogue

Featured guest Monique Huston is back! A master Scotchologist, Monique will captivate us with spirits and stories all night long.

Men’s Club Members: $36 per person
Non-members: $40 per person

Register at http://tinyurl.com/MensClubSteakandShots2017
Worship Schedule and Special Events

Wednesday, October 4: Erev Sukkot
6:00 p.m.: Mincha/Ma’ariv
Congregational Erev Sukkot Service

Thursday, October 5: Sukkot Day One
9:30 a.m.: Sukkot Day 1 Service [Sanctuary]
9:30 a.m.: Rose Crown Minyan Sukkot Day 1 Service [Malkov]
11:15 a.m.: Youth Services (Rose Crown Room)
6:00 p.m.: Mincha/Ma’ariv, Sukkot Evening Service

Friday, October 6: Sukkot Day Two
9:30 a.m.: Sukkot Day 2 Service [Sanctuary]
9:30 a.m.: Rose Crown Minyan Sukkot Day 2 Service [Malkov]
11:15 a.m.: Youth Services (Rose Crown Room)
6:00 p.m.: Mincha/Ma’ariv

Saturday, October 7: Shabbat Chol Hamoed Sukkot
9:00 a.m.: Parsha Class (Bennet Library)
9:30 a.m.: Sanctuary Service [Main Sanctuary]
9:30 a.m.: Rose Crown Minyan [Malkov Chapel]
10:00 a.m.: Shalom Shabbat [families with babies-4 years]
10:45 a.m.: Junior Congregation [traditional student-led Shacharit service for 3-7th graders]
11:00 a.m.: Shachar [families with K-2nd graders]
11:00 a.m.: Ruach [families with 3-7th graders]
1:00 - 4:00 p.m.: Sukkot is Awesome

Wednesday, October 11: Hoshana Raba
6:00 p.m.: Erev Shemini Atzeret Service [Sanctuary]

Thursday, October 12 - Shemini Atzeret
9:30 a.m.: Sanctuary Festival Service / Yizkor
9:30 a.m.: Rose Crown Minyan Festival Service / Yizkor
11:15 a.m.: Youth Service
5:30 p.m.: Family Dinner
6:00 p.m.: READ-iculous Service

Join us for our Fifth Annual Anshe Emet Simchat Torah Celebration, Kidz Style, on Thursday, October 12. We’ll have dinner from 5:30 – 6:00 p.m., followed by so much singing and dancing with the Torah that your feet and throat will hurt (in a good, fun kind of way)! Then we will have the exciting opportunity to hear students, 2nd grade and older, read from the Torah itself! If you have a 2nd grade – pre-b’nai mitzvah child who would like to read Torah, please email Naomi Weiss, nweiss@ansheemet.org by October 2. Younger children are invited to open and close the Ark as we begin and conclude the Torah service. Please register here for dinner to ensure that we have enough food! http://tinyurl.com/READiculousSimchatTorah5778. Early Bird registration ends October 2. Looking forward to singing and celebrating with you!
7:00 p.m.: Erev Simchat Torah Service, Dancing, and Torah Reading [Sanctuary]

Friday, October 13: Simchat Torah
9:30 a.m.: Sanctuary Service [Sanctuary]
9:30 a.m.: Rose Crown Minyan Service [Malkov Chapel]
10:00 a.m.: Youth Service
6:00 p.m.: Mincha / Ma’ariv

Sukkah Events/Availability
We hope that you will join us in the Anshe Emet Sukkah! Our sukkah is available to anyone who would like to eat a meal here. You are invited to bring your own food and paper goods at any of the times listed below. Out of respect for community standards of kashrut, all food brought into the Sukkah must be Dairy or Pareve. In the event there is a Synagogue program scheduled in the Sukkah, our smaller Sukkah will be available to the community. Thank you.

- **Wednesday, October 4**
  Sukkah is available from 5:00 to 9:30 p.m.
- **Thursday, October 5**
  Sukkah is available from 5:00 to 9:30 p.m.
- **Friday, October 6**
  New Member Cider Proneg from 5:00 to 6:00 p.m.
  Sukkah available from 6:00 to 9:30 p.m.
- **Saturday, October 7**
  Join us in the Sukkah for Kiddush lunch through the end of Shabbat/Sukkot is Awesome at 4:00 p.m.
- **Sunday, October 8**
  YAD S’mores in the Sukkah Program
  Small Sukkah open to community from 5:00 to 9:30 p.m.

- **Monday, October 9**
  Men’s Club Steak & Shots in the Sukkah.
  Small Sukkah open to the Community from 5:00 to 9:30 p.m.
- **Tuesday, October 10**
  Sisterhood Program: Sisters in the Sukkah with Schwarma.
  Small Sukkah open to the community from 5:00 to 9:30 p.m.
- **Wednesday, October 11**
  No Sukkah Availability

For the latest updates, please watch Shabbat Today and visit www.AnsheEmet.org.
ANSHE EMET YOUNG FAMILIES
OCTOBER HAPPENINGS

Anshe Emet has lots happening for families with children 8 years old and younger!

SHALOM SHABBAT/SHACHAR
Shalom Shabbat, the well-loved service for children 4 and under and their parents, meets every Shabbat of the month at 10:00 a.m. Shachar, for families with children in grades K-2, meets every Shabbat of the month at 11:00 a.m. If your child is interested in reading a Torah excerpt in Hebrew or English at the Shachar service, please contact Max Handelman at mhandelman@ansheemet.org.

FRIDAY NIGHT KABBALAT SHABBAT DAVENING AND DINNER
The Anshe Emet Family First Friday Kabbalat Shabbat Davening and Dinner is moving to a sukkah near you this month. October 6 we will be having dinner in the sukkot of Anshe Emet families! If you would like to be hosted in a sukkah, please email Max Handelman at mhandelman@ansheemet.org. Save the date for our next First Friday Davening and Dinner at Anshe Emet, November 3.

READ-ICULOUS!
Join us for our Annual Anshe Emet Simchat Torah Celebration, Kidz Style, on Thursday, October 12. We’ll have dinner from 5:30 – 6:00 p.m., followed by so much singing and dancing with the Torah that your feet and throat will hurt (in a good, fun kind of way!). Then we will have the exciting opportunity to hear our children, 2nd grade and older, read from the Torah itself! If you have a 2nd grade – pre-b’nai mitzvah child who would like to read Torah, please email Naomi Weiss nweiss@ansheemet.org by October 2. Younger children are invited to open and close the Ark as we begin and conclude the Torah service. Please register here for dinner to ensure that we have enough food! http://tinyurl.com/READiculousSimchatTorah5778. Early Bird registration ends October 2. Looking forward to singing and celebrating with you!

HOLIDAY YOUTH SERVICES FOR THE WHOLE FAMILY:
Sukkot Day 1: Thursday, October 5, 11:15 a.m.
Sukkot Day 2: Friday, October 6, 11:15 a.m.
Shemini Atzeret: Thursday, October 12, 11:15 a.m.
Simchat Torah: Friday, October 13, 10:00 a.m.

CONNECTING THE EXPECTING
Know someone expecting their first baby? Tell them about Connecting the Expecting! Expectant parents at similar stages of life will gather to socialize, share resources and discuss issues pertaining to being pregnant and preparing for parenthood. This group is open to expectant single moms and couples (LGBT couples welcome) who are expecting the birth or adoption of their first baby, in which at least one member of the couple is Jewish. Each group will have a Shabbat dinner to get to know one another and meet 4 times for dinner and programs. The next group is best for parents due December - February. Register at http://www.juf.org/jbabychicago/exp_class.aspx?cid=230. Contact Amy Karp with questions akarp@ansheemet.org.

DOWNWARD BABY YOGA
Designed for parents and their child(ren), ages 3-9 months, Downward Baby Yoga will meet for six sessions on Wednesdays, October 11, 18, 25 and November 1, 8, 15, from 9:00-10:00 a.m.
• Socialize with other parents
• Yoga Experience for parent & child with instructor, Cassi Stuckman
• Jewish Interactive Learning with Director of Family Life & Learning, Max Handelman
For more information, contact Maxine Handelman, Cost is $60 for all sessions. Register at http://tinyurl.com/DownwardBabyYogaFall2017.

LITTLE BUILDERS
Anshe Emet is building a space where Jewish experiences will infuse your family’s life, a space where you’ll find new friends and create joyful memories. Little Builders invites families with children 2 – 3 years old to gather Sundays, October 29-December 10 (no gathering November 26), 9:15-10:45 a.m., for a creative Jewish learning experience featuring hands-on fun. Our Fall Session includes two home-hosted gatherings, and will equip you with all the know-how and joy you’ll need for Hanukkah.

Fee for the 6 session class is $75 members, $90 non-members. Register at https://tinyurl.com/LittleBuildersFall2017. Questions? Contact Maxine Handelman.

DON’T MISS ANYTHING!
Join our list serv by e-mailing AEYF-subscribe@yahoogroups.com to get the latest word on what’s happening for your family. Join our Facebook group, so you can stay in the loop on all the events happening [and who knows what else] https://www.facebook.com/groups/AESYF/

Follow Rabbi Siegel on Facebook!
Want to know what the clergy is up to? Now you can follow Rabbi Siegel on Facebook.
Rabbi Siegel is at http://www.facebook.com/Rabbi.Michael.Siegel
And look for the Synagogue page at www.facebook.com/ansheemet

Anshe Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin Center for Jewish Life
WHAT'S HAPPENING IN ANSHE EMET YOUTH?

MEMBERSHIP
It's that time of the year to join or renew your AE Youth Membership. Please register online. Membership includes discounted programs throughout the year. Kadima and USY membership offers access to CHUSY regional programs and conventions as well as AE Youth events for the school year. Go to tinyurl.com/aeyouth2017!

SHACHAR (GRADES K-2) AND MACHAR (GRADES 3-5)
Noah's Ark Animal Program! Sunday, October 22, 12:00-1:30 p.m. Lunch and animal entertainment! RSVP at tinyurl.com/noahsarkshow17. $10 for Members, $15 for non-members all Jewish K-5th graders invited!

KADIMA (GRADES 6-8)
Laser Tag Kadima! Sunday, October 22, 12:00-3:30 p.m. $25 for Kadima Members; $40 for Non-members. Includes lunch, transportation and Laser Tag! RSVP at http://tinyurl.com/AESKadimalasertag2017

JOSEPH AND BELLE BRAUN ANSHE EMET RELIGIOUS SCHOOL

We are off to an amazing start. The spirit and energy of this incredible community is alive and well!

Our first week started with an all school assembly and if it felt like the sanctuary was crowded, in fact it was. We are thrilled to have over 215 students PLUS more than 50 High school students serving as Madrikhim. This provides all of us with a wonderful opportunity to learn and share together as the year continues.

As mentioned in my last article we are blessed with a faculty of educators that is ready and eager to learn and grow along with your students. Learning began as soon as the assembly ended and, together, we will reach new heights with the Religious School students this year. As we continue to develop new and innovative learning experiences we are working to provide top quality curriculum nested in the presence of best practices and experiential opportunities. Stay tuned to hear all that is happening and join as we work hard to bring the Joseph and Belle Braun Religious School to its next chapter!

October is looking to be a busy month for the religious school. We look forward to sharing it with you.

Here are some key dates:
- October 1: No School - Yom Kippur
- October 5: No School – Sukkot
- October 8: 1st Grade Lunch and Learn
- October 12: No School – Shemini Atzeret
- October 22: 2nd Grade Parent Lunch and Learn
- October 29: 8th Grade trip to the Ark
- October 29: JK Family program

Wishing you and your family a happy healthy New year, I look forward to meeting you in the weeks and months to come! B’shalom,

Laurie Orenstein

SHMUSY (GRADES 9-12)
Sukkah Decorating Lounge night and Pizza, Tuesday October 3, 7:00-8:30 p.m.

SHMUSY Sukkah Hop! Tuesday, October 10. Meeting Location at the Lubans at 6:30 p.m!

SA/TO Lounge Night! Join us for some social action fun! Tuesday, October 24, 7:00-8:30 p.m.

SHMUSY Night Out! Saturday, October 28. Meet at Anshe Emet at 6:30 p.m. for Havdallah

SHMUSY Basketball: Interested in playing on our SHMUSY Basketball team? We play against other USY CHUSY Region chapter. Games start in December and go through March but registration is now open! Open to all Jewish 8th-12th Graders, so bring your friends. Email Samantha Isenstein to learn more and to sign up!

For more information on what is going on at our lounge nights, check out our Facebook group! Or add yourself to our Remind Group text by entering the 81010 and put in the message @shmusy to be texted reminders about upcoming events!

RAYMOND ARBETMAN CENTER FOR JEWISH EDUCATION

Watch for more details and registration information in the special pullout insert in this Newsletter, or visit our website at https://www.ansheemet.org/adulted.

HaZaK PROGRAM FOR RETIRED ADULTS

HOKHMAH (WISDOM) • ZIKNAH (MATURITY) • KADIMAH (LOOKING AHEAD) •

HaZaK is an Anshe Emet daytime program for mature adults with active minds. We offer discussions on a variety of Jewish-related topics with Rabbi Siegel, Hazzan Mizrahi, Rabbi Russo, Rabbi Chankin-Gould, Elie Berkman, and others.

HaZaK meets at Anshe Emet Synagogue every Monday, from 1:00 – 2:00 p.m. Here’s a look at the upcoming schedule:
- October 2: Cantor Liz Berke
- October 9: Elie Berkman
- October 16: Rabbi D’or Chankin-Gould
- October 23: Rabbi David Russo
- October 30: Cantor Liz Berke

Wishing you and your family a happy healthy New year, I look forward to meeting you in the weeks and months to come! B’shalom,

Laurie Orenstein
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The Raymond Arbetman Center for Adult Jewish Education

Fall 2017

NEW THIS SEMESTER

A Multi-Faceted Look at Rabbi Akiva
Instructor: Jane Shapiro
Mondays, 7:00-8:15 p.m.
November 27 – December 18th
Fee: $75 member/$85 General Public
We will read the new biography, Rabbi Akiva: Sage of the Talmud by Dr. Barry Holtz of JTS. Through the original sources, art, reflection and discussion we will explore more about the life of one of the most famous Jewish teachers of all time. 35% discount on the book available to those who register. In partnership with Orot: Center for New Jewish Learning

Languages of the Siddur
Instructor: Miron Hirsch
Thursdays, beginning October 19 for ten sessions
Time: 6:30-7:30 p.m.
Fee: $75 members/$85 General Public
That Hebrew section in the Siddur that always sounds strange to you? That’s not Hebrew. That’s Aramaic.
Or maybe it is Hebrew, but not the Hebrew you know. The Siddur, that remarkable book of Jewish prayer, uses more than just one language, even if they all look the same at first glance.

Our class will explore these languages and improve your comfort and facility with the Siddur, including the use of tools to help you detect and decode the non-English elements on its pages.

We will look at different siddurim in use today in various streams of Judaism, and also work on Hebrew reading skills in a test-free, stress-free atmosphere. This is a class that seeks to make the Siddur more comfortable in your hands and more accessible for your heart. Ability to read some Hebrew a class requirement.

The Star and the Crescent: The Long Relationship of Judaism & Islam
Instructor: Rabbi Michael S. Siegel
Mondays, 7:00-8:30pm
October 30 - January 22
Jews and Muslims have co-existed, at times peacefully, at times contentiously, for more than a millennium. What do they share in common? What are the sources of tension and conflict between Judaism and Islam?
To register, please contact Rolly Cohen at 847-291-7788 ext. 1304 / roly@bjechicago.org

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(Not reading Hebrew yet? We have a class for you!)
### Bible & Community Learning

#### Hazak
**Instructor:** Rotating rabbis and community members  
**Mondays, Ongoing:** 1:00-2:00pm  
**Fee:** No Cost

Hazak is a daytime program for mature adults with active minds. Clergy and a rotating staff offer discussions on a variety of Jewish-related topics and weekly Torah readings.

#### Lerner’s of Torah: Friday Parsha Study
**Instructor:** Rabbi Michael S. Siegel  
**Fridays, Ongoing:** 8:45-9:45am  
**Fee:** No Cost

Named in memory of Shelby Lerner, z”l, this rollicking, relevant approach to the weekly Torah portion draws from traditional and modern sources in pursuit of the meaning of the text for our time.

Unable to make it to AES to study? Stuck in the house because of the weather? Don’t let that stop your learning! Take advantage of our conference call-in feature for Lerner’s of Torah. Contact Antoinette Nunez at anunez@ansheemet.org to register for this class and receive the call-in number.

#### Parshat HaShavuah
**Instructor:** Rabbis D’ror Chankin-Gould and David Russo  
**Saturdays, Ongoing:** 9:00-9:45am  
**Fee:** No Cost

Start your Shabbat off right — with an exciting, in-depth look at the week’s Torah portion! You can come every week or drop in once in a while — either way, your voice will add to the conversation.

#### Text on Tuesday
**Instructor:** Dr. Gary Porton  
**Tuesdays, Ongoing:** 7:45-8:30am  
**Fee:** No Cost

Text on Tuesday is a discussion group centered on a common text. Sources range from Pirkei Avot to Midrash and beyond, leading to lively discussion and greater understanding of our texts and traditions.

### Conversion Program

#### Jews by Choice
**Instructor:** Cantor Liz Berke, our rabbis, and community members  
**Saturdays, Ongoing:** 9:00-10:30 a.m.  
**Hebrew 1.0:** Mondays, Ongoing; 6:00-6:45pm  
**Miller Jewish Heritage:** Mondays, Ongoing; 7:00-8:30pm  
**Fee:** For More Information Email Cantor Liz at eberke@ansheemet.org

#### Hebrew 1.0
**Instructor:** Miron Hirsch  
**Mondays for ten sessions, beginning October 16:** 6:00-6:45 p.m.  
**Fee:** $75/Member | $85/General Public

Learn the Aleph Bet and vowels to start on the road to reading Hebrew, all in a fun light-hearted atmosphere.

#### Gesher
**Instructor:** Naomi Weiss-Weil  
**Tuesdays, beginning October 7th:** 8:00-9:00pm  
**Fee:** $180/Member (includes Torah Trope classes)

Enjoy the rewarding experience of becoming a Bar or Bat Mitzvah as an adult. Learn Torah and Haftarah Trope, synagogue skills, and how to write a D’var Torah. Culmination and celebration in June 2017.

#### Torah Trope
**Instructor:** Naomi Weiss-Weil  
**Tuesdays beginning October 7; 7:00-8:00pm**  
**Fee:** $75/Member; $85/General Public; Included with Gesher tuition

Come learn to chant the beautiful melodies for Torah. The ability to read Hebrew is required and the ability to stay on key is a real plus! There will be plenty of opportunities to use your new-found skills.

### Experiences & Skills

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Introduction to Jewish Philosophy
Instructor: Norbert Samuelson
Fee: FREE

The class will meet once a month for ten sessions on Saturdays following services and lunch. Each class will discuss a different Jewish philosopher. There are recommended readings for people who have no background, but nothing is presupposed in the class itself. The instructor will discuss the personal biography and the historic settling of the philosopher at the beginning of each session.

Session dates include:
10/7, 11/25, 12/16, 1/20, 2/24, 3/10, 4/7, 5/12, 6/2

Chai Mitzvah
Instructor: Cantor Liz Berke
One Shabbat a month for nine months, beginning October 24; 9:00-10:00 a.m.
Fee: $36/Member | $50/General Public

Have you ever been in a book group? They bring people together for good conversation, broadening horizons, and getting involved. Chai Mitzvah can be a book group PLUS! Chai Mitzvah participants move beyond Jewish learning to Jewish living.

In addition to meeting monthly to learn together, participants choose an independent area of study, ritual practice, and a social action project that is meaningful and relevant to their Jewish lives. This is an excellent class to do in tandem with the Gesher program or to do on its own.

Fall 2017 registration is available online at:
http://tinyurl.com/AdultEdFall2017

Questions? Please contact Cantor Elizabeth (Liz) Berke, Director of Continuing Education, at 773-868-5117 or eberke@ansheemet.org.

Online Learning Resources

Did you know Anshe Emet has a YouTube channel? Anshe Emet 3751 is full of sermons, discussions with our clergy, how-to’s, and more! You can access it at: https://www.youtube.com/user/AnsheEmet3751

The Jewish Theological Seminary
Access to Torah commentary, holiday resources and recordings of presentations and interviews
http://www.jtsa.edu/jts-torah-online

Podcasts
Are you looking for something interesting to listen to?
- Rabbi Michael Siegel’s Engaging Torah class: www.AnsheEmet.org/EngagingTorah
- Rabbi Brad Artson has a podcast as well: http://www.zieglertorah.org/category/artson/
- Tablet Magazine has a variety of offerings: www.tabletmag.com/podcasts

The 92nd Street Y (92Y)
92Y in New York has many interviews online, visit: http://92yondemand.org/category/jewish-interest

Let me know some of your favorite online Jewish learning sources:
eberke@ansheemet.org
Rabbi David Russo

Rabbi Russo was born and raised in Hamilton, Ontario. He graduated from Toronto’s York University with a Bachelor of Arts in Religious Studies. In 2013, David completed his rabbinical studies and a Master’s degree in Talmud and Rabbinics at the Jewish Theological Seminary of America. David spent a year in Israel on the Nativ program, and again as a rabbinical student through JTS.

Rabbi Michael Siegel

Our Senior Rabbi at Anshe Emet, Rabbi Siegel was ordained by the Jewish Theological Seminary of America, where he received his Masters Degree in Hebrew Letters. Rabbi Siegel came to Anshe Emet in 1982 as Assistant Rabbi and was named Senior Rabbi in 1990. Rabbi Siegel has acquired a large following of devoted students in his 30+ years at Anshe Emet. In 2009, he was awarded the honorary degree of Doctor of Divinity by the Jewish Theological Seminary, recognizing twenty-five years of service to the Jewish Community.

Cantor Elizabeth Berke

Cantor Liz is Anshe Emet’s Director of Continuing Educations. She is originally from Rochester, NY, and graduated from Cornell University with Distinction in All Subjects, majoring in History. She attended the JTS, where she was invested as a Hazzan and also completed a Masters in Jewish Education. Liz’s thesis was an examination of curricula for conversion programs. For approximately 20 years Liz has been involved in Jewish education both administratively and in the classroom, with pre-schoolers through senior adults.

Rabbi D’tor ChanKin-Gould

Rabbi Chankin-Gould received his BA in Sociology from Pitzer College in Claremont, California. During his tenure at Ziegler, he was selected as a Wexner Graduate Fellowship. While at Ziegler, Rabbi Chankin-Gould served as a classroom teacher, retreat director, and curriculum author for Los Angeles Hebrew High. He also served as an education fellow at the Brandeis Collegiate Institute and as the Student Rabbi at Temple Beth Am. Rabbi Chankin-Gould was ordained by the Ziegler School of Rabbinic Studies in 2013.

Gary Porton

Gary Porton was director of the Program for the Study of Religion and Professor of Religious Studies, History, and Comparative Literature at the University of Illinois, Urbana-Champaign. Since moving to Chicago with his wife Fraeda they have become an integral part of the Anshe Emet community and enjoy the company of their children and grandchildren, both local and in the rest of the country.

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Adam Engle

Adam Engle earned an MA in Jewish Education from the Jewish Theological Seminary of America in New York and has an MBA in Banking and Finance from Hofstra University. Before moving to Oak Park, Adam was the Director of Programming and Membership for Temple Beth Zion-Beth Israel in Philadelphia, PA. His experience in teaching has ranged from 3rd grade through adults, including subjects such as Jewish Law, Parashat HaShavuah, Jewish Literature, and General Jewish Studies.

Miron Hirsch

Born and raised in Chicago, Miron may just be as funny in the classroom as you have heard. Miron has a BA in Religious Studies from the University of Illinois, as well as a Masters in Jewish Education from Spertus College. Miron’s connections with Conservative Judaism include nearly 20 years on staff with Camp Ramah and two years of study at the Conservative Yeshiva in Jerusalem. Miron has worked for the Community Foundation for Jewish Education of Metropolitan Chicago, taught for Melton and Hartman programs, and occasionally is a guest teacher at Loyola University.

Naomi Weiss-Weil

Naomi Weiss-Weil is a student in the Cantors Assembly CICA program, working towards investment as a Cantor. She has worked for 13 years as a freelance song leader and cantorial soloist and tutored hundreds of b’nai mitzvah students. From 2012 – 2016 she was the Ritual Director at Congregation Beth Shalom in Northbrook, IL. Prior to her life in the world of Jewish music Naomi was the lead singer in a band and worked as the Slide Librarian at the Los Angeles County Museum of Art.

Gary Porton

Gary Porton was director of the Program for the Study of Religion and Professor of Religious Studies, History, and Comparative Literature at the University of Illinois, Urbana-Champaign. Since moving to Chicago with his wife Fraeda they have become an integral part of the Anshe Emet community and enjoy the company of their children and grandchildren, both local and in the rest of the country.

Rabbi David Russo

Rabbi Russo was born and raised in Hamilton, Ontario. He graduated from Toronto’s York University with a Bachelor of Arts in Religious Studies. In 2013, David completed his rabbinical studies and a Master’s degree in Talmud and Rabbinics at the Jewish Theological Seminary of America. David spent a year in Israel on the Nativ program, and again as a rabbinical student through JTS.

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<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 TISHREI</td>
<td>16 TISHREI</td>
<td>17 TISHREI</td>
</tr>
<tr>
<td><strong>Sukkot Day 1</strong></td>
<td><strong>Sukkot Day 2</strong></td>
<td><strong>Sukkot Day 3</strong></td>
</tr>
<tr>
<td>Synagogue Office Closed</td>
<td>Synagogue Office Closed</td>
<td>Shabbat Chal ha-Moed</td>
</tr>
<tr>
<td>9:30 a.m. Sukkot Day 1 Service</td>
<td>9:30 a.m. Sukkot Day 2 Service</td>
<td>8:30 a.m. Tefilla Yoga</td>
</tr>
<tr>
<td>1:15 a.m. Youth Services</td>
<td>11:15 a.m. Youth Services</td>
<td>9:00 a.m. JBC</td>
</tr>
<tr>
<td>6:00 p.m. Sukkot Evening Service</td>
<td>5:00 p.m. New Member Cider Proneg</td>
<td>9:00 a.m. Parashat Hashavuah</td>
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<tr>
<td><strong>No Religious School</strong></td>
<td><strong>6:00 p.m. Mincha/Ma’ariv</strong></td>
<td>9:30 a.m. Shabbat Morning Service</td>
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<tr>
<td></td>
<td></td>
<td>Mia Weinberger becomes a Bat Mitzvah</td>
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<tr>
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<td>Torah: Exodus 33:12 - 34:26 &amp; Numbers 29:x - 29:x</td>
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<td>Haftarah: Ezekiel 38:18 - 39:16</td>
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<td>5</td>
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<td><strong>6:04 p.m.</strong></td>
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<tr>
<td>22 TISHREI</td>
<td>23 TISHREI</td>
<td>24 TISHREI</td>
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<tr>
<td><strong>Shemini Atzeret</strong></td>
<td><strong>Simchat Torah</strong></td>
<td><strong>Rosh Chodesh Cheshvan</strong></td>
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<tr>
<td>Synagogue Office Closed</td>
<td>Synagogue Office Closed</td>
<td>8:30 a.m. Tefilla Yoga</td>
</tr>
<tr>
<td>9:30 a.m. Festival Service/Yizkor</td>
<td>9:30 a.m. Sanctuary Service</td>
<td>9:00 a.m. JBC</td>
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<tr>
<td>9:30 a.m. Rose Crown Minyan Service/Yizkor</td>
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<td>9:00 a.m. Parashat Hashavuah</td>
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<tr>
<td>11:15 a.m. Youth Service</td>
<td>10:00 a.m. Youth Service</td>
<td>9:30 a.m. Shabbat Morning Service</td>
</tr>
<tr>
<td>5:30 p.m. Family Dinner</td>
<td>6:00 p.m. Youth Service</td>
<td>Abby Keren becomes a Bat Mitzvah</td>
</tr>
<tr>
<td>6:00 p.m. READ-iculous Service</td>
<td>6:30 p.m. Shabbat Evening Service</td>
<td>Gabriel Shapps becomes a Bar Mitzvah</td>
</tr>
<tr>
<td>7:00 p.m. Erev Simchat Torah Service, Dancing, and Torah Reading</td>
<td>6:30 p.m. Lakeview Minyan Service and Potluck</td>
<td>Torah: Genesis 1:1 - 6:8 [Bereshit]</td>
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<tr>
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<td>Haftarah: Isaiah 42:5 - 43:10</td>
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<tr>
<td>19</td>
<td>20</td>
<td>21</td>
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<tr>
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<tr>
<td>7:00 a.m. Morning Minyan</td>
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<td>8:30 a.m. Tefilla Yoga</td>
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<tr>
<td>9:00 a.m. Maj &amp; Muffins</td>
<td>8:45 a.m. Lerner’s of Torah w/Rabbi Siegel</td>
<td>9:00 a.m. JBC</td>
</tr>
<tr>
<td>4:00 p.m. Religious School</td>
<td>9:00 a.m. Parashat Hashavuah</td>
<td>9:00 a.m. Parashat Hashavuah</td>
</tr>
<tr>
<td>7:00 p.m. Maggie Anton Program</td>
<td>9:30 a.m. Shabbat Morning Service</td>
<td>9:30 a.m. Shabbat Morning Service</td>
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<tr>
<td>7:00 p.m. Shireinu</td>
<td><strong>Sobel Auf Ruf</strong></td>
<td>Abby Keren becomes a Bat Mitzvah</td>
</tr>
<tr>
<td>7:30 p.m. Al Anon</td>
<td>Torah: Genesis 6:9 - 11:32 [Noach]; Numbers 28:9-15</td>
<td>Gabriel Shapps becomes a Bar Mitzvah</td>
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<tr>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>7:00 a.m. Morning Minyan</td>
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<td>8:30 a.m. Shabbat Morning Service Jacob Blackman becomes a Bar Mitzvah</td>
<td>9:30 a.m. Shabbat Morning Service</td>
</tr>
<tr>
<td>7:30 p.m. Al Anon</td>
<td>6:30 p.m. Shabbat Evening Service Jacob Blackman becomes a Bar Mitzvah</td>
<td>Abby Keren becomes a Bat Mitzvah</td>
</tr>
<tr>
<td>5:32 p.m.</td>
<td>6:45 p.m. Mishkan</td>
<td>Gabriel Shapps becomes a Bar Mitzvah</td>
</tr>
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</table>

**Babysitting for children 18 months and older is available in room 104 every Shabbat morning from 9:30 a.m. - 12:30 p.m. as a free service of Anshe Emet Synagogue.**
Interested in joining YAD? Contact Amy Karp at akarp@ansheemet.org.

Questions about YAD events? Contact Sam Isenstein at sisenstein@ansheemet.org.

S'mores in the Sukkah! Sunday, October 8, 7:00 p.m. at Anshe Emet's Sukkah. $5 for members in advance, $10 for non-members in advance, $15 at the door. Register at http://tinyurl.com/YADSmores2017

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If you are not currently receiving Anshe Emet’s weekly e-mail and would like to receive it, please call our offices at 773-281-1423 and provide your e-mail address.
AWARD-WINNING MEN'S CLUB MENSCHEN/MENTION

Our award-winning Anshe Emet Men's Club always has a full line up of excellent events planned for you. I hope you were able to participate in our annual Kayaking on the Chicago River event with the rest of our Men's Club stalwarts and friends on September 17. Thanks to Gregg Pollack for organizing this again. It always is a great opportunity to enjoy the natural beauty of our great city.

Our next event is our famous annual Steak and Shots in the Sukkah scheduled for October 9 at 6:30 p.m. in our Anshe Emet sukkah. Enjoy the Sukkot holiday with your Men's Club friends, an excellent full course steak dinner or veggie burger option, and a first class Scotch tasting. Our outstanding “scotchologist”, Monique Huston, will be leading our single malt Scotch tasting again this year. We will be honoring Cantors Liz and Steven Berke for their valued service to our congregation. They have designated the Jewish Federation of Greater Houston as the recipient of the Men's Club event donation this year in response to this time of special need. You may complete your registration and payment of $36 for Men’s Club members or $40 for non-members online today as this typically is a sell-out program: http://tinyurl.com/mensclubsteakandshots2017.

Looking forward to November 28, Men’s Club will host a special presentation at 6:30 p.m. by fellow Anshe Emet congregant and best-selling author, Jonathan Eig. Jonathan will discuss his new book, “Ali: A Life,” the first complete, unauthorized biography of Muhammad Ali. The book represents more than 4 years of research and over 500 interviews, including Ali’s family, FBI tapes, and meetings with many celebrities. Signed copies of this illuminating work will be available for purchase. Registration details will be available very soon.

As always, if you have any questions, concerns, program suggestions, or you would like to be more directly involved in your Men’s Club, please contact us at mensclub@ansheemet.org, check our Facebook page, Anshe Emet Men’s Club, or talk to me in shul. Remember, we are incomplete without you.

Barry Balik

The Mitzvah of Bikur Cholim

Would you or a loved one benefit from a visit by a community member? The Bikur Cholim team at Anshe Emet performs the mitzvah of visiting the sick for the connection and continued healing of those who have become ill or impaired.

For more information about receiving a Bikur Cholim visit please contact Rabbi D’ror Chankin-Gould at dcgould@ansheemet.org.
For more information to become a member please contact Julie Ann Sklaver at ja7sklaver@gmail.com.

Ansh Emet Programming is generously supported by The Arthur and Perle Malkin Center for Jewish Life

The Arthur & Perle Malkin
CENTER FOR JEWISH LIFE

This October marks the 30th anniversary of Domestic Violence Awareness Month, which began the same year as the first national domestic violence hotline. During this month, we aim to increase awareness, to celebrate survivors and to mourn victims of domestic violence, and to learn from those working to end domestic violence. How timely that this also coincides with the holiday of Sukkot, when we build temporary dwelling places to remind of us of the time when we had to travel far from the safety and comfort of home to bring in the harvest. As we celebrate this harvest festival, it is critical that we also contemplate those in all communities who are seeking safety, who have no sukkat shalom (shelter of peace) in their own lives. For example, according to the 2016 National Domestic Violence Census, there were 117 requests for shelter in Illinois that were unmet in just one day. In honor of Domestic Violence Awareness Month, join us for a special d’var torah in the main sanctuary on the first day of Sukkot.

Take action: Join the National Council of Jewish Women North Shore on Oct. 29 for the next “Pack & Delivery Day” in Highland Park. Volunteers age 4 and up sort items and pack suitcases and backpacks and then deliver donations to local domestic violence shelters. To volunteer, contact luggageforfreedom@ncjwns.org or 847-853-8889.

Throughout the month, we will be highlighting other ways you can participate in Domestic Violence Awareness Month, so please keep an eye on the Na’aseh Facebook page and subscribe to our newsletter by emailing naaseh.ansheemet@gmail.com to learn more.

May all our homes be a shelter of peace.

Rachel Lessem

Find Anshe Emet on Facebook!
Go to www.facebook.com/ansheemet or just search Anshe-Emet-Synagogue
WE ARE: ANSHE EMET | COMMUNITY

A MONTH OF WELCOME

October is a month of welcome. We embrace the beautiful changing colors of the leaves and welcome the harvest. We recognize that, during the crisp days that have come to us, chilly days are coming even sooner. We welcome Fall and reflect on the promises that we may have made during Rosh Hashanah and Yom Kippur. Many folks tell me that they promise themselves they will make more time to soul search, to read and to learn.

We have two special opportunities in October to help you keep that promise. Join us on October 19, at 7:30 p.m. as we welcome celebrated guest author Maggie Anton as she speaks on “Fifty Shades of Talmud: What the First Rabbis Had to Say About You Know What.” Anton is the author of numerous books including the award winning trilogy, Rashi’s Daughters. On October 24, at 7:00 p.m. Anshe Emet and AIPAC welcomes Yossi Klein HaLevi. HaLevi is a Senior Fellow at the Shalom Hartman Institute in Jerusalem and the author of several books including the award winning: Like Dreamers: The Story of the Israeli Paratroopers Who Reunited Jerusalem and Divided a Nation.

Join us as we welcome these two very special guests!

OUR SINCEREST CONDOLENCES TO ...


May their memory be for a blessing

SIMAN TOV U’MAZAL TOV:

HEARTFELT CONGRATULATIONS TO ...

Jamie and Benjamin Wendt [and older sister Miriam] on the birth of their son, Gabriel Baruch.

Shoshana and David Fain on the birth of their son. Proud grandparents are Denise and Stuart Sprague.

Naomi Richman and Miron Hirsch [and older siblings, Benjamin and Ida Rose] on the birth of their daughter.

Community Resources

Technoference

As a parent, have you ever found yourself looking up from your own smart phone or tablet to tell your child to get off of a screen? In our quest to help our kids be good users of time, how do we think about parents’ screen use?

One explanation for how parents spend so much time each day with personal media is media multitasking. Many of the parents in the study reported listening to music, sending text messages, using social media and/or watching TV while working - the same things that parents criticize kids for doing while doing homework.

There is also a growing body of research into the impact technology has on interpersonal relationships. “Technoference,” is a term which includes times when and ways that technological devices intrude, interrupt, and/or get in the way of couple or family communication and interactions in everyday life. Why do we feel that we can engage in a conversation and simultaneously text or call someone else, or feel compelled to answer a phone call when we are eating, or respond to a text message while driving? If adults struggle to resist these temptations, how much stronger are they for kids?

Neuroeconomist Paul Zak suggests that the brain experiences social media as if it was the same as a real-world interaction by releasing what he calls ‘the cuddle chemical’, otherwise known as Oxytocin (importantly not to be confused with the painkiller Oxycotin). Playing video games turns on similar brain regions as those linked to cravings for drugs and gambling. Ditto for social media - every time we see a new post or get a reaction to ours, it’s like a hit of brain candy.

Here are suggestions to help increase awareness and decrease thoughtless use:

1. Put away your phone when you’re walking or driving – it’s just not safe. If you can’t stop fiddling with your phone, put it out of reach.
2. Don’t stay signed into your go-to apps like Twitter or Facebook – if you have to sign in every time, you won’t check as often.
3. Turn off the notifications on most of your apps – if you hear something ringing, it should be worthy of your attention.
4. At work, try to schedule uninterrupted time to think and plan.
5. Power down at night. Avoid tuning into digital devices for at least a half hour before bedtime. Bonus points for banning devices from the bedroom entirely so you’re not tempted to check them late at night or first thing when you wake up.
6. Make a family plan for how to be more aware and thoughtful when using social media, and become each others’ coaches. You could make a penalty jar – every time you stray from a family rule, you put in a quarter or a dollar.

To speak more about this or other parenting resources, please contact Ann Luban, Anshe Emet’s JCFS Liaison at AnnLuban@jcfs.org or at 847-745-5420.
WE APPRECIATE YOUR THOUGHTFULNESS

Anshe Emet Synagogue is grateful for your philanthropic support. Please give a contribution of $18 or more per tribute and we will be happy to send a commemoration card to the recipient from the synagogue. Contributions listed are those received from August 7, 2017 - September 5, 2017.

Contributions may be made by calling 773-868-5152, www.ansheemet.org/donate or by mail. Please contact Mimi Weisberg, mveisberg@ansheemet.org, 773-868-5123, for more information.

GENERAL DONATIONS

SUSTAINING FUND
In honor of:
ELIZABETH BERKE: Malcolm Haar & Brian Grossman
NITZA GRANT: Alvin & Susan Schonfeld
In memory of:
HAROLD CRANDUS: Matthew & Deborah Brown, Benjamin & Eric Fleischer
HERBERT HORWICH: Jane Lipps, Jules Ritvo, Ruth Stern, Paul Klein Zide
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SYNAGOGUE FUND
Crown Family Philanthropies
Ida Levine
In honor of:
BABY BOY FAIV: Alvin & Susan Schonfeld

In memory of:
LILA GROSSMAN: Daniel & Karin Appelbaum
HERBERT HORWICH: Sandra Becker, Fern Baker, Joan Berke, Kathy Brody, Elizabeth Copeland, Sharon & Bill Erwin, Marilee Elliott & Ed Goldfarb, Winifred Godfrey, Susan Goldstein, Barbara & Gordon Haworth, Jerry & Sandy Helman, Ron & Sarah Hirschen, Roz Lax, David Loomis, Helene Scinockin, Marilyn Simon, Mindy & Jay Sterns, Dianne Tesler, Amy Topel, Joel Warady, Jeffrey Warsaw, Michael & Susan Weininger, Frank Witt, Peter & Elizabeth Xilas

VOLUNTARY DUES:
Justin & Jessica Bearak
Miriam Calenoff
Michael Cohen & Lisa Goldberg
Steven Daugherty & Lana Friedman
Stanley Dreyfuss & Anita Shore
Stuart & Diane Grauer

If you would like to have a name placed on the misheberach [prayer for healing] list, please contact Antoinette Nunez at 773-868-5120 or anunez@AnsheEmet.org. Names will be kept on the list for two weeks only, unless otherwise requested.

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MISHEBERACH LIST INFORMATION

Amazon Shopper? Help Support Anshe Emet

People who shop using Amazon.com can select to support Anshe Emet financially by shopping through AmazonSmile. Amazon donates 0.5% of the price of eligible AmazonSmile purchases to the charitable organizations selected by their customers, and Anshe Emet is one of them! Anshe Emet Synagogue (Chicago) as your designated charity.

AmazonSmile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when customers shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to the charitable organizations selected by customers.

For information and to shop, visit smile.amazon.com, search for and select Anshe Emet Synagogue (Chicago) as your designated charity.
2017-2018 SUSTAINING FUND

Contributions to the Sustaining Fund make it possible for Anshe Emet Synagogue to thrive as an inclusive community at the forefront of Judaism. The Sustaining Fund provides a significant proportion of the synagogue’s annual operating expenses allowing Anshe Emet to remain financially stable and secure while continuing to provide our membership with outstanding worship, educational, and social opportunities. Support for the Sustaining Fund also ensures no congregant is turned away to financial need.

We are grateful for your meaningful gift!

Listing of Donations through September 6, 2017

THE TREE OF LIFE CIRCLE

Aron Ha’kodesh – The Holy Ark ($18,000+)
Arnold & Kimberly Rubin

Etz Chayim – Tree of Life ($10,000+)

Stanley & Susan Bedows
Barry Malkin & Jodi Block
Judd & Katherine Malkin
David & Jamie Schwartz

Keter – Crown of the Torah ($7,500+)
Jay & Catherine Hausler

Magen – The Shield of the Torah ($3,600+)
Vickie Brodersen
David Cohen & Debra Goldstein
Irwin & Adrienne Friedman
Norm & Mary Geller
Scott & Dara Hessell
Ron & Gail Kahn
Benjamin & Carol Mackoff
Michael & Sandra Perlow
Ami & Miki Pissetzky
Michael Pucker & Gigi Pritzker Pucker
Mark & Giselle Ratain
Laura and Adam Rifkin
Sam & Hilary Sallerson
Steven Silk & Linda Weil

Rimonim – The Decorative Bells of the Torah ($1,800+)
Anonymous
Stephen & Samuel Schwartz-Fenwick
Matthew & Deborah Brown
William & Wendy Choslovsky
Chris Coetzee & Lindy Hirschsohn
Michael & Terri Freeman
Stephen & Terri Geffman
Larry & Nancy Glick
Sylvia G. Gordon
Lewis Greenbaum & Rosalyn Kagan
Mark Karno
Irving Lewis
Howard & Sandy Nagelberg
Gary & Fraeda Porton
Harriet Schab
Lynne & Ralph Schatz

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Stephen & Terri Geffman
Larry & Nancy Glick
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Continued on next page
Days, months, decades from now your name will matter and your dollars will make a difference. Join the Anshe Emet Dor L’Dor Society and leave your Jewish legacy and values for generations to come. When you make a bequest in your will, you are a member! We don’t need to know the amount; only that you have made a gift.

Please contact Mimi Weisberg, mweisberg@ansheemet.org, 773-868-5123, for more information.

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*Continued from previous page*

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**Downward Baby Yoga**

_BEGiN NiNG WEDNESDAY, OCTOBER 11
9:00 - 10:00AM • ANSHE EMET_

Designed for parents and their child(ren), ages 3-9 months, Downward Baby Yoga will meet for six sessions on Wednesdays, October 11, 18, 25 & November 1, 8, 15, from 9:00-10:00am.

- **Socialize** with other parents
- **Yoga Experience** for parent & child with instructor, Cassi Stuckman
- **Jewish Interactive Learning** with Director of Family Life & Learning, Max Handelman

Cost is $60 for all sessions.
Register at: http://tinyurl.com/DownwardBabyYogaFall2017
Anshe Emet Confidential Assistance Program designed to help members through tough financial times

If you are an Anshe Emet member experiencing financial hardship, we may be able to be of assistance to you during these difficult times. There are numerous community resources to which we can direct you, as well as some available funds here at Anshe Emet to help congregants in need.

If you are a congregant needing assistance with:

- Food
- Shelter (rent, utilities)
- Emergency medical expenses
- Jewish day school tuition
- Summer Camp fees
- Study in Israel or Jewish educational program expenses

Please contact the Assistance Program Coordinator directly at assistance@AnsheEmet.org or at 773-868-5133 for further information.

Please note that all inquiries and any information exchange will be completely confidential.

Look for a link to a downloadable application form at http://www.ansheemet.org/Confidential_Financial_Assistance.

Celebrate with a Gift to the Kiddush Luncheon Fund!

Whether you are celebrating a special occasion like a new baby, a wedding engagement, anniversary, birthday or commemorating the loss of a loved one for Yahrzeit—share your life cycle events with the congregation by making a gift to the Kiddush Luncheon Fund.

Contact Kim Carter for details at kcarter@ansheemet.org, or 773-868-5119. Any gift amount is welcome; sponsorships of $500 or more will be specially acknowledged in the weekly Shabbat bulletin.
Contact Erin Hardy to place an ad today! ehardy@4LPi.com or (800) 950-9952 x2598

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Simchat Torah Honorees

**ANNOUNCING THE SIMCHAT TORAH HONOREES FOR 5778**

**EREV SIMCHAT TORAH**
THURSDAY, OCTOBER 12

- **Chatan Torah:** Jason Star
- **Kallat Bereshit:** Ruth Rau
- **Bachurat Hatorah:** Devin Thomas

**SIMCHAT TORAH**
FRIDAY, OCTOBER 13

- **Chatan Torah:** Rabbi Zachary Silver
- **Kallat Bereshit:** Marla Gordon

Please join us at Simchat Torah services to celebrate with the honorees listed above.

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Inside: Raymond Arbetman Center for Adult Jewish Education Fall Schedule

Sukkot, Shemini Atzeret, Simchat Torah information ... pages 6-7